

Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond we'll throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org dot au

And good afternoon welcome to out of the pan on 3 CR 855 am 3 CR Digital 3, CR dot org dot a you and 3 CR on demand out of the pan with Sally first broadcasting noon through one every Sunday afternoon thanks for your company.

3 CR broadcasts from the lands of the Kulin Nations and we pay our respects to elders past present, and emerging big hello to any Aboriginal Torres Strait Islander First Nations people tuning in today, and we acknowledge that it always was and always will be Aboriginal land.

I'm Sally Goldner I use the pronouns she and her and welcome to out of the pan a show covering as I like to say pansexual issues knowing no boundaries of sex, gender or sex characteristics and definitely today knowing no boundaries of musical genre and what we opened up with some rock and you can keep track of all the genres today. I think we'll definitely live up to the motto because there will be a very diverse range.

If you want to get in touch with the show, you can do so by lots of means of communication you can contact out of the pan 855 at gmail.com you can SMS six, one, four, five, six, seven, five, 1215 you can look for posts on social media Twitter, Mastodon, bluesky, and Instagram at salgoldsaidso and that's the bottom line and you can also look for posts on Facebook my page Sally Goldner and out of the pan 3 CR 855 am Melbourne. Any opinions, expressed on the show are my own. You can also mail at PO Box 1277 Collingwood 3066.

Content notes today, general mention of transphobia it's part of discussion and later on discussion of mental health related issues. Because of course, yesterday was, world mental, health day will be lots of those sorts of Daisy. Daisy, things coming up, daisies nights. He's whoops, a daisies who knows, but it is my pleasure now to play an interview that I recorded a few days ago. With two people, the minister for equality in the current. Victorian state government, the honourable Steve Dimopolous and the candidate for the ALP for the seat of our attachment in my best Harry Beitzel voice 3121. And that is Sarah Mackenzie, and I sat down to have a chat with them and let's have it let's hear what they had to say in relation to relevant issues right now.

Great to have in the 3 CR Studios to Fabulous guests. I'm joined by the minister for equality. Steve Demopolis, welcome Minister and also, the Alp candidate for the state seat of Richmond. Sarah Mackenzie. Welcome Sarah. Thanks for having me, Sally. And we talking to this, I'm normally I say welcome to the 3 CR Studios, but you're not, you are both not strangers. You are sitting here, very very comfortably. Sally, tell us about that. Right. Dad was involved with the station and he got me involved, reading the news in Greek and a Tuesday night, there was a great program on Tuesday night and I have to read the news. I remember the kind of the music leading to the news and I get real answers. Did it for? I reckon about a year. So I think I've been back since I can't remember coming back. So it looks, it looks County silly. Yeah, hasn't changed, it's amazing. Well yeah, I Around and say, a familiar stickers, and all those sorts of things that give us that familiarity and Sarah, will ya? When so, I started out my working career, as a stage manager, which if you do that in Melbourne and you watch enough Live Theatre, you get radicalized pretty fast. So you can I Union? And I joined the Alp and I started working for the media and team and Arts Alliance

and there, I met some people who were doing the stick together program, which I think has been running for as long as I think everybody's done stick together at some point.

I did that for a year and a bit from around 2016 and it was incredible but that the real standout at 3 CR is the people that you meet here, the community that conversations you have in the courtyard that as a young person getting involved in politics, getting involved in unions and activism my whole world just opened up to what was possible and I owe a lot of where I am now to 330. Well, I mean, look, I appreciate you saying.

That my g mean, we 3 CR Community radio proudly. Now, in our 50th year, I think that the connections and networks. And I've said this many times have been greatly beneficial for me, not just in terms of lgbtqia+, which we're going to dive in and talk about in great depth throughout our conversation. But in other ways personally, as well, you know, you just sort of It's a small world when you're in the right world is a from saying that I have and I think that's what we do, but we do want to talk about lgbtqia+ issues and before I dive into some questions, I mean, I'm well aware. I have to buy food and pay for fuel and housing, and I'm, well aware they will be predominant issues in this election. I'm not saying those are any others aren't, but this is a program focused on queer, particularly trans and by issues. And in that light, that's what I wanted to get you in because they probably won't get a lot of conversation or certainly in my opinion, the better sort of

