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Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond we'll throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org dot au.

3 CR 855 am 3 CR Digital 3 CR dot org Dot 3 CR on demand out of the pan with Sally first broadcasting noon through one every Sunday afternoon; thanks for your company. 3 CR broadcasts from the lands of the Kulin Nations at the overlap of the contested lands of the Wurundjeri and Bunnerong peoples and we pay respects to elders past present and emerging. Hello to any Aboriginal, Torres Strait Islander. First Nations people tuning in today from whichever lands you are on and we acknowledge that all the lands were stolen and never ceded. Always was always will be Aboriginal land.

I'm Sally Goldner. I proudly use the pronouns she and her. Welcome to listeners of all genders, including but not limited to ladies and gentlemen. On the show today at around 12:30, I'll be catching up with Josh from the Melbourne Pride Chorus about their event next Saturday - Divas. Could it be about a pride chorus? And also in a second, I'll introduce my first guest for the day. There's lots of ways to get in touch with the show to talk about all the things about, which we need to communicate and you can do so by email out of the pan 855 at gmail.com, you can SMS six, one, four, five, six, 751215; Twitter, Mastodon BlueSky, Instagram at Salgoldsaidso and that's the bottom line and posts on Facebook. My page, Sally Goldner and out of the pan 3 CR 855 am Melbourne. Postal address PO Box 1277 Collingwood 3066 any opinions I express on the show are strictly my own.

One opinion that of course is totally 100%; thanks very much to Andrew, for out of the blue diving, deep for the marine news as they always do with special international guest Kiara great conversations, part of the wide length depth and breadth so to speak of radio that is 3 CR don't think they'll be any content notes today, but I'll give the numbers as needed. And for many reasons, appropriately opened up with the B-52s private Idaho, we're in the middle of Idahobit month. It's been a busy week. Lots of days; Tuesday on the 19th, was agender pride day. And if you realize that you don't have any sense of gender or don't feel like you have one that's of course perfectly your call and today is pan visibility day. Yay. For all the pans, we're cooking up things and it's important that we have a full range of lgbtqi+ and intersections in research on our communities.

So very appropriate that we mention all the different types of people and there's a great piece of research going on at the moment called private lives for on the line to talk about. It is the lead researcher Dr. Ruby Grant; Dr. Grant, thanks for your time on 3 CR today.

Thanks for having me, Sally, great to be here. And can I just start Ruby by asking if it's okay to ask which pronouns you use, if any and which Aboriginal land you happen to be on at this time, of course, for my neck, my pronouns, are she her and I'm proud to be joining from the beautiful lands of the *palawa kani* people this morning. Aha. So you are, you know, you're on one of the small islands near the Big Island as we like to say private lives for. Wow, number four. Yeah, look, being a someone with, as I like to call it extensive lived expertise, I still remember the advance that was Private Lives one, but here we are up to number four, sort of like this. Let's go

back quickly through the history of the first three private lives might be a good way to set the space for our conversation. Yeah. Absolutely. I mean so this is such an honor to get to work on bit on the project that is private lives. It's Australia's largest and we believe longest-running LGBTQ+ Community survey. So the first iteration was run in 2006, so always released been. So it's 20 years going now. And so the survey has only grown and grown over those 20 years, being able to capture really important data about our communities. Yeah, consisting of like, some of the Australia's biggest data that we have on LGBTQ+ people. So, if you hear a government or service, fighting large statistics about LGBTQ, a plus people chances are, they're from this survey. So it's amazing to be part of.

