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Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond we'll throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org dot au.

3 CR 855 am 3 CR Digital 3, CR dot org Dot 3 CR on demand out of the pan with Sally first broadcasting noon Sunday's Australian Eastern Standard Time. Yes; where well, the time is standard but 3 CR s radio is always exceptional and I'll talk about that in a second. What a way to open the show.

How more importantly than anything we open the show by acknowledging that we're on Aboriginal lands of the Kulin nation at the overlap of the Wurundjeri and Bunnerong peoples and we pay respects to elders, past, present and emerging. Hello to any Aboriginal, Torres Strait Islander, First Nations people tuning in and we acknowledge that all the lands were stolen and never ceded.

I'm Sally Goldner, I use the pronouns she and her and this show is out of the pan a show covering as I like to jokingly say pansexual issues knowing no boundaries of sex gender or Genre and we'll certainly be talking about that today. Introduce my wonderful guests in a second at 12:30. I have another guest on the zoom waves and that Sam Nicoresti who has a show in the Melbourne International Comedy Festival. But it's all arts today. If you want to communicate with me about all the yartz (sic) is that y artsy you can do so on all the modern means of technology.

You can email out of the pan 855 at gmail.com; SMS. 6, 1 4 5 6, 7 5, 1215; Twitter, Mastodon bluesky, and Instagram at salgoldsaidso and that's the bottom line. And look for posts on Facebook under my name, Sally Goldner AM and out of the pan 3 CR 855 am Melbourne. Postal address PO Box 1277 Collingwood 3066 any opinions are expressed on the show on my own

Don't think there'll be any content notes today. I think we started with a positive content note because joining me live in the studio on vocals was Maxonand accompanied by the wonderful Naomi on guitar. And when I heard that song, Everybody, Maxon and it was just like, oh I've been uplifted and soothed at the same time. It's like having, I don't know, coffee and antidepressants or something together in a nice safe way. Welcome to 3 CR. Thank you for coming in, particularly on this long weekend, and Easter Sunday.

Yes, happy chocolate eating day. And yes, indulge in a well, identically and sugar. I'm out Safeway, everybody. Something though that well is, as I Say safe And Beautiful. Was that song? I'm just going to start their what inspired you to write? That particular song, everybody. And thank you for playing it live, too.

Thanks for letting us be here. playing it in this beautiful space. I love 3 CR been here once before and it's just yeah I just love the community Vibe here. So now and I wrote this song Together actually we've written this. There's a whole album coming that we've written together but this particular song We felt like the album had touched on a lot of themes to do with unconditional love and but at but a lot of the pain that comes along with searching for them unconditional love. So we really wanted to piece the whole record. God together with that, you know, that message that we all belong, you know, we all belong in this world together and, and we all connect and it's, it's just as big. Yeah, it's really just a big

Love Song and that's why I when we recorded it, we made it with a choir so that we could kind of get that message across as a big unit, you know? Yeah, well, let's get the just, let's get the shout out to the choir with a whoo. Yeah.

Killer choir. Sorry. No. So there was a cold out that we did on Instagram, just for people to come along. So it was made up of community members. Wow. So we're from we live on Bunnerong country in Fingal and the Mornington Peninsula. So it was a few people from there. Some people had already come from different choirs and then a few people from Melbourne and some artists as well. I don't know if you know Kerryn Fields. Yeah, we all love Fieldsy and a few other people.

As well. Marty Williams in cousin Leonard and it's just, it was just a really great way to spend. I don't know. The, the final pieces of making the record. It was the last. Yeah. The last bunch of stuff done in that space and celebrating with everybody cool. I doing don't do indeed, well, no of keratin fields, and well, I'm going to eat meat her on Thursday night. I'm doing a song writing workshop with him myself which I'm really looking forward to being squeezed for us.

I will get Kerryn and enjoy a consensual, e-squeeze. And let's go back a bit though. Where did the, where did the love of Music first? Where did you first become aware of it? When did it all start? And those sorts of things, influencers. Anything you like, in that sort of broad ballpark,

I think when I was younger, I always sang before. I could string full sentences together. I just liked making noises like the sound of my voice but when I decided I really wanted to learn music. I one of my brother's friends actually played the piano and he was phenomenal. And I saw him once in an old person's home, playing for them. And there were tipping him with money and I was like, oh, this looks like a good job little did I know I'm not making that much money doing my music nowadays but what artists not making money. Sadly who'da, think it go, he's been yeah I I begged

After that, I begged and begged to have piano lessons and was lucky after. Yeah. All of that begging that they took me to pay lessons but they wouldn't buy me a piano for a very long time until I showed that I really was into it and so they gave me this cardboard cutout of a keyboard. And I took it everywhere like to the supermarket to the shops. Like everywhere, we went tapped on this thing, like I was so obsessed. And then ya became obsessed with singing and making songs so they, yeah, they

They did it. They got me a piano and it was kind of history from there. They went. And so that, that was, well, as you say from as long as you can remember, which is pretty cool. And now you're playing a way. I was going to ask you. You, I'm recently. Did the Seven Sisters Festival child? Well, some tennis for the last 16 how was that? How was the gig? How was the feels down at the festival? It was beautiful and they are doing it again. Oh yeah. So it's I'm by popular demand.