In the next couple of months or so. So diving. In the first one, I wanted to ask is what the Alp plans to do. You know, I'll say on Hope from your point of view. Hopefully, the formation of Government after the end of November and for lgbtqia+ communities on top of any existing commitments. And that, you know, either of you dive in, as it relates to each of you. So, So first of all, thank you very much for the way you started a conversation, absolutely bread and butter issues. But you know, we've never been the party that has forsaken values and principles because bread-and-butter issues matter, they matter every day. So thank you for writing that opening. But nonetheless, it doesn't matter. Our values of start of the same. I'm not going to be. We're still going through a bunch of election commitments, frankly right now. So I can't I've got nothing to say to you beyond the current scope now. But can I say to you something? That's I think more significant in my view. This election is existential for our community. I think the rise of the conservative forces, not just that disgraceful One Nation, but just, you know, people who are on all sorts of social media channels, pretending to unify people when they're actually dividing people. We

Have to really take stock and defend our ground. Frankly, this is not the election, in my view to do anything, but defend our ground and a humanity. And that's what our party is focused on in our government is focused on. This is a real problem, and I'll say that proof for Trudy as well for our regional people. That there's a time and a place to be expansive. As the time it plays to actually hold your ground and push back on the conservative forces. Having said that we've had 11 and a half years,

Of a record of achievement together with the beautiful rainbow Community lgbtiq a place. We walk together a journey from Aunt evil to adoption of equality to the first commissioner for lgbtiq. A plus people to the first cabinet post for equality to a whole range of other extraordinary things the pride Center. So both in the regulatory sense in a legislative sense and in a funding sense and, you know, sell if I think about it and I'll finish on this point when we came to office in 2014, I can't remember 90% of that being in our platform, but you know what? When we got in would go to done, we just got it done because that's our value set. And that's what I will say to your listeners. What we'll do when we get elected will be in your corner. Like we always have but there's more policy announcements to come about the at the time of this recording in early, October of what will happen for lgbtqia+ communities? Sarah, do you want to add to that specifically formulated?

To the city centre, which but, yeah, in the district of Richmond, you know, we are an area where we really celebrate, our queer culture. We know that years before I was born, this has been a

place where people have come together, where they have met where they have had to fight back and, and have the fights that unfortunately, in some ways we're still having today, but in many ways, we're not, because the people who very much lived and worked in this area fought For the Next Generation. You know, I was we were talking before Sally and I was reflecting on what I was learning when I was in primary school and high school growing up in the inner city and that wasn't that long ago, I'm only in my 30s but that the ideas the concepts, the ideas about gender that that I wasn't really introduced to until I was much older, you know I've said there's a lot of progress and in a place like Richmond you know this is a place where we really look after each other and we have each other's backs and anytime somebody comes For something that's important to us. You'll know the community Rises up whether that's a Health Centre or a swimming pool or schools and why I'm in the Labour party. What I'm proud of that we do is yes individual programs that are targeted to particular cohorts but it's the opportunity that people are given when they have good health care when they have good education and when they have the sorts of opportunities that can be created and when you have a Labour government that invests in people and communities. So, So I think in this area, you know, we we will still unfortunately see some of the really vile things that are happening and that will happen around the election that will Target the lgbtqia+ community for that. I am so sorry, but know that we will have your back. And at the end all of this we were still be there. Standing side-by-side and Sally. Just if I can say, we see right now we're just at would just add an event at transgender Victoria and I think you helped set that idea, you're a co-founder of that incredible place. We were there with the Attorney General, Victoria Sonia Kilkenney, announcing an upgraded, reporting tool for the whole rainbow Community but more specifically, impacting more trans victorians to be able to very quickly and effortlessly and anonymously report hate crimes, because you don't shed a light on it and we don't gather the data in a way that's safe for your community for our community, then we can never fix the problem. So, we were there. That's what an example of being in. In the corner of the rainbow Community, fill that. Absolutely. So and look, we are obviously not in the campaign, proper at the time of this recording and broadcasting this interview but hopefully there will be more announcements and it's great that you were at transgender Victoria and supporting trans communities but we know still that for example by plus people, as we have just finished the time of recording celebrate bisexuality month, including day are still having worse Health outcomes than heterosexual gay and Espeon. And of course, it just a valid as valid, a sexual romantic orientation and also that the thing is where it's going. Lesbian Health has stabilized somewhat in the last, say, 20 years by stuff, hasn't really moved. So I know you can't give specifics, but will there be? Will there be then some specific commitments for by plus and also for asexual aromantic and intersex people in some of the commitments. So we can start getting the equity within the rainbow that We need, thank you Sally. I determination has not been made on that, so I'm sorry to disappoint you. However, the Forefront in my mind, those communities absolutely even with a communities vulnerable as a whole, we look for vulnerabilities within that community and those cohorts were exactly that and that's why the by visibility by plus visibility month. Effectively we he's fundamental and important. I had a really great meeting with Thorn hubber Health as one entity and a bigger ego. System support and they talked about some of these issues about where we need to focus more attention on. There's a grants program coming out, pardon the pun coming out, so so short a bit lighter, Ross coming out shortly, which I'll be announcing on behalf of the Victorian government there. Maybe some things are in relation to some of those cohorts but I can't preempt just yet, but it'll be very very soon fundamentally though. I think. What I would say in terms of those cohort visibility about our entire Community, Rises not equally but Rises, all of us are in a sense together because it just says, to the narrative to the public conversation. People have a different Humanity, but there's just people and they deserve