Yeah, I don't want to put you on the spot. Anything. But can you remember the rough numbers of say participants in product in private lives? No one, two, and three or have a rough idea. I get my memory doesn't go back that far. Unfortunately Sally. But just in in private lives, three, which was our most recent, iterations on in 2000, 2019, we had 6300 LGBTQ+ adults participate in the study which is incredible. And is that is still the largest community Wide LGBTQ survey to date which is amazing. Hopefully we can beat that record this time. Wow, these look because I think I remember the first one might have only had about 750 or something on. I mean, granted it. You know, we didn't have the widespread technical electronic technology, etc, etc, that we have today but I think you know, that has to be a factor but also the growth in our community and the understanding as you say of the importance of the research is critical. I didn't Is it a got that big on? So let's yeah. Let's break the record. It's like, well, I hope this comparisons appropriate. It's sort of like, every year we want the, like the Good Friday appeal. Wants to get another record. Let's do another record, absolutely. I mean, it's really important. I mean, even though we now have the Australian Bureau of Statistics increasingly collecting better data on our communities that population level work, you know, has a can't answer all the questions.

Is much detail, the specific experiences that are they? So still really important for folks to have their say as part of this community run survey all look absolutely. I mean yes as you say the the sensors covers 27 million Australians and all their needs but we need research on the specific needs. I'll start by saying the rainbow community's overall but then we start, I think that's a good place to where we drill in. Let's go to the next level, you know, the difference.

Has I'll start with, you know, sort of LGBTQ+ plus. And this was something that I wanted to get right to the heart of and why we definitely why we need to talk about this. Do you think that there have been or, and or did you even know by reasonable statistical estimates that there have been parts of the, I'll call it, the Baseline of the rainbow that have been perhaps underrepresented in the past and we really want people to naturally, want everyone. But is there anyone you're

You know sort of in an Ideal World hoping to get on. Who would in sort of redress that imbalance? Absolutely. I mean

It is really an important life, folks. In those underrepresented communities to have their say, we know, we all would there's more and more research. Now I'm trans and gender diverse people compared to when private lives, one was run. But it's yeah, it's ongoing really important to to hear from it. And folks, in trans Community across all ages where our team is also running another survey later in the year about people with

This is an eight variations of sex characteristics, so that is happening later in the year. But this survey is open to folks with an eight variations of sex characteristics who are part of the rainbow Community as well. So yeah, that's a group that is still underrepresented and we need to know a ton more about so it can help to kind of address. Yeah, address challenges at this community faces. Again just have a better understanding which is where private life came from. I mean, prior to them, we didn't know a whole lot about it to be

Use a hole. And now it's as we progressing we're able to learn more and more about maybe smaller groups of the community. I'm really interested to hear more from people who are a for a

row then communities that's you know, Partners the part of our acronym but often hasn't had as much air time. So the yeah, it'd be really important to hear from a a row folks, as well. Yeah. So the groups that perhaps

Have been, you know, well what courts have always been there but you know the hatch, you know, sort of man will say I don't like the perhaps I don't like these next words. Exactly. No added, you know, rightfully into the acronym but later, you know, intersex asexual aromantic. And no, not in line with the introduction agender people. We, perhaps don't know, enough about agender people, specifically, to even know what the appropriate percentage of the population is. So the more we get in there, the better. Yeah.

Yeah. I mean Breeze plays a really important part is that like well, you know, at a community level anecdotally, we might know more and more about know about people's experiences. Who identify with these may be more recently? Conceptualized labels. It's yeah, really important for them. Research to come in and help us to rigorously explore these experiences. So we can then take it to places like, you know, government for organizations and say hey this is a big part of our community.

See all this is a significant subgroup that experiences these challenges or these strengths that we can learn from. So yeah, researchers is really part of that is helping us to understand those experiences definitely, definitely. As I like to call it we have you know, sort of we have, you know, I wrote what. We know. My words are rainbow and intersectional Community, every dot of the intersection needs to be covered. Let's drill, ever even further. How are we going with groups? Like

Like any one or more of lgbtiq, i+, and people of color, Aboriginal and Torres Strait Islander First Nations immigrant refugees newly-arrived similar, how we going in those areas Ruby and sort of, I might ask, you know, it's sort of in previous iterations of private life of what sort of particular issues have come up for those groups. Yeah, it's an important aspect that. I put important perspective that we met

We take that intersectional approach to understanding the real diversity of our communities and something that over time through, as a private life surveys, we've been able to build our understanding and also improve our ways of working with community and to make sure that the rest of the way we do. Our research is is appropriate, sensitive and culturally safe for the diverse communities, that are part of lgbtqa+ populations. So this time around, it's been really great to work with over

Community organizations all around the country who represented across our advisory committees who have helped to craft the survey to make sure we have specific questions and sections of the survey specifically related to the experiences of queer people of color indigenous. Folk people with disabilities and transgender over spokes as well. So it's important that the survey has been constructed in such a way that we can hear those stories, which is really important.

