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Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond we'll throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org dot au.

3 CR 855 am 3 CR Digital 3 CR dot org, dot a you and 3 CR on demand out of the pan with Sally first broadcasting noon through one Sunday afternoon on radiothon day and we need your support and we as I'll introduce them in a second. I have a fabulous guest in the studio today. Jacob, I'll introduce in a second but first and foremost...

3 CR broadcasts from the lands of the Kulin nations at the overlap of the contested lands of the Wurundjeri and Bunnerong peoples. We pay respects to elders past present and emerging; hello to any Aboriginal, Torres Strait Islander and First Nations people tuning in and acknowledge that all the lands were stolen and never ceded; always was always will be Aboriginal land.

I'm Sally Goldner; I am the presenter of out of the pan and been doing so for 21 years out of the 50 that 3 CR is on air and we need your support today for radiothon and you can ring in on 61394198377 and pledge your amount.

To get in touch with the show for any communications there is out of the pan 855 at gmail.com SMS 61 456 751 215 Twitter, Mastodon Bluesky Instagram at salgoldsaidso and that's the bottom line and posts on Facebook - my page, Sally Goldner AM and out of the pan 3 CR 855 AM Melbourne postal address PO Box 1277 Collingwood 3066. Any opinions I express on the show as strictly my own. Will deal with content notes if we need them. But we, as I say I'm joined in the studio for radiothon by someone who's one of those...well, they're quiet in their way because they're in the background, but they can be noisy when they have to be Jacob Thomas welcome to the 3cr airwaves and I believe, you're no stranger to them.

That is correct, Sally, thank you so much for having me today. I'll look it's just good to have him because you know, and don't be modest. You're a wealth of knowledge about queer communities in lots of ways and as I said don't be modest, that's jumping. I will try not to and thank you so much for coming in and I will ask if it's okay to ask which pronouns you use if any. Yeah.

They in them exclusively. Yeah. Well let's cut to the chase because because you are a wealth of knowledge and it's something of the things that you sort of generally do relate very much to bettering the lives of queer communities. And that's why we need to talk about it on 3 CR and why you need to support 3 CR to hear about it. Well you tell us a bit about what you do and what you're going to be doing sure thing. So gosh, where to start really good, bump the mic. I'm out of practice.

It's their job but you should still donate 3 CR so that get better guess than me. Anyway so fix it. So over background primarily in mental health and also prevention, I'm not a psychic but I love to critique psychology it which is what my PhD is currently in trying to build a queer psychology for Australia. I don't know what it looks like yet but if anyone has any ideas, you should text or call in and donate while you're at it, wink nudge, the answer.

But I've been doing mental health work for about 15 years, in a variety of places. I've done locally of nationally. I've been able to advocate for gender equality in queer rights internationally as well. Partially through the Commonwealth, partially in un spaces and those big, super

institutional places. And now I've turned to Academia the, the Bedrock of of Academia. So and so I'm currently looking

Looking at researching, a lot of queer experiences and basically really focusing on what does our queer future look like from a mental health perspective which is there's a few things in there, I mean Academia, it could be seen to be some sort of under well under attack or under threat at times. Allegedly, in someone's opinion, because it's been commercialized and corporatized which is why we need independent voices, like, 3 CR, in media, and Progressive, voices, and academe. And if you want to support the independent voice, that is 3 CR.

94 1983 double 7 3 CR dot org dot are you forward slash donate so it's really good that we have people like you who are critiquing things. We were discussing affair with the driest of him.

Otherwise we'd still be getting research at there on the alleged benefits of cognitive behavioral therapy which may have exhausted its limits. That's a psychological question which well we could debate that why wouldn't psychological cognitive behavioral therapy work.

Or may have limitations. Let's try to be diplomatic said deliberate over here for people with you know, who you know, who in the queer communities. Generally we sure. I mean, I just need to be really clear is that, you know, I'm not a psychologist. And so I can't really comment too much on, you know, the, the, the Practical values necessarily. But from what are, I can talk from my own experience? Definitely, yes. That, you know, for someone who's undertaken CBT multiple times, it can

I find personally kind of fall into a bit of a know like depending on who's applying it and who your your psyche is. And, you know, this might be a bit of a Yokai is, can kind of sit into this cab heteronormative, kind of expectation of what life should be, Aha, and to, and that certain ways of thinking, you're good ways of thinking, and then there are unproductive ways of thinking.