their human rights, you know. Yeah, absolutely. So Sarah, anything to flesh out there all? Is it? That's pretty parallel? Yeah. No, I think that's thanks.

Yep, it leads into, you know, a critical question, which is of huge relevance for Trans and gender diverse people. You know, the hard reality is I wish it wasn't the case where under what I would, maybe even overly diplomatically call. A pretty intense attack at the moment. Oh, and I think there's a, there's a structured, there's a war on trans people at the moment, it's coming from parts of our community and it's out of control. It's not normal at all the things.

That we are seeing around our state. The things that Joe was talking about this morning out the front of Parliament House that it is. It is absolutely extreme violence that we're seeing more so than I think I've seen in my entire life here and particularly, you know, in inner-city areas. So sorry to jump in and give you

And we'll just have a break here. Sally Goldner on 3, CR 855 M Digital 3, CR dot org dot. Are you having a discussion with current Minister for equality? Steve Demopolis and LP candidate for Richmond? Sarah Mackenzie. In the meantime, we're going to have some more music because yesterday was the anniversary of the the young tuxedo. So, Here is Emma wall and a song called dinner. Jacket 3. CR 855 am 3 CR Digital 3, CR dot org, dot U 3 CR on demand out of the pan with Sally.

This is Hugo Race and you're listening to 3 CR Community radio 855 am subscribe now.

Accent of women. It seems so obvious to me that if you live in a completely violent, cultural manure that is going to translate into every aspect of women's lives accent women. What's a board? I didn't see it like a big role right along the Hal country live. Ordinary lives when they're living in such an extraordinary situation where they are to whether armies there in terrorists and such conflict every single day of their lives accent women a show by and about Women from culturally and linguistically diverse backgrounds, all Community radio 3. CR.

That is indeed the station you're on 3. CR 855 am 3 CR Digital 3, CR dot org Dot 3 CR on demand out of the pan with Sally first broadcasting noon, through one every Sunday afternoon, Australian eastern, daylight savings time. Yes, we are in the savings of daylight. This is a nice time of year and all that sort of thing. And we were I have recorded my sat down a few Go with Minister for equality in the Victorian state government Steve Demopolis and Alp candidate for the seat of our Arrangement, Sarah Mackenzie. And here now is part two of our conversation. We were talking about sadly, the current state of play in relation to how a lot of trans issues or really non trans issues. In my personal opinion are being portrayed. Let's pick up the conversation again

but what's back? I would agree and you know I've been out I'll say moved more towards my authentic self as trans where it's at. Now 31 years and I have to say that sadly, this is the worst I've seen it and that is obviously anxiety-provoking. But the thing is I'll say regardless of the election result where everyone ends up it's probable that they'll be and I'm just going to say some people from other parties who will try to put bills Up For Debate that might reduce existing laws.