Oughtn't to us. I mean, we'll try this. We've been able to do some analysis of the last round of private lives, where we could look at rates of things, like, mental, Mental, Health, suicidality Community Connection, and we do see real differences across those across those intersections. Where we see ya people who are people of color facing additional challenges compared to the wider cool population. So it's really important that our data is able to Sure that so that we can use that information for change. Yep. Are very, very definitely in this to other. I mean, I we could goes through, you know, sort of as many intersections as possible, but a few others come to mind. And you actually just bought this one to mine. Now, you know, sort of state and territory distribution Metro versus regional. Rural remote how we going there and, you know, sort of what, you know, I'm you know, I'm sitting here.

Here with good good technology in terms of internet connection, which I just want to acknowledge one of our fabulous listeners, wombat who thanked me for pushing through Tech issues last week, which was not internet issues. But seriously, you know, may be harder for

people further away from the big smog as I call it of Melbourne / Nom Sydney, similar to access the survey were, how can we sort of, make sure it reaches more and more of those?

Found him the proverbial cattle station or in the middle of know, the proverbial middle of nowhere to make sure they get represented because their views are really really critical to absolutely. I mean someone who is from a rural area myself in town and Rural Tasmania. It's been an area that I've been personally really passionate about is making sure the voices of queer and trans people or communities are captured in National research. And so, it's something that really interested me and important,

That our survey reaches people all around the country not just in those inner in urban areas. And we also mean we see from our previous work too. But you know, we've been able to show that we see increased challenges that communities in rural areas face but also real strengths as well in terms of that Community Connection. And yeah, really great initiatives that happened in Rural and Regional queer communities, which is awesome to capture. So yeah, I mean we're Working and we really encourage local organizations and Community groups to get behind the survey and share it in your network. You're having, you know, events in local local communities. Please share. Share our information about the survey for the work gets out far as possible often find word of mouth is really important especially to connect with folks who might may not be super can like you know rainbow queer community connected but still want to have their say and we really want to hear from them.

I'll just have no idea instead of watch parties we could have private lives for survey pie. Yes that was so great get together and support us, Great Australian query, search this, hmm party parties a embarrassed. I say, seriously, I think you know, whatever of course gets people together and doing it and the last group that I specifically wanted to touch on a people with what Society might term as disabilities / differently-abled. So I'm particularly thinking Ring site. But there may be other things to consider neurodivergent, others that compared to people who meet, I'll save the various ability expectations may make it more, you know, more challenging all other things being equal. How are people with disabilities account catered For sorry, in terms of private lives. So for yeah, well, it's been something. We've been able to build on through a range of projects that my team at the Australian Research Center and sex. Awesome.

Society has done some really great work partnering as well. With the team at spawn Harbor Health in Melbourne to do more work around that intersection of queer and trans folks with disabilities. Yeah. And so from that learning and through that working with Community we've been able to develop a specific section of private lives that asks about experiences of folks with disability. So it's really important that we can have that so understanding about About inclusion as queer. People within communities of people with disabilities and also inclusion within the queer Community as someone with a disability. So, it's important that we can break that down. The servo has been developed in close consultation and co.design with with queer and trans people with disabilities themselves which has been great. So it we've been able to make sure the survey is accessible. That can possibly be. It is a bit along sir.

If a so if you tell you that straight away. It's yeah, it's a takes a little while to get to it but it is really important and we really thank people for their patient. Little really great thing that we've been able to do this time, around with the help of the accessible tried team at Saint Harbor health is to develop a world-first easy language version of the survey for people with intellectual disability. So that has involved a translation of the whole survey into easy, easy read, That's designed.