Yeah, which I don't necessarily agree with you. We can't, we kind of used

This phrase, a lot of the time I think incorrectly, especially in, you know, Tick Tock spaces. But around, you know what, we call things maladaptive, yet, the brain is incredibly smart and Incredibly good at keeping this here and so when what we might morally or socially call something maladaptive because someone's acting antisocial or partaking in a particular activity that we might not socially agree with that can also possibly be their brain and their Spirit keeping them alive and keeping them.

Div we might not like it but you know, that's still valid. It's still perfectly valuable. Yep, to keep that across the board. And so anything, with and structure, see beauty, it's a lot of different processes at, you know, medicine, more broadly, very well-established, you know, tends to and has historically sat on the ways in which, yo, sis hat primarily white middle-class well, men tend to yep exist throughout the world.

You know, we understood that with how women's experiences of heart attacks. For example, we're completely misunderstood until very recently. Yo, we completely we when we do studies related on hormones and medications, for example, we tend to not have people who can menstruate because the quote-unquote control of that is unavailable through menstrual cycles for example. And so then we create these models and these procedures and these medications If you don't suit a large population, if not more than half the population because they're not suitable. Yep. And so, the wonderful thing about research and the wonderful thing about Academia, even the university is very much are under attack and I'm just universities. But all types of education is that your it is a wonderful space to try new things out and to adapt to be creative and to bring different perspectives and lenses in that might not just help this particular population that we're

Focusing on but also can expand outwards as well. And if I look at what does a queer psychology look like one? I don't know, but I guarantee quite confidently. We'll see what happens in the future. I might eat my words, but I'm hoping that that also is really useful for cishet populations as well. That there are things that people can learn from us and apply to their

own lives to make their own lives better. Absolutely creative. Adaptive expanding making lives better.

That is 3 CR in a nutshell, 94 1983, double seven. If you want to support the program, we have had some donations come in previous prior to the program. Allison from Preston. Has donated \$30. Thank you. I listen for getting us underway and getting in there and being first stop first, proverbial cab off. The rank, a longtime supporter of the show and 3 CR,

And yeah, you know, it's good to have these. It's Progressive ideas. But, of course, you know, I'm sadly, the nonsense that might exist out there in the world. Is that in terms of queer, mental health, people would, you know, blame queer people because you're queer. Not because of discrimination. I mean, that could be part of a maladaptive model as well. Completely. And I think you, it's one of the things that I enjoy teaching about, especially with students who you want to become psychologists is really understanding that.

Again, so so much of what we do in Western cultures and Western practices so individualized. And so when you look at populations and communities you know, it had that already is a big challenge to understanding these very typical biomedical single Centric approaches, right?

Yeah. And so you know, if we do you think if we take therapeutic approaches? Yeah, it's it is absolutely looking at discrimination harassment harm and it's also looking at Collective power.

Our Collective resilience resistance, it's looking at historical elements. So it's imagining, you know what, who has come before us, who has survived through this, who is here now. And then what I want to look at is that future piece of just like if nothing got in our way, even if it's not practical, if it's not viable but let's imagine what could life look like. Yep, which is so important that we get for you.

Out there that don't get heard that. Don't get perhaps mainstream attention that, you know, sort of, you know, sort of, we look at resistance and historical historical things that might frame things. So yeah, really really important and get a chance to look at how it could be better. I really love this approach and this is you know, so much in line with what 3 CR does because we put the ideas out there that can really question the question and give those Alternatives and we need your support.

Support to keep putting them out there in our 50th year, as part of that history and keep that history going, 94 1983, double seven. I think we'll just have a little quick music track. Here's something a bit. Well fancy, maybe maybe not. It's Emma wall and a dinner jacket 3. CR 855 am 3 CR Digital 3, CR dot org dot. Are you 3 CR on demand out of the pan with Sally and Jacob?

My bedroom, stolen from someone, by someone for somebody who hated it little piece of Comb Twain - he's trying to get it out. Not be noticed. This dinner hurry up, scary, mostly bigger than Scary, mostly bigger than me. In three days.

As I said, you smell like smoke.

Spiders, spiders called area, scary. Mostly bigger than bigger area. Scary, mostly bigger than me.

Out of the pen. Thanks Coke. Only for their sponsorship of this program. Go kindly creates high quality locally made bedding donating, 50 percent of profits to support women and gender diverse. People experiencing housing straps check out go kindly Dot com.au and take their pillow. Quips

3 CR celebrating 50 years throughout the month of June. We're asking you to support, Fierce independent and Community controlled media by making a donation to our radiothon. But we taking donations online, over the phone and in the station to help keep 3 CR going for another year to donate. Go to 3 CR dot org. Dot a, you called the station on 0 3, 9 4, 1983, 77 or drop in at 21 Smith Street Fitzroy during business, Has H 3. CR celebrating 50 years.