Actions funding such as the trans people. You know, winding back birth certificate, or anti-discrimination laws, no matter how much practical effect that, you know, if you haven't, from my point of view, heaven forbid that bill went through. So what specifically will the Alp try to do? What does the Alp suggest other people can do to build allyship for Trans and gender diverse people and make sure that we can, you know, either at least prevent These bills getting any further or better still not have them at all. What sort of things do you think they do? It's a, it's an interesting one because it's feels sometimes Beyond individuals, and Beyond individual organizations. But if I can take a clue here in the same political party is Sarah

and I think putting good people like Sarah, Mackenzie pre-selected to run for Parliament is part of that conversation because Sarah's been having those conversations on duels.

The Community Day in day out, genuinely and that that is part of the kind of the quilt. We all stitched together when we create a narrative around, human rights and respect for all different, and all diversity. Having said that, we we've got some we've I think we've built an ecosystem, the last war decades, but definitely the last 12 years because of support, we've provided and because of the kind of posturing up of our beautiful community.

That holds us is some good stead to push back more powerfully than we would have a decade ago. Although despite the I grew Syria, there is a war at the moment but we are more were more muscled up in effect. If I can use that term in the last 11 years and we have been before because of the ecosystem, incredible organizations, not not enough. Sufficiently funded. I accept that but including your beautiful program here to be able to push back in a way we never could. Having said that, I was going to say that everybody who's listening.

And it's not your battle line to fight you don't you don't. You should not have to get out of bed in the morning and fight that battle on your own and you're not on your own as Sarah said, a moment ago, we are with you 100%. And what I mean by with you, I will stand, literally, at interviews at doors. I've even gone to Temples Hindu temples, beautiful, Hindu temples and other places where you would ordinarily, think you'd have those conversations and I've had that is very conversations to say the compact that we all subscribe to that. Protects your ability to practice your

Faith. Protects my humanity is gay, man. Also protects the trans. Victorian. My point is, we are in those conversations every single day, it's not just trans with drawings after shoulder that burden. And I think, if we do, see those sort of things in our Parliament, I mean, I'm confident that there is a large, large community in the electorate of Richmond, that we can turn out that will turn out, you know, no longer should have be those cohorts, who are most impacted by something about, have to be on the front line of it. And we see it here when we're having The lighter Parts, the celebrations, we see it during our pride festival which which, under a Labour government, of course, will continue in in just around the corner from here, and we know that those festivals are filled with lots, and lots of people, not just members of the lgbtqia+ community. I am not a queer woman myself, but I reckon if I did an audit Ma, you know, I might be a minority among my friends and, and I, but I know that, you know, anyone comes Or one of ours, we've got a whole Community here. So let me, yeah, let me add that to Health Centers, swimming pool schools, and our neighbors. We will show up for them, and we will turn out. And in fact, it was beautiful. We were at the function earlier that I talked about, and Joe ball said something a little bit in the same vein, about the katana Gardens, at the end of a pride March, like, you see, straight people there, you see what aniki rainbow Community? You see, black white, every color in between,

Lads go. God this was beautiful and that he's that is I still believe, you know, Sally that most people are good folk who would open their hearts, I had a conversation with a guy on the door in Marin Bina about three or four days ago and he said straight out to issues. Affected me, impact me, I said, what are those? He said, crime. And I said well, I've talked him through that and how the last two quarters were factually really heartening,

A crime that is coming down, so there's great and he said, puberty blockers. And I said, how to put puberty blockers that impact your life, by the end of the conversation. He didn't, it didn't impact his life. He had been fed is intelligent God, but him to be fed some things. Ha ha and those conversations really matter because we came back to opposition, we Face to Face where he was like, you know what, people should be able to live the way they want to leave. And whether there be

And the parents looking after children that is making decisions with doctors, we reached a consensus where that does not affect him. And the problem with the right-wing media at the moment and the whole bunch of blog logs and other people, they give you this much of the story

and they alarm you add that up to social disadvantage, economic disadvantage and stability in the world. Global Wars. And people wants to take some control back in their life and they picked the wrong issue to take control back on that is completely irrelevant to Global context of uncertainty. But we need to be cognizant of those things and have the correct. Correct information and education of those of those in those conversations. Yeah. And the conversations really mad? I think that's an interesting point and, you know, that doesn't mean I'm somebody who wants to meet other people with love and with optimism and hope that we can, you know, get to the end of a conversation and find at least some things that we agree on. There's definitely people who won't change their minds and but I do believe that is a minority and in