To be accessible to folks with intellectual disability. So it's a really amazing that we're able to offer that for folks who need it to make sure that some of the people who often voices don't get heard in these. These National surveys can have their say, through this, which is really great. Look, that is, that is excellent. And the survey let's say, is accessible for people with, you know what, Society calls site. You might be sight impaired, hearing impaired, that sort of thing as well.

If yeah, absolutely vital, as you say, you mentioned something. There you go. You grow at you, our current wasn't actually, it's just gone, completely half out of my head, whether you're currently or grew up or both in a regional and Rural part of so-called Australia. Typical if it's okay to ask, can I ask you to tell a little bit about yourself and how you got into research and career research and all that sort of thing? Because it's

Pc. I can hear the passion coming through in your voice. That this means a lot to you and your team. Where did it? Tell us a little bit about the Ruby? Ruby Grant story, thanks Ellie? Yeah, absolutely. I'm really honoured to get to do this for a job because it's I feel like I would just do this anyway, just get paid to do it. So I grew up in literally to Tasmania and in the south in Hobart, in a country area out of the south of Hobart.

And I've always been really passionate about about lgbtq rights especially being in from Tasmania and growing up in the 2000s here where we just came out of the recent decriminalization of homosexuality in 1997. So it was yeah, I have a lot of pride of being a being a queer person and from being from Tasmania as well. Given that history in The Amazing activism that our small community has shown that has taken has it from being In many ways, the no thought of having some of the worst and fashion laws persons laws for queer and trans folks, to some of the best in the country, which is, yeah, real point of Pride. So I guess coming through that lived experience of growing up through that time. Having close family members who are impacted and then yeah, you're getting to UT and being like, you know what, I want to be able to yet take my love of research and channel that back to the community has given me so much. So Yeah, I read a bunch of research on lgbtq+ people in tazzy over the last 10 years but some of the first research about being queer and living at a z specifically which has been great to work on over the years. And I've now been in the last four years working at at Latrobe uni, in Melbourne, where you can kind of take this show on the road, I guess, get it. Get it all around. Yeah, look honouring our Pioneers past.

Still going from Tasmania paper while I'm gonna name a few Rodney Chrome. Martin Delaney Jen van Acherton the late Roz Houston. Amongst others who did so much to as you say sort of pull Tasmania from being way behind to doing incredibly well on so many fronts. It really is sort of great to see that these that Tasmania has come a long way. So yeah, sort of how can therefore people access the research. What's the way to dive in or say regard? Also, regardless of any background, where do you start? And when do we, when does, when do you have to have it done by went sorry. When two people have to submit their input, buys a better question for the survey is currently running and will be open until the 1st of July. So there's a little bit of time. We got the whole Pride months to to have your private life as party.

Right. And so what you can do, I mean you can just in a search engine search private lives for and and our website will come up and you can read a bit more about the research. Also, the history of this important survey and see the output from the previous iteration, or you can a direct link to the survey itself is tinyurl.com forward, slash private lives for and why you go by whatever means that you need.

And you touched on the fact that now understandably can take a sometime. So if what would be a will say, the median time, give me 0 and there will be ups and downs for some depending on how much you want to put into some of the qualitative answers, Etc. But what would be a rough expected time. So people can block it out. Particularly maybe if they're, you know, in an environment it might be they need to get to the library and use the library internet that sort of thing or maybe they're not in a 100% safe environment.

I'll do it when you're young, you know, site and still living at home. Mom and dad are out of the house where you can do it. That sort of thing. What we know, what are the sort of time periods that you might need. Yeah, it's a, it takes, it takes about 20 to 30 minute up. Okay. So yeah, block out some time, sit down and the hand, and do it. You can pause and come back to it.