3 CR 855 am 3 CR Digital 3, CR dot org dot a you and 3 CR on demand out of the pan with Sally and gasps. Jacob first broadcasting noon through one, every Sunday afternoon and very much here today because it is radiothon and we have to \$1500 a van out of the pan as part of 3, CR total Target. And we need your help, we're underway. But, you know, we've still got to get a lot. You know, I've got a long way to go, there could be a song in that. Thanks to Liz from Reservoir who had sent in \$20 Liz, you're a superstar and yes we are to mention the music we've played from Dolly Parton. We played a honky-tonk songs from the album hungry again. Yes we are.

Hungry for your donations on 3 CR. And we just heard from Emma wall, dinner jacket, and go commonly. We also heard from our sponsors, thank you for supporting this show and this station it is humongously appreciated. Jacob, you know, 3 CR is here. Sort of where else would you think you might get an opportunity to discuss the sort of research that you're doing the really good questions early? I mean, probably,

A very limited places, or if I do get a chance to discuss it which has happened in the past is that, you know, certain certain media companies will kind of take their their own approach with it and kind of do daily to the actual realities of it. Anything what's really great about you know Community radio and spaces very much like 3 CR? Is that? Yeah? Like I've been on not just this program but a couple of programs over multiple years and it's just I thought you you leave feeling heard and understood your it is very much the information straight from the horse's mouth and I have been called worse things in a horse. But you know it's very much an opportunity to be able to speak truth to speak openly to speak accurately about what we are doing within our own query search spaces, which is not exactly an opportunity that comes often. And if it does come to us,

Um, this is the Lakes combative, which is also really nice. Yep. Now look, you've just you've given me, you know, I think if you leave feeling heard and understood, I that just are the well, Bells going left, right and Center in my head, I mean, I let's start with obviously my passion is queer issues and we've got great queer programs on clearing the air. This afternoon transcript out a radio in your face on Fridays. You know all those Those sorts of things. But I think of all the people on 3 CR who, you know, have programs where they can be heard and understood Salam radio show at 4:00 this afternoon, Eritrean voices music types that might not get a Guernsey much, or much else where you put your feel heard and understood connected. Wow, you've given just yeah, 3 CR in a nutshell and it's white we need your support on 3. CR, dot org dot, I use Flash donate

And also, you can ring in now on pledge 94 1983, double seven, and appropriate area codes. Like 613, if you're outside of Victoria outside of Australia and all that sort of thing if you are beyond the world. I'm not sure which dialing code you use from Mars, yet the Rover might tell us but anyway that's another that's another technological advance for another time. I mean you know let's come cut yeah cut something here. I mean the current political situation Operation particularly for Trans around the world and in Australia, you know I'm not good from your perspective and lets you know, research or otherwise or is just Jacob Thomas person you know what are you make it shake of? I mean you know what are your thoughts? I mean I can't release where can I because we believe in that sort of Freedom. Now it look it's not going to be it's not going to be emphatic. It's looking to be salacious. So am I trying to refrain there? But look I just it's just like who cares if people are trans? Hmm I don't give it I don't give a toss to be quiet. Let stand I say as a trans you know I just it's so like it's so tired and so boring. Like there's so many problems in the world and we're just worried about us like focus on climate change mates. I think it's yeah like a focus on. There's too many AI data centers are just like stripping out natural resources.

At a quicker Pace than the human species. Good. Like a just there's so many problems that exist in the world and I just think that it is so many people have said better than I ever can on why they like to focus on us. And it's so you can see how people are engaging with wonderful

trans and queer voices around the world for that. They just like, it's just so unnecessarily, like wasteful to focus on.

This is a community. Like, I mean, I'm not to be, not to be rude, but it says like, I'm actually really boring. Like, I'm actually not that interesting. Like, it's just, like, I know, my research sounds really cool to some people. I mean, like, I like staying at home and playing video games by myself, and not seeing another person for days on end. It's quite nice. Someone used to try and call that depression, but, you know, it's just, it's self care for me but it's just like, I just like, I just don't care and I mean is

As a non-binary person, my partner and I were both non-binary. And we both looked at it from his point of like we don't really have, you know, again those really your reasonable for a lot of people but kind of, you know, not applicable for everyone experiences of like, we don't really experience a lot of dysphoria, right? We didn't have a lot of in congruence, but we looked at gender and we were just like, that's weird. Like why do we dress up babies in colors to tell strangers, what genitals they have? Like, that's weird to me. That's a weird. Also, let the little baby boy where the dumb.