World where you know, we are talking to each other less we're picking up the phone last. I think it's more and more important that we're having those conversations and and that we're having them. Maybe with our family members, maybe of our neighbors, realizing that that as Steve said, it could be, you know, at a time where people are feeling under a huge amount of pressure, they hear one thing and all of a sudden it's the straw that's falling on the boat that's sinking. But but really what they're really dealing with is the fact that

That they're having all these other pressures in their life and somebody is making them feel like something's being taken away from them and it's just not and they have that aha moment right in front of you where they go. Oh yeah, that's if I swing not a problem and and maybe this man like, maybe that's the moment where that, that course changes and all of those little conversations and I know that people in this community, have those conversations every day. Not just around election times. Yeah, well, it is good that, you know, Minister that there is that proof that if you have a conversation,

She can work through it without the what I sometimes will not let us consider. I know is prefabricated emotion or false emotion that, you know, you can get through. And I think that's a great tip to have and I'm going to have to do a tongue-in-cheek, Sarah, have you come out to your family as cisgender and heterosexual? So, you know what? Actually, and I think when I was okay, so when I was 22 and and I've reflected on this and go, no, actually I grew up. Up in the inner city where coming out, wasn't something that meant that I'd be possibly kicked out of my family. So so I want to say that, that that, you know, I've always grown up in a space where, where that isn't that weight that I understand that it is for a lot of people, but I threw a coming out party at one of my share houses, in a meeting Aberdeen, we had bands and I, you know, announce to a room of my friends that I don't some deep thinking on it and I'd given it a good go.

I was the straightest person that I possibly. Yeah. And I just yeah. And I'm sorry and there's nothing I can do about it and it is who I am. All right. Well celebrate to this tolerate a lifestyle that is adorable way I can. I just figured diversity I may be wrong but I should know this already bit but your wrestler. I am currently involved in the world of professional wrestling, which is a long story that we are tight on time to that diversity.

That's brilliant. Well, yes, that's about as diverse and neuro-diverse and everything as you can get. But, you know, back to a serious note. I mean, there's something that is concerning trans people and trans and, and I can't speak directly for intersect. I hope I'm being an hour. I have felt somewhat abandoned by the old pet, the federal level. Yes, I know. This is a state election. Your state LP people. But, you know, it's still a LP to. All of us remarks that we hear like, men can't have babies will

And men can and all that sort of thing. I've just left us feeling a bit unsure. So my question is again, regardless of the election result, what will state Alp parliamentarians do to link to Federal parliamentarians in particular people like Federal prime minister Health, Minister attorney general so we can start overcoming this and maybe change things for the better because it's not a win-win really for anyone at the moment. So what sort of things could stay tail people do after the election to link?

Gus into the federal party. Oh, we could do that at a one-to-one level. Every every single time I've got to say, there are some Extraordinary People in the federal Parliament. Yeah, and I know many of you torrents are so clear O'Neill. Daniel in a whole bunch of other in many, many others, that Karina Garland. And now some other companies do brisket, a whole bunch of good people who feel absolutely the same as we do in relation to the agenda. We have.

The rights of the queer community so I don't think it's reasonable to make an assumption based on some silly comments by some. That that's how the colleagues feel but you're right to call that a difference. And can I tell you something? I feel like Victoria is absolutely the leader. That does not mean we look back and write a press release saying we're amazing. Not do anything more about it. Leadership means you're obligated to look at what are your failures and what are your opportunities to do better? And that's what we're doing.

I can't expect every government to do that. I'm not here to defend a federal labor government. I clearly, I think they're a good government, but on issues of trans rights and the queer Community Victoria is a standout leader. And that's not because of us because of the bravery and the courage of our community to walk with the government of the day. But I say, I say this, we have a commissioner who goes out to Regional Victoria Metro Melbourne. Also talks to Federal authorities, you have an equality Minister who also talks the federal ministers in the In the Ebenezer government, so we'll continue to do that. But also I'm happy to provide other opportunities. We can work together on those Sally. Well, that's that's great by us because as I say, we linking back to the previous question, we need every to use an analogy of mine will say sandbag, piled up that we can get to stop. This flood coming in. Sarah, do you have anything to add on that? I look, I joined the Labour party. I'm a policy wonk guy. I'm a researcher. Now, in my civilian job when I'm not on Council, which is the