Your, your computer should remember, should remember you. So, if you don't finish it all in one sitting that's okay, so yeah, there is

Adoption so excellent. Well Ruby. Thank you so much for the work that you do and your dedication. You know, it really hearing your story there, I can, you know, you can feel that you're your heart as well as your rhino very much behind this and that can only produce good results. I think for our queer, communities, and inquiry and intersectional communities. And so I'm I'm with you. I just urge people to find that half hour.

Put the headphones on and have whatever you want in your ears and have a beverage caffeinated, beverage of your choice which we are known to do in a Melbourne apparently and yes get it done and contribute so we can then you know and assertive and safe way to tap some you know influences politicians and policymakers on the shoulder and say hey here's what's going on and that's the other thing. I just might ask I mean I know obviously once it's All in after 1st of July might take time to collate but it do you have a rough time frame for a launch after 1st July? Great question, Sally. We are hoping to launch it and early in the New Year in 2027 because it has taken to take a little while to bring everything together. We're also working on the equivalent survey, which is now completed for people aged 14 to 21. So we're crunching a lot of numbers, but both of those surveys together, Are going to really directly create impact. So they've been funded by the federal government by the Department of Health disability and aging. And so there's findings will directly shape government policy service provision and funding and a whole range of things. So it is it's not the kind of research that just sits on the shelf and doesn't get doesn't get meaningfully translated or share with communities. We're so excited to hear everyone's voices and then to be able to share it with

Everyone in the new year look, can't, you know, can't wait to see but in the meantime we just urge people get in there. As we say have those pride month, research parties get together, you know, if we can do it for Eurovision We can do it for an important thing. Like private lives for Ruby. Thanks so much for your time on this Sunday afternoon, all the best. And yeah, looking forward to perhaps talking to you again early in 2027. When we have that report in front of us. Absolutely, thanks so much for your time. So we appreciate it, why? Now, thanks very much dr. Ruby Grant from the Australian Research Center in Sex health and Society talking private lives four and yes I will put a link to the survey in to our podcast today. So you listeners can do it and contribute and make sure that we have all the accurate research we need on what needs to be better so we can be have truly equal Equitable and just lives in queer and Optional communities. All right, let's have some more musics and we're going to play two. Now attract by Tina Turner with David Bowie and this is tonight live at the NEC in Birmingham. 3. CR 855 am 3 CR Digital 3, CR dot org dot EU 3 CR on demand out of the pan with Sally

Out of the pen thanks gokindly Only for their sponsorship of this program. Go kindly creates high quality locally made bedding donating, 50 percent of profits to support women and gender diverse. People experiencing housing straps check out go kindly Dot com.au and take their pillow quiz

Bi Plus Pride Victoria is a not-for-profit organization dedicated to equality and justice for multi-gender attracted people, including by hand, regardless of label, or No Label at all. We organize community events and advocate for better policies and services. By plus Pride runs discussion groups, which offer a safe and fun space to share your experiences. Ask any questions regarding your sexual identity and provide peer support by plus pride is especially Keen to hear from multi-gender attracted. People in Regional and Rural Victoria donations to buy plus Pride are tax deductible for more information. Visit our website at bi + Pride Vic dot org dot au, email info at 5 + Pride Vic dot org dot or find us on Facebook or Instagram at 3 CR supporter.

3 CR 855 am 3 CR Digital 3, CR dot org dot a. You 3 CR on demand out of the pan with Sally first broadcasting known through one every Sunday afternoon. And thanks very much to our

ongoing sponsor. Go kindly for their support of this program and this station. And yes, the bi plus this prior discussion group is on this Tuesday, Now, register by humantix and it's the same link every month for the rest of the year, which is incredibly organized. And yeah, discuss all things by plus. And once again, happy pan. Visibility day, musically, we just heard from David Bowie, and with Tina Turner, and tonight from the extended Tina, Turner, Private Dancer album, and, of course, we opened up at this time of the year with private Idaho by The B-52s and well, you know why did we fix the play that song? There could be a logical reason because, you know, we're talking well, some pretty devious people there and they may be featured in a an event. Next, Saturday afternoon, put on by the Melbourne Pride chorus and on the line to talk about that event from the chorus is the head of the basses Josh Josh welcome to out of the pan on 3 CR.