I want on its head like it's so fine. Like I just it's just so unnecessary to focus on us like when the IOC does its BS around you trans and trans athletes. And also athletes born with innate variations to their sex characteristics, like it's they had come out and said actually we don't have any good rigor behind this. We actually don't have any good academic facts behind this. We just think it's important. It's like okay, so you've just got so we're just anti-science as well. We're just Auntie all these

These things we just think it's just necessary to like come for kids who want to play sports and like prevent people from unknown, using a bathroom. And also just reducing us down to our bodies and to our gender as oh, we don't have anything else going on as though that you know, you we aren't thankful that the fact that we have microchips the way that we do is because of a trans woman late. Like you don't like the world doesn't have shit without queer people and without trans people like you were and I was so.

Like some of us are brilliant and that's great. And also some are just really boring and also some of them whatever and like I just like I don't care. Like it's just I don't want to spend my time worrying about whether our community is going to live because I would like to be doing anything else. And instead I'm pulled in focusing all the time on are my friends. Okay. Is my community. Okay, and it takes up time and takes up space and I could be doing

Anything else I could, we talked about this a couple of weeks ago. Yeah. Where it takes up all of my energy worrying about others and myself when I want to be doing something else for the world. Yeah. Yeah. I have to call in sick some days because I'm just that depressed. Yeah. And I'm very lucky that I have a wonderfully supportive team that I work with multiple teams for that matter who get it. But it's just like I I get frustrated and you it's a get

Right? Because I'd rather be volunteering. I'd Rather Be You meal prepping for a bunch of people who need food. I'd rather be fundraising like what you can do with 3 CR today and donate. But it's just like, you know, there are so many other things that I wish I could be doing but instead my time is taken up by people who just hate us for no good reason. Who don't want to get to know us who don't care about us. Hmm. And I can say F off and I can say whatever until the cows come home.

Um, and I turn blue in the face but I just want to be doing anything else then. Worrying about transphobia. Yep. Anything else? Well, that's the thing. I mean I'm the same I mean I can think certainly think of enjoyable things to be doing. I'd like to spend more time focusing on G at right on 12:30 it will be the obligatory breast that's wrestling reference. I would love to do if I spend more time focusing on professional.

And I would love to spend more time. Why wouldn't smile love to spend more time? But I probably do need to do some dusting and cleaning in my flat, those sorts of things, you know, I'd almost like to spend my time watching, Cars, rust and paint dry or something. Yes. But, yeah,

we're forced into this. And this is why the whole situation is so ludicrous and just the complete lack of logic of it. And, as you say, I mean, you know, the so-called all the trends Women and safety. Well with a humongous disturb respect to those we've lost so far this year, the women and children, let's see from sis men known to them in their own homes, who have nothing to do with trans. So why are we worried about toilets? Yeah, exactly. Yeah. So you're only going to really hear this on 3 CR and it's over. Do it. Can we just talk toilets for one second? I know you keep talking about toilets but and so I'm just so over. Toilets. But Jasmine, Thor.

Overthrows. But I just, I like it's also the as I mean, it's a real call to action to allies, it's just like, if you want to call yourself an ally, do the work. We will choose. If you're an ally, not the other way around here, we will decide that. But like like sometimes it's about calling out how ludicrous some of these statements are and actually kind of like and just knowing how absurd it is. Where like I don't know many cases and like not a lawyer. I'm not

A legal eagle, I don't know much about what, I don't know, but I don't know if there's many if any cases that are known where a possible perpetrator of violence and harm has looked at a gender marker on a public restroom and gone up. Can't go in there. Not for me, better dress up first.

Like, I just like, who's doing that. Then if they are doing that, that's on them. It's not on us.

Exactly. I just need

Piss and poop. It's all of God had joke. Yeah, let me piss some poop. And put in face. Like there's also, I'm not obsessed about your genitals if you're in the bathroom. Hmm, I don't really care. Yes, I care about your health. I care about your well-being. Yeah, like yeah, gasps for some toilet paper under the cubicle. Here it is. That's absolutely fun. But otherwise, I just I don't care about that and I just don't understand this weird Obsession as though that that's where all the awful place, all the awful things happen.