I'm not breaking news. Yeah, hopefully not. I'm pretty sure someone's taking over. They didn't say it was a secret, a secret when they told me, so that's okay. But it was, it was stunning. It's a beautiful Festival where it's a very, um, it's very safe and you feel free and comfortable to express yourself and sort of and just connect with so many women. It's beautiful. Yeah, yeah, it's incredible. Yeah, everybody would have just fitted in perfectly.

That ground alone is like yeah the space it's on. It's yeah, it's yeah, I did. I went to a Seven Sisters Festival. Well, it seems like you know ages ago. It was BC before Congress so that's here he knows when that was but it I did like it did feel warm in a energetic sense there which is really, really cool. Who do you want to do another song now? Yeah.

Well, let's do it and which can tell us a little about this song first time so it's not a complete surprise for our listeners. This is our latest single, it's called Little Blue and it was written for my baby brother who's not a baby anymore. He has a baby of his own but I was deeply just affected by something. He was going through, and I wanted him to know that we loved him and it was just an

Overall message in the end to check in, on your loved ones. So this is this was 4-H, it's called Little Blue. All right, and I'll let you, I'll turn my microphone off and you can get it whenever you want

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3 CR on demand out of the pan with Sally first broadcasting known through one every Sunday afternoon. Thanks for your company. Now back at Standard Time, and nothing standard about the beautiful track. We just heard from Nairobi. Sorry. No me on guitar with Max and on vocals and that song was little blue. Tell us a bit more about making the album this with this is the debut album if I got it, right? Yeah. What was that down? How did it I'm going to ask? How did it feel? Because I mean, you know, sort of I suppose that's, you know, sort of musicians, immediate positive lot of musicians. It's fair to say. I think that would be their immediate sort of medium term goal. So what was it? Like, making it, how did it had it all feel? That sort of thing.

It's been a very long time coming. I've been doing music for about 15 years but I just, I didn't know that. I could tackle it to be honest and then I spent a little bit of time away from music and long story short was really not doing too well not singing and writing and expressing myself. So I picked up the guitar after 6 months of not playing or singing at all and wrote a few songs and just felt like myself again. And so I decided to properly go for it in that moment and released a couple of singles and then went for a grant and got a grant to make this album and it just allowed me a bit of space and time to actually do it and feel like a actual are artists for the first time in my life. So yeah, that's that's kind of why we got to start making the album I made a single with the producer, John O, steer who's incredible. And after that, I was like, I definitely want to make a record with him and yeah, and now, here we are a few years later. Yeah.

That hero and you've, you've tongue-in-cheek, you've worn my heart even more because you used the word record does remind me to ask? I mean, what formats is talking with strangers, available on I suppose. It's a good question to ask at that point on bandcamp. Of course you can get the digital CD or vinyl at the moment. I'll sew these on CD CD. Yeah. Middle technology. People like me. I just like that piece of. It's like a little piece of artwork that you get to take home with you after a gig, right? Yeah, absolutely. Which leads up, breathe. You should be On radio gigs. What we talked about a gig that you've just done, what any gigs in the proverbial and pipeworks coming up anywhere. Big big small pubs is Rod, Laver Arena. Know, we will eventually be doing a bit of a tour around the country but we're playing with our seven-piece band for the album launch in May at the top in town. May the 7th May the 7th. Uh yeah from the town. Yeah but doing a seated show and I've got my good And Tom Millington doing a sound healing prior to our performance. So he'll be bringing all of his bowls and traditional instruments and they'll be it'll just be a nice calm environment for everyone to walk into. I'm really excited for that because I hate getting to a gig and not knowing what's going on and being really over stimulated. So I just want everyone to come in, take a seat feel, feel really good, and then we're going to make them feel even better. That's the goal. Over stimulated and do I detect in your own food? Look, I'm not diagnosed but 100%. Yeah, yeah, yeah. I think we just call ourselves spicy brains. Yes, I see creative brains. So, um, yeah.

So we're about apart from gigs. Can people buy and bandcamp, just to make sure I've got all the possibilities that can people buy your album in what ever format?