Sally how are you? I'm really really good. Hope you are too. If it's okay to ask just to check in with which pronouns you use if any and you you take him and also just to check whichever at your Aboriginal lands, you are on. At this time we're in Jerry Warrior alliances where I'm calling in from. Excellent. A a good a good place to And a good place to be will. No doubt. They are sort of be with the Melbourne Pride chorus. Next Saturday, the 30th of May because you've got a great event on called Diva, there's sort of what, where to start just sort of, you know, sort of, first of all, the chorus is now been going. I think it's tipped over 30 years by now, hasn't it? Yes. Yes, that's right. So well, We were the first in Australia for lgbtqia+ choir that was established. So we're thrilled to announce Diva our night with the Stars so it does link quarrels over celebration of the voices that have defined modern pop and icons who paved the way was there. Any follow-up questions daily or would you like me to jump in on what to expect from the from the performance? No. Don't dive in for it. What sort of things tease us with? You know sort of what Um, the show, you know, Diva and night with the Stars could involve, you know, what sort of music do you sort of touch on and which Jesus maybe with a couple of artists and sort of all that sort of thing, go for your life. So, taking to the stage for two, performances are only on Thursday, the 30th of May at James Bullard Auditorium in Hue, at 3 p.m. and 7 p.m. Deva will showcase powerful up lifting and Unforgettable car. So Renditions of some of Pop music's most beloved answered. So audiences can expect a spectacular musical Journey spanning generation from today's chart Toppers to time with Legends featuring songs made famous by boundary breaking hardest including Billy eilish Alanis Morissette. Whitney Houston, Taylor Swift and Elton John the concept celebrates the Stars, whose music continues to inspire Empower and unite audiences around the world known for its vibrant performances and commitments are celebrating diversity through song Melbourne. Forest brings its signature energy pot and Harmony to this joyous production Deva is a tribute to self-expression resilience and enduring power of pop music to bring people together. Whether you're here for the classic. Today's biggest hit, or simply and not a feel-good, entertainment Diva a night with the Stars promises are Fierce fabulous and Unforgettable Concert Experience. Look, I just absolutely amazing. I mean, you know, the as you say the Melbourne, Pride course, well, sing along, singing on for a long time. I did, in fact know, I must have had a five-year memory Gap or something with over 35 years. That's a lot of seeing. How many people do you know, have in the Melbourne Pride chorus, on average day for a performance because it's a lot of people to bring together exactly. It can be a bit of a logistical nightmare to get everyone to fit on this day. Age. But there's only got 60 of us that commit to the performances when you know, when the, when the timing is right. Where the numbers are good and it works with everyone's busy, busy life, busy schedule, being a extracurricular task for us all, but it's a, it's a great Community. It's you know, some great uplifting spirit in amongst the team. So 60 of us on average and I think in

total or all on the books we've got it you know about 80 85 then there's so that's a pretty good turnout. Yeah. Now look

It's amazing. And I mean, you also have on one notch again. I may have lost track a little but how, you know, sort of shout the, the youth queer chorus going as well. Yeah, I've heard really great things about their current repertoire and how the team's going there. I used to be a shout, see myself, that's how I started in 2020 with Melbourne, Melbourne Pride course is you know youth course shoutin. Um, that was a lot of fun. It's it's a good Community is

So it's a 18 to 30 year old catchment in there. And yeah, we're a good crowd of had some lifelong friends. I'd like to think of them now. You know, six years down the track and with milk very closed and patch up every month or so and yeah, it's a very good Community. Yeah, look, it's you've touched on something. I just wanted to ask, you know, you I mean you obviously I don't know why you might have gotten in the first place but, you know, Community could be a reason.