As though they aren't in. Oh, I don't know. Mara Largo or in you know certain Islands or in these your height irrational under spaces of the most privileged and Powerful as though that they're not doing the most awful things and that some absolute transfer has just become the world's first trillionaire, which is just outrageous in the fact that all of us are actually closer to financial capacity as the owner of Amazon. Then we are to musk, which is just outrageous to think about like,

Just this so many problems. Yeah, well, it's aren't it access to toilets, big problem? Yeah. Big boy problem the world over, but a trans person being in the toilet, doesn't matter in the grand scheme of things. Absolutely, 3 CR, 9 4, 1983, double 7, 3 CR, dot, org, dot. I use / donate. The only place you're going to hear these sorts of comments said without interruption really and 3 CR proactively.

Yup for transgender diverse non-binary. People Rebecca from Fortner has given \$51. Thank you Rebecca for your support of 3 CR. So we're getting it under way but we've still got a long way to go. Fifteen hundred dollars to get. Yeah, I just yeah. It is just it does. Does does beggar belief. Some of the nonsense that gets put out there and, you know, we just have to, you know, it's sad that we've got to keep calling it out, calling it out, there was something I wanted

To touch on allies and advocacy. I mean we you know we saw you know a couple of years ago, trans young people thrown under the bus in the sentence and our intersects siblings thrown under the bus. We know what the problem is. What would, you know? I mean let's go for the Blue Sky solution, advocacy for Trans people in so-called Australia. What would you? You're the benign dictator for the day, what would you do?

My how big this guy must be? I mean, just like where do you begin? I just like a, like I'm struggling because it's such a, it's such a it's such a big piece to really think through ADHD coming on. No, no no, no, no. We love any are diversities but it's I know it's like I just like I do know when I don't know for me. I just would like, I'd like some better legal protection.

That would be great. I don't necessarily believe in like harsher penalties because I'm like quite Auntie that the police state but it's you know, there's a note just like I'd love more investment in

our research and our health that would be a great start. That'd be wonderful. Yeah. Like just so many of our community controlled organizations. And so many of our services are either very Grand dependent example. So I'd like the to just be just just money back. Great.

For our logs to exist so that we can address what we need to. I'd like more your in this immediate point, I'd love more crisis services to be fundamentally available because they're needed. They're so incredibly needed. And a lot of our organizations can't respond to that capacity and that need as well. And I'd like for those services to not have to exist. Eventually, that would be wonderful. I'd love for advocacy bodies, to not have to exist. I would love for crisis services to Long Island.

Exist, because we're doing fine, we're doing well, that would be lovely. But I mean, I want, I would love, I would love some trans representation in Parliament and all levels. Yeah, I would love for it to not be a problem. He pretty great as well. I'd love out, I'd love for our trans friends and family to you. Not have ridiculously high rates of concern, regarding mental illness. Yeah. And

Harm that would be superb and for that to just disappear. I would love to be employed. That'd be great. I'd love us to be employed at a normal usual rate. I love for poverty to not do exist. I would love to racism to not exist. Yeah. Like you know there's just all the all these problems that happen in the world. They aren't just trans issues. They're very human issues. And so you know and I know it sounds people might be listening. I'm hoping people listening and dining the 3 CR. Point 9 8, 7, 3 CR, dot ordered a you / donate that we do it and we didn't plan this. But the you know, it's like I I would hope that when we think about a queer future what a queer future can look like for ourselves and for our communities, that is one that's focused on gentleness, focus on kindness, focus on love and adoration and your reciprocity and means and access and support that do that when no one is Left Behind where everyone is.

Able to participate comfortably in the world, that would be great. You know, that would be a wonderful thing to be able to have and your and that includes everyone, no one should be left behind trans or otherwise. Yep. Indeed. Well, people are listening because we just got \$60 from the Fab crew from freedom of species who thanks, thanks for all their support. Well, the feeling is mutual because freedom is

Casey's who come up at 1:00 to a great program as well as do all the 100 plus programs on 3. CR saying what, you know, sort of needs to be said. And this is again where you know, sort of, you know, you won't hear this anywhere else. These sort of conversations that broader Society needs and our queer Community needs. I was going to there was something that comes up for allies. What to, you makes an ally to someone where the person does not identify, with the Attribute. Now, let's start with transgender diverse non-binary, as the will call it, the body called the straw case. And, you know, then extended out from there. Yeah, and what, and what mean, what's at what? And also in your mind? What's that, what's what? I'll call a faux a life, if aux a lie. Mmm, I'm really lucky that. I have just spent a semester working with third year psychology students, not just psychology students but from a variety of different disciplines