Other thing I do with my time, I also fit in dancing at least once a week. Um, but I, I joined the party because this is one of the Labour party is a party that makes its policy by its members. And as Steve was saying, you know, the government's agenda has changed in the time that we've had a Labour government in this state that is too because of some really incredible parliamentarians. It's also because of hundreds of members in the Labour party, who join who take

The thing that is most important to them and they push to make a different when I got a branch meetings here, we're not sending letters of condemnation and congratulation, we're going. What is the policy area that matters to the inner city to our people, true, to our neighbors, and we, and we join policy committees, we run for delegate conference. And we move the dial within what we can do, what is possible in policy. And then, you know, you see it coming out the other end in government legislation.

Oh, and in government policy. And that's why I joined the party. And if I'm not successful in Richmond, I will continue to work that way. And if I am, I will continue to work that way. That's that's why I'm in their Labour party its way. It is, in my mind, the most democratic and the best party that we have in Australia, and the best chance we have for a fairer for a fairer state for everybody. Cool. What we'll leave it there because I know your type for time. Very much, appreciate your time. Coming in to 3 CR here,

It well in on the land of the one who run, tree and bunnerong, peoples of the colon Nations Minister for equality Steve Demopolis and candidate for Richmond. Sarah Mackenzie. Sarah Mackenzie. So, you're amazing, two kinds of so you didn't get a chance to say you. You are one of the people that has led so many rights for Trans victorians, set up, institutions, and organizations that Advocates you are. I'm having all

Amos privilege, working with leaders who come well before in this journey. So, thank you very much, and thank you for giving. Sarah, Mackenzie opportunity on this program, and I'm going to be 100% more political and say, this is not the election to front knives with anything. But Governor, the parties are conformed government because the risk of any every seat comes off

the labor pile, more chance for lips to getting with one notion. That's why Sarah Mackenzie matters in Richmond.

There it is. All right, I'm Steve, Sarah. Thank you so much for your time today on 3, CR. Thanks, Ali. And there was Sarah Mackenzie. ILP candidate for Richmond. And Steve Demopolis the minister for equality on out of the pan, chatting, about issues, only affecting transport. Also by, and to some extent all of the lgbtiq a plus communities. All right, let's have some more. Speak now. And yes, I said it would be musical. Diversity today, and by gadfrey zone, I'm not mucking around here. Friend of mine, sent me a little clip of this band and well, I've fallen in love. This band is called the cow. Gays called been done. Did that? And I like this stuff so you're going to hear it on 3. CR 855 am Digital 3, CR dot org, dot EU and 3 CR on demand out of the pan with Sally.

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That is indeed us 3 CR 855 am 3 CR Digital 3, CR dot org dot are you and 3 CR on demand out of the pan with Sally first broadcasting known through one every Sunday afternoon? Now, of course, Australian eastern Daylight Savings Time. Well, we continued the diverse range of music today. Let's just backtrack through the four tracks in the show so far working backwards, we had Rhea Ripley's entrance theme from WWE. This is my brutality. Happy birthday to Ria Ripley because we can and for those who are multi for those who have the ability to do. So, in one way or another, who are multi or dealing today, perhaps listening to the show while they were listening time, a paint in part to the WWE Pay-Per-View event. Hope you enjoy. We then had cow guys, which is a super group I'm consisting of three out American lgbti people Chris Houseman at a Mac and Brooke Eden and they've got plenty of good stuff so you'll be enjoying them in future editions of the show. So we've had at all country. We had what I'll call acoustically folky stuff with Emma Wall and dinner jacket celebrating the anniversary of the tuxedo and we had Aussie Rock with Midnight Oils read about it who says, we don't play diverse pansexual music on this show because we can all write. Only a few minutes left on the show today. So, not enough time this week to go into depth on the other topic, I did advertise, but well to quote wrestling, and yet, again, it's a bit of that today card subject to change. But no, not completely in that, yes. Yesterday was world mental health dayine. Of course, 3 CR is running various programs on Mental Health, throughout the month and so I think I'll just touch on the theme first, obviously, mental health for people in lgbtiq a plus communities, just starting with those aspects of Life. Clear linkage due to will say, discriminatory and what I call violating, Mayors that mental, health outcomes, worse for the rainbow Community as a whole compared to cisgender, heterosexual and 06 people in do sex, people who sex characteristics, fit the expectations put on put on people by society and Medicine around. Was it 48.3% sorry 98.3% of people are endosex