You know was there anything particular made you want to get involved with shout and now the Melbourne Pride course what was it for you? That said yeah this sounds like a good thing sounds like a good harmonious sort of thing to do. Yeah I've read I did a bit of research into it so I wanted to come to connect with Greek communities so at the time I was playing a queer sport as well with the volleyball team and wanted to also do some singing knowing that

Actually it's quite a good activity, it enhances, you know, your physical well-being, you know, your search psychosocial well-being, as well as I guess physical well-being and it all sort of ties in and that's exactly what I, what I got out of it, you know, and continuing our sport as well and, you know, and we acquire and having a community of like-minded people around me. I feel like I'm maintaining a really good psychosocial, balance and physical balance, and yeah.

Has some great people to catch up with after practice after rehearsal. I'm feeling quite fulfilled in all those aspects, then I couldn't see myself ever giving it up on hoping to continue that, you know, forever. Now, you know, it's been really good. Look, sounds amazing. And yet there, of course, lots of queer Sports, queer friendly Sports environments, such as, for example, I'm not sure if this is the one. You're in Melbourne, spikers volleyball club, have been around.

For years. The wonderful 16 honors tenpin Bowling Club, many many others. There's a great place. I mean Melbourne a couple of great sort of fitness places in Melbourne conscious combat, it's great that we have the you know the full diversity of you know it seems like we have a full diversity of queer events for queer people and I think that is sort of Now sort of really, really important. That that's the case. So yeah, it's great.

That you have that connection. I'm just going to add one thing which is just a plain curiosity one, how do you fit in things called paid employment with all that going on? Look, that's that's a good question. I think the commitment and the passion is really the big answer to it. And you know I'm a individual that I can't still we know I've always got to do something and by channeling you know no overloading my plate but having a busy you know schedule keeps me more saying and helps me sleep at night because if I

Feel like I haven't done enough through the day, you know, I don't really sleep to be honest though. I need to keep myself busy. I need to keep my plate loaded and just blood to prove to myself that I can Excel by doing so, so it's passion that that's where it comes from. Yeah, no, I think that's so important bit of a theme for the show today. I mean, our previous guest was talking about private lives for, you know, passion for research. And it is that passion that can drive community-based.

Activities. So I think that passion will definitely come across in Diva a night with the Stars next Saturday. Now I've got a tongue tongue wedged firmly in cheek coming out. The other ear type of question. Is there room for people to sing along with the performances? Absolutely, we do encourage that, you know, people to sing along and clap along and yeah, if I participate, you know, it's about a whole, you know, everyone in the room, it's about bringing the energy.

Gee together with the audience. Yep. A good and such a good time of year to raise the rainbow energy as we sort of finish. I to Hobbit month and heading to pride month. Brilliant timing as well. So that keeps it, you know, sort of going along. I think we've sort of sort of got things covered better as anything else you'd like to say before we mention once again, the sort of when where, when where how type of stuff to make sure people who want to get to the event can do. So,

Absolutely. So just a reminder that's 30th of May. That's next Saturday, at 3 and 7 p.m. our matinee show and our evening show. And that said, James to Taurus Auditorium in cute and you can find it on the upcoming events part of their Melbourne, Pride Chorus website. Just threw a quick Google search. Yep, up will come, and you're on the various social media platforms as well, and well, it sounds like a lot of fun. And I think it's, you know, these sorts of fun and

Fun things that bring up the energy at what I just think, are opposed to queer people any time to queer and allies. So let's do it. I like what you said earlier that Dave is a tribute to self-expression resilience and the enduring power of pop music to bring people together. That sounds pretty, pretty good to me. Well, I can say, James is keep that voice looked after. We'll see if we can get a cough lollies or something to sponsor, The Pride course, just to be sure. Sure. But, you know, all the best for the gigs next week at the James to Tool this auditorium at 2:07 Barkers Road Kew and yeah, because for a gram great couple of shows. Excellent, thanks so much Hayley. Why did she there it is? Josh from the Melbourne Pride chorus on 3 CR talking about the two shows next Saturday in Kew 3 and 7 pm and Josh head of the head of the bases and sort of section leader to be precise. So, all the best for those two shows with the chorus and I'll also put a link to the chorus and all the ticket sort of needs into the podcast for this show. I'll just grab a couple of quick messages and then come back. Wrap it up and tell you About what's happening on 3, CR for the rest of this Sunday afternoon. You're listening to out of the pan 3. CR 855 am Digital 3 CR dot org dot a you and On Demand with Sally