The places that I work and we were focusing on cultural responsiveness and psychological practice. And so this particular unit really focused on centring First Nations expertise and knowledge has and voices. And what I think again we can always continue to learn from First Nations. Peoples. Yeah. And their experiences, we're recognizing that you've got allies and then you've got accomplices and I think one of the big things to always focus on here is that you're an ally might be there and they might, you know, say the nice things and they might your help out in when the chips are down and make you feel a little bit better and a little bit safer after something bad has happened. But accomplices use their power and use their privilege to challenge the things that are happening in real time yet. And I would love and we need more accomplices. Yeah.

It's not just calling things out. It is also like like what happened to being loud and annoying. We're gonna bring it on, absolutely. Like, I don't, I don't need like, like, I love gentleness, don't

get me wrong. I love being gentle in my day-to-day life, but I'm also from the country. And so like, this is nice little fire in my belly. All the time that if I say something happening, whether it's workplace, whether it's out in the street or anything like that. I can't like, in for Pete.

People who can't see me right now is just like, yeah, I'm 61 built like a brick shithouse. You know, I'm white. I'm whatever male presenting means in any context. I have facial hair, and it's just like, and I'm like a capital f, slow, you know, like walking talking car thing, right? Anyway, but that which I proudly going for myself and I wouldn't push on to others. But the thing is, is just like a trying use that privilege where possible that perceived privilege of white male, where I can mmm-hmm if it comes up. So

Because the thing is that I can't like keep yourself safe. Obviously, I'm not saying I'm just throwing myself into any nollie situation, but what I want people to be able to do, is to use that to be able to your look down at something or to be able to say, I don't understand the joke. Explain to me mate. Yeah. Like, you know, there was a situation, just the other night where I was waiting in line at dinner again. I don't deserve a cookie for doing this. Like that's the whole other point. You don't ya, you're not a liar, an accomplice because of me.

You look good, you don't because it's necessary, but the but there was just like this group of like, I'm fairly sure gaming in front of me. It's just and this person was another person was walking through and they were visibly, disabled, living with a disability and pretty sure they were trans anyway. And they and these four guys were just assuming. There were guys because they're acting like it, anyway, were very gay, tree Arc energy. You know what I mean, anyway, and just

Love is love but they made some kind of snide comment at this person is as they walked past anyway and they and they're all shorter than me anyway. And then they turned back to see if I was kind of in on the joke with them and I just Death Stare them down and just just sucked my teeth and just and just looked the other way and they all just went. Okay. Yeah. Cool. And just kind of like fizzled out and then they end up leaving the line because they felt uncomfortable like yeah. Like some

Times. That's enough. That's how you go do. But like we're also talking about when, like transphobic stuff and queer phobic stuff and racist stuff. Enable a stuff is said in workplaces just, like, call out Jeff. If he's being a bit of a dick would be great. Like, I don't care if you go to HR because of that, you should go for it. Take the brunt. So we don't have to would be great, right? And like on your question about fo allies or I like to call them Fairweather. Yeah. Fairweather allies is just I wrote this for

Very wonderful magazine being on to magazine many years ago. Is that like a fair-weather allies other people who only rock up when it's good. Yeah and when it's fun you know like if you're only coming to the parade if you're only coming to the carnival and just day drinking and getting sunburned and that's all you're doing. I don't need you. Yep. The community doesn't need you. Your friend may need you and that's great. That's absolutely fine. But you don't get to call yourself an ally. Yeah. With you.

Because if all you're doing is centreing you into that and you just and don't get me wrong, do they drink? Go get sunburned. Go have fun. I'm very here for that but you're not an ally. Yeah, simple as that. Okay, just because one person calls you an ally doesn't mean you are an ally, you can be there a lie, that's perfectly fine and far. Be it from me to police state. Yo, what the difference is because a cab, but the rear my other favourite gender. But it's, you know, the he's got a map F having a cab ride. Yeah.