Yeah, in the app. So the vinyls will be coming very soon. If anyone lives on the Mornington Peninsula, we're doing home delivery with Cups of Tea. Oh my gosh, and we're really excited about that. And we've actually had a few people there, like will make you a cake and let's, it's going to be a full Affair. We're going to have a great month, delivering our vinyl. But yeah, band camp is probably the best place to go and do that. And my website as well, which is itsmeMaxson Yeah.

And that is also your Instagram handle as well. It is there are there any other socials Instagrams, the best place?

I think I'm across all of the other things but I don't do it very well. Yeah, well it says me he got the last particular platform up at one minute to midday today. Yeah, I feel soooo. Yeah.

So and of course, the album is well, the official release date is this week. April 8, say Wednesday. Yeah, at one minute. After midnight or yeah, it will actually be get one minute after me that you all right. Cool. Australian Eastern Standard Time. Oh look, I'm talking of that. I wish we had more to discuss it, but I'm I'm really appreciative that you came in, on the long weekend, both of you

and it's like we're off to a family lunch. After this, we're excited to be up in the city. It is Not a not a frequent Venture for us in the be smoke.

The big smog as we call. This is not something, but look will enjoy the lunch, enjoy the weather. But most of all, enjoy the music, keep creating beautiful songs for us all. And yeah, have a wish you a fantastic career. And and yeah, have a great lunch today. Food is good.

Thanks for having us.

We're all riding all look. It's it's just a pleasure to give Independent Artists like yourself, that voice, that's what 3 CR is here for with all those musical styles. So yeah, we appreciate it. It's a win-win. And what is not a win-win. Is that is a slight technicality here which we will fix but yeah thanks for coming in and have some more music while I get my guest on the zoom. Next guest on the zooms and ya 3 CR 855 am 3 CR Digital 3, CR dot org dot U 3 CR on demand out of the pan with Sally

Out of the pan thanks gokindly for their sponsorship of this program. Gokindly creates high quality locally made bedding donating, 50 percent of profits to support women and gender diverse. People experiencing housing straps check out go kindly Dot com.au and take their pillow quiz.

3 CR 855 am 3 CR Digital 3, CR, not all got a q 3 CR on demand out of the pan with Sally first broadcasting noon through one every Sunday afternoon. Thanks for your company and we heard before, but we just heard from Jade star, and gender optimized 2.0 which seems like a very good trans song to me because we are and we also heard from our sponsors. Thanks to goKindly as always, and we heard from Jeff Healey a posthumous release from heal, my soul in 2016 and baby blue.

Well you won't get the blues. If you go to Great Comedy Festival shows I saw a few during the week, I saw just dense less who with whom I chatted two weeks ago also have seen cabin pressure with Sonny young Smith, which was very funny. And also Jesse Ryan or guts. No, glory non-binary finery, but there's plenty of great comedy of All Sorts, but this show obviously wants to promote queer, including trans committee and I have one such person on the line now and she's in Melbourne for the festival. Welcome Sam Nicorestri to 3 CR.

Hi. Thanks so much for having me.

You are very, very welcome. And thanks for joining on this Easter Sunday as well. How what made someone else a tongue-in-cheek? Be silly enough to want to get into comedy.

I wasn't good at anything else, so it's it's all I have, really? Yeah? Would it would have loved to have played a trade, maybe gone into banking, but unfortunately jokes is what God Said. Furnished me with sir. Here we are.

Fair enough and you've recently had a huge run, which always, you know, I find amazing that someone has done the Edinburgh Festival, which of course, is one of the huge comedy festivals of the world. How was that experience?

Yeah it's this one of the biggest it was good, you know? I mean obviously easier for us to get up there because you know, being from from the UK but I've been there many years I always love going to Edinboro. I'm loving being in Melbourne as well. It's very nice to be in a city where the comedy is the main event rather than The Fringe on the sides a very different vibe. But yeah, I mean, I love that and I think it's a wonderful opportunity to see lots of really cool shows and have a good time and develop work and you know all of the politics of how unaffordable expensive it is, how much you get leached by the landlord's? It's it's an important thing. Yeah, yeah, well yes, landlords, I'm plenty of things, I could say, probably better not otherwise some some I could be in lawyer territory which would be a rich occupation. Like the bankers or dare I say Merchant Bankers with by some rhyming slang but we won't go any further. I loved the description of your Comedy Festival show in for Melbourne, International Comedy Festival which just had a range of topics for your show baby Duma which I think is I might ask stop there actually before I get into the description well what was the idea of putting that Up. As a, as a as a title, a name for the show.