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The workcover system is broken, delays denials and profit. Driven decisions are hurting real people physically mentally and financially, add your support to the call for change by the injured. Worker support team visit the parliament of Victoria website, find the legislative reform for workers compensation system e-petition and add your name. Stan, with the I WS T and Injured Workers demand a system that It is centered on, recovery dignity and safety sign. The petition today, I WS. T is a 3 CR supporter.

Hello. This is Leroy McQueen and you're listening to out of the pan on 3 CR.

3 CR 855 am 3 CR Digital 3, CR dot org dot a. You 3 CR on demand out of the pan with Sally first broadcasting known through one every Sunday afternoon. Thanks for your company and your rotations at 2 p.m. But before that, of course the Fab crew from freedom of species talking all things animal, advocacy, vegan vegetarian similar, have a show at 1:00 on dating as vegan. Rotations at to someone will spin in today, clearing the air with Madison and team at 3:00 p.m. all sorts of in-depth analysis on a range of queer issues and great conversations and meow, meow, meow, meow, you'll have to tune in and find out what that's about and Salam Radio Shot for a great afternoon of listening in your ears on 3 CR. And wow, I just, I've been what one of those coincidental things on the show today. And that is the Passion of our two guests in very different ways. Yes, sort of dr. Ruby Grant talking about private lives for and the passion for research, you know, the heart right in it and then listening to Josh talking about his experiences with the shout, the Youth Chorus. And now the Melbourne Pride course, and how much it means to him, it is just such a boost when the heart is there. And

very, very important in these challenging times. All sorts of nonsense going around. Of course, as we know, for queer communities, particularly trans people. The well, how I'm trying to be polite here as much as I can, but the reactions I suppose, it is a neutral word from those who disagree with the decision handed down just over a week ago, by the federal court in the tickle versus giggle case and just the hysteria that's being with that is enormous and I think we've got to keep our calm. I have not heard yet whether anyone from the Liberals Nationals or one nation will try to introduce bills into Federal Parliament this term. But it seems some people are claiming that and the thing is, what do we do to counter them? I mean, you know, signed petitions that say no, don't introduce those sorts of bills. I wonder if those sort of tactics are getting through to our politicians at the moment, particularly on queer issues. You know, we have to find the tactics that work and get it back and put that strong lobbying voice in their ears, that says, there's no vote advantage, or certainly. No, net vote advantage. Mean, it's all very well for those three, three parties. I mentioned to have a go at trans people and whip up emotive issues about women's safety and women's rights. When we know the real cause of for women is men known to them and things that happen in their own home. And it's nothing really to do with custody or anything else. And the thing that I always wonder, is what happens when you have a violent cis woman? Where do you put her when it comes to incarcerating her if you have to? So, you know, I think that once we are sorry that was a logical question. Now that would never that wouldn't get a debate on, that wouldn't be allowed on mainstream. I'll slash commercial media, Etc. That's why 3 CR is here. And as Andrew mentioned on out of the blue radiothon next month, it's only whale three weeks away. I'd better get myself firm planning for it. Please support this show and others on 3 CR when it comes to radiothon because we need your support and trans people in particular 3, CR proudly, proactively fighting back against the current ... As, as I say, trying to find polite words Malarkey that exists out in the world that trans people are facing anyway. I better get out of here, Make Way for freedom of species and all the great afternoon lineup on 3 CR. I'll take it out today with a 3 CR exclusive from a few weeks ago when Max on was on the program. Here's her track, everybody. Thanks for tuning in to out. of the pan. I'm Sally Goldner make sure that you stay difficult but stay happy and catch you next week.

You've been listening to a 3 CR podcast, produced in the studios of Independent Community, Radio Station 3. CR in Melbourne, Australia for more information. Go to all the Ws Dot 3, CR dot-org.