And then but the other part of this as well is just like, like, if that doesn't follow through, when you see Injustice, if that doesn't, if you don't follow through, when someone says a slur on public transport and you don't say anything back, or you don't go and comfort someone afterwards, or you don't go and check in or you don't text stop it or you don't do anything about it. Then you're not an ally. Yep. Simple you don't have to react in the moment. Yeah but I just remember watching Doctor Who

And it's the doctor Donna Series. So you Catherine Tate, David Tennant. Excellent and cysts. The that one episode whether in Pompeii and spoilers. If you haven't seen it, it's quite old now. So you should have seen it but the doctor has to work at it realizes that he has to set the volcano off and pump a and and he makes it happen in order to save the world. So it is, do I kill people in Pompeii or do I let this alien species take over the planet and as you can tell, I've watched this many times, I bring this in my classrooms all the time and I always bring this. Two students. I always bring this up in training because Donna Jones to the doctor at one point and says, I need you to save someone do something. Yeah and that's all. We're asking allies and accomplices to do something. Yep. Don't turn your back. Do not pretend when you walk past Injustice, there doesn't hurt you. The, you don't feel ashamed that you didn't do something that you're embarrassed. That this is this is your species. Yeah, absolutely. Well look some people are doing

Things were beginning to get a bit of a run on here, Juliet from collingwood's. Donated \$50 and hills from Wesley Vale, 77. But we have just had 500 from Anonymous in Faulkner East, so that means we're now at \$788. So, we're over the hump, we're over the half, so we've done a big catch up people. So now, it's too quite a poor Kelly sun. It's all downhill from here. So we need your help.

To get, you know, now it's halfway done, you know, be an ally to 3 CR and out of the pan 3 CR dot org dot, are you forward slash donate and put out of the pan in the description field or help Legend? Now, our operators are waiting for your call, 94 1983, double seven, because we need your support. We need your allyship because now it's, you know, it's sort of we're getting over the hump. We can get there. So yeah, being accomplished.

Give me your money. That's right. Please please. Please on 3 CR know. Absolutely. So will you know, just what will we do? Will tell you how to pay and do other things and just a couple of messages and I'll come back and wrap up the show with Jacob on 3. CR 855 m 3 CR Digital 3 CR, dog daughter, you 3 CR on demand out of the pan with Sally and Jacob.

Wondering how to pay your donation to 3 CR radiothon it's easy. You can pay online at 3, CR dot org, dot you, or call us any weekday with your credit card details on 0 3, 9 4 1983, double seven. You can also come into the station at 21 Smith Street Fitzroy during office hours and pay by cash or card or simply post your check or money order to PO box. 1277 Collingwood, 3066, and be sure to tell us which program you'd like your donation to go to 3 CR celebrating 50 years.

Hello, this is Leroy McQueen and you're listening to add to the pan on 3 CR.

3 CR 855 am 3 CR digital three co.org daughter used 3 CR and demand out of the pan with Sally. We are rolling here now because we've had \$50 from Meghan, thanks Megan for keeping us rolling. We ran out eight hundred and thirty eight dollars. So, well past the halfway mark, let's finish it off. Big finish with 11 and a half minutes to go. And I've got to say it made my debut as a referee in wrestling last night. Whoo. So I'm in charge here on authority on sighing, you denied place? It was yes, enormous fun. But, yeah, well, that's as I said, that's the thing. We, I'd like to be doing if I wasn't talking transitions, I just be doing more stuff in wrestling anyway, back to it. I mean, yeah, I really liked what you said about, you know, the, you know, the Doctor Who think that's brilliant. But of course, it's Doctor Who. And of course, we just heard from Leroy McQueen who s a fabulous non-binary person. But that's like saying fabulous fabulous isn't it? And yes, it is.

Absolutely. I mean, you know, apart from your amazing academic work you do awesome stuff. When you, when you get a chance with you haven't had a lot of time to do lately. Now, if I've got it right, Petty shoe Patty shoe, you happy? Yes, although I am Petty. So, there is also bad puns pot and hands on this show and hands and wrestling references who'da, thunk and whoo-hoo.

Yeah, which is just, you know, I mean there's something you'd have more time to do for starters but I mean just I yeah what you know I was going to say something of great importance. Yeah what's that what's that? What's that? What's that? You know, how to has it? How is it for you doing that sort of performance just you know what happens for you when you do that when I'm in drag yeah I it's interesting is just like a lot of, you know, we hear from some phenomenal drag artists.

And queens and kings and their ins who, you know, just, you know, say they really feel like they come alive that they feel really affirmed that. You know, they just can't lock into this character. I when I grow up in the theater which is very shocking to hear, I'm sure what is in the theater. I know, I know it was very, it was very novel, very different she is but yeah, I always got taught that your, your, your whole point of Performing is to focus on.