48.15, if you want wants to be mathematical sign male assigned, female no question. But of course 1.7% have a variation of sex characteristics and you can, of course, check out the interview with Paul Byrne Morony from August on the show which goes into a lot of detail about that those issues. So the thing is of course. Sadly Society doesn't at times tend to look at difference I say either in a neutral or positive way, it makes things - which is unfortunate. And, of course, then we added intersectionality for people of color, the Aboriginal, and Torres Strait

Islander people on some lands, two girls and brother, boys and other things like other mental. Health related stuff that isn't will say directly related to discrimination or anything like that. And then people with physical differences of ability, and we all know, and what we don't necessarily all know that all the variations that can happen, of course, in Commonwealth, can play apart or many many things. And so, that's where mental health can go down. And so that reality is a factor in Rainbow communities and we have to try to find positives and build them whether that's through Community through a sense of belonging.

Banging all those sorts of things that where we can find that space and that could be to do with our sense of identity or experience. It could be something else. I just received a message in the last hour or so just before I came on are not to do with the program from someone who's involved with tabletop role-playing game community and

Yeah, that's whatever. What, you know? Of course, whatever takes your fancy. Now, it's sort of lifts your spirits and all that sort of thing, that's a good thing. So, yeah, plenty of things can do that, but it's also the thing that I suppose, the quit theme might quickly touch on today, is we have a society that is just not built in a win-win way. Yeah, sort of

Random example people with mental health issues or told by Centrelink to go into a Centrelink office for an 8:30 appointment, and find it difficult to get out of bed. And, of course, there could be others people with physical disabilities, or neurodivergent, so, whatever that until they've taken medication in the morning. It's difficult for them to get into gear. So to speak. So you know and people just don't think about it. Well, too bad. Oh not you. You know, if it's centrally are you you don't want to meet your obligations, will cancel your payments that sort of

Of piffle. So all those sorts of things come into account or we have systemic discrimination. And so we need to be looking at the systems. Yes, we need to support and be, I'm going to same very broad terms, reactive to support individual issues, but how can we change the system so that they are more inclusive in the first place in a win-win way? Plenty to consider on that front. All right, I need to start packing it up.

And moving it on for the Fab crew from freedom of species because they're in next and they have a great guest in today and their guest is is Taylor Wolfram re-weight neutral and compassionate vegan activism and health. So that's an interesting thing. Some people you know look I do not this is not my area of expertise of course because

That's why you listen to Freedom species at 1:00 but that's an interesting thought. So I imagine could be there's myths, you know, sort of, you know, off you don't eat meat. You won't get enough of this vitamin that protein whatever, well, that could be a possibility but freedom of species will tell you exactly what it is. As they do discussing all things, animal advocacy, vegan/vegetarian, 2:00 rotations. 3:00 wearing the air 5:56, this alarm radio show. So as always a great lineup of

Listening for 3 CR on this, sunny Sunday, afternoon lazing on a Sunday afternoon. I forgot to thank the crew from out of the blue who dive deep for the marine news as they always do at 11:30 till noon, talking about Marine underwater photography and stuff today. So yep, always lots going on. So, there it is. I'll one other thing before I forget and the 23rd of October, which at the time of the this broadcast for the first time is Friday week, there is a great event on which is a Jewish shabbat service and I am just trying to find Details there of to wit put on by a group called Jewmos, who are on social media, you can check them out a rainbow shabbat service, with guest speaker, Cade Matthews from proud to play, that's down in St. Kilda and Can book now for that event. So that looks like a good one as well and yeah we'll keep an eye on that one.

So I'll take it out today with attract from Barbara Tucker from many years ago now, but it does always hit me with mental health stuff and it's the system that needs changing. It's always playing with my mind. Stop doing it

3 CR 855 am. Thanks for tuning in to out of the pan. I'm Sally Goldner. Stay difficult and stay happy and I'll catch you next week.