Audience. Mmm. If your audience is having a great time, then you're doing a great job and I you know, so when I'm performing, I still, I still kind of lock into just like got to do a good job. Got to go to make it happen. So, I'm still very work oriented, which is probably the Capricorn in me, but the other I'm very science oriented and also horoscopes and Taro so, you know, yeah, and that's queer. And so, you know, for me, it's just like, like, I love to host, and I love to, I love to do drag story time.

I'm I love doing. I love doing a fundraiser and I love doing an event where I just get to just have fun with people. And I think that's the best thing about being in drag is that you kind of get to you, I get to sort of disappear a little bit. The serious me gets to disappear for a little moment and it can just be joy for a little bit, which is very exciting. That's what we need in. Queer communities joy as part of a queer future would be just so good.

Can I can I talk about that just for a real quick so I can cut? All right. Like I think if you like just enjoy, like I think people misunderstand just the point of joy joy Keeps Us Alive. Hmm, Joy gives us something to look forward to. Yeah. And when people try and strip Joy away from us, that's the danger. Yeah. And I think people are misunderstanding that yeah, Joy is an act of resistance in a world that tells you, you shouldn't love yourself.

You shouldn't be excited. You shouldn't have fun. You shouldn't be saying, you shouldn't be heard. Joy Keeps Us Alive and not just us as trans people but everyone. Yeah. Joy is probably one of the best means of Suicide Prevention that we have. So may we continue to build joyous lives for ourselves in each other brilliant. Yeah, absolutely. So yeah, as, yeah. Well

I think they'll be plenty of performers out there, who would agree with that and I'd like to dissent on. I'm going to do this as to a Cheerio. Now I'll fashion 12, Jack Brady, who's been on the show many times, I'm Jack. Yes, awesome performer. And also talks about joy and how we bring comedy and sort of advocacy to activism together and all that sort of thing in a joyous humorous, way. And, yeah, sort of had got through something difficult on Friday. So it's good to see

Jack bouncing back. Yeah, which is awesome. So I look and I know they would agree with what you're saying. All I can see you two on stage together. Let me finish my marking for the semester and then we can talk and we'll talk to her keys or something. Yeah, look, absolutely. And we need joy, we need resistance. We need all these things thrown in together, we need you to support 3 CR radiothon show, particularly out of the pan has to say we're over halfway. So let's roll down the hill to the Finish.

Line and knock it over. People of all genders and get that last six hundred dollars, you know, we've got 800 so 600, some even easier, that's mathematically, that's mathematics that's science. As you say, love math. Yep. Math is delicious. As a friend of mine, had a great t-shirt white on that one. So I wish I could get my own copy of that again. Yes. Well, we're just about out of time though. On our radiothon.

And show today coming up next. Freedom of species. Please support them. They do awesome things. Talking all things animal, advocacy, vegan/vegetarian. They've got animal trivia today so know your species as The Rock would have said, Know Your Role, sweet buttermilk. Anyway,

that's sort of thing that was from Jim Ross. We had a double wrestling reference they because I missed a week, so we had some makeup. So if you are having your butt, On gambling competition. It was 12:30 and about 1254 and 40 seconds. Freedom of species and rotations at to please support them. Eclectic music even more eclectic than 3 CR because it's The Eclectic mix of 3 CR, queering the air with Madison and team at three Salam radio shop for keep independent Airwaves on the air in our 50th year, half century up a super effort that and Jacob just again, thank you for being you. Thank you for being here. Thank you for telling us what you need, you've given me quite. So, I'm going to take one of your quotes out of the show. And I think that's virtually like a 3 CR sting that I'm going to use. Well, that's nice. Thanks, yes. And we'll keep stinging because that's what we do. 3 CR celebrating 50 years, stay loud. Stay Stay radical and all that sort of thing. What am I going to play to take us out today? Well, this is a good question.

I'm going to play a track that I found during the week. In a fit of someone sent it to me actually, it's Delilah Bond. A Canadian sis by woman and a track called war on women where she fights back and this is just just yeah, it really resonated. So we'll take it out today with Delilah Bond and stay tuned for freedom of species. Thanks once again Jacob. Thank you. And I'll catch you next week with I'm talking about the show. Mr. Big and remember I'm Sally Gardner. Stay difficult and stay happy catchya next week.

3, CR celebrating 50 years. Did you enjoy listening to that podcast? 3 CR is a community radio station a new list sure are a part of that Community, right now, it's our radiothon. We need you to pitch in with a few dollars, to keep the station going. We can't do it without you. It's easy. Had to 3 CR dot org. Dot a you forward, slash donate. Your donations really matter.