Quite often the way that the festival Seasons work, you have to submit the blurb before you've written the show. So in all honesty, it was just one of the sort of words, spaghetti pan. Interesting, little names that I was putting out that kind of worked but also has ended up kind of working for the show. The shows a lot about starting hormones and like moving into a kind of childless Godless state of transition in which, there is no future for my loins. And so the idea of becoming a baby Doomer, you know, it's kind of there. And I'd also like, there's a lot of themes about Doomer ISM and being hopeless and helpless maybe less of that. Now, some of that materials got cut because I found more room for Joy. But yeah, I think I think the title holds up and does make sense but it was more of a cosmic Choice than a rash.

Go on fair enough. Yes, no, I do understand that idea of, you know, you've got to get these things in early and come up with the title and then shows, you know, evolved by by the minute and that sort of thing of all sorts of shows, comedy, or arts, or whatever else it is. There's so much in just the description on The Comedy Festival. Dot com.au site for your show and I'm going to start here. Quote, delusional, queer icon, Sam, Nick arrest.

He brings a glistening Diamond, our up stand up about love insanity and the hunt for the perfect skirt suit. End quote, that's probably enough to start with this plenty more listed as well. Pick out any part of that you want and tease us about how that fits into the show. And then I'll be honest as the show's developed has become more and more about the skirt suit, but there's barely room for anything else at this point. It's it is it is a show that takes the hunt for the skirt suit as its main theme and then diverges from there into many different stories about being in a kind of middle stage of transition. I've done to trans shows. Now, I may do a third, but I might not. And the first show was very much about early transition. All of the questioning and self-doubt and arguments and internalized phobias.

And reds and fears that you have. And then this show is a lot more about like reaching a point where you're finding community and you're starting to come into yourself and your kind of

realizing that like it's a lot easier and you can relax into it. Like not everything is so heavy things can just be light but also like the world outside is still on fire and everybody wants to kill you. So it's like marrying, those two things and taking the skirt suit as a I don't want to play just a metaphor because it genuinely is about the perfect skirt suit.

But, you know, it's about shades of light and dark and two pieces and their cotton means and everything and the skirts. It just seemed to encapsulate, all of these ideas. I wanted to talk about and it allowed me to write off any skirt suits. I bought as tax deductible so oh yes, research costs and all that sort of thing which exactly. Yes. And you have to leave, how much was gonna skirt suits? Well, there you go. Yes. Well you've got to do shows, right? And you know, it look at to use from they trying to count or not, I am a legal tax specialist in Australia, Its expenses incurred in the that are in the creation of taxable income. So yeah, so it's Australian buses as well. But look, you've touched on something which sorry I cut out. I just got to say next year, I'm going to do a show about buying a house. Ha ha ha ha. That's my idea, might makes nights copiously.

You know, see if I can make it - straight to my listening, sorry, I encourage anyone listening, just go to know the mic night, do five minutes about your mortgage you done. Yeah. Some more Australian tax Lang negative gearing. There we go. In comedy. That's I like that concept of gearing. I like that a lot. Yeah, negative gearing that I have a lot of negative gearing in my life always assign hormones. Am I, right?

Yes, there can. There can be negative gearing in all sorts of lives. That's a great play on words. Oh, well I think we'll have to take out joint copyright on that one. But on a serious note, I mean I think it would be almost remiss of me. I mean you know tree and we talked about the difficulties of translife the world out there that sort of thing and look the UK. um, you know, we, you know, this is only, of course, what we can hear in the media. You know, we're aware of the, well, I'll be black like a blunt on this show. The ridiculous court case, which was appalling in terms of process in terms of outcome. Because there's no such term is biological sex anywhere in the law and all that sort of thing. But it leads to the question, what is, you know, from your experience either subjective or whatever is going. You've heard what is life like for Trans people in the UK say in the last 12 months or so.

Well, we're all holding our bladders. Hmm. I'll say that, none of us have been to the toilet and public in over a year now. And we are absolutely busting to go. I mean edit, it is getting drastic out there it's, you know, the I think obviously it's bad. I think it's bad. The world over. Like, everywhere you go. There are a lot of laws being put in place like, India, trying to introduce it. Trans card system identification system I like very many bad things are here going on. In Australia everywhere is having the argument about trans women's inclusion in sports and you know the Army and all of these things like exclusion from public Life. Third space other ring, Britain has always kind of like led the way in terms of like bureaucratic legislation that punish minorities and marginalizing. People were very good at it and we exported that throughout Empire across the world. We're very proud of it but, you know, it's important to like I guess not forget that. Like we do still have community and the community is really strong at the moment especially where I live in London, but in most cities like Bristol, Manchester Edinburgh, Glasgow like there are there are really strong pockets of trans Community Dyke Community, protests resistance like Mutual Aid. You know, that these things that flourish in the cracks And I would always encourage any trans people that feel that they are suffering under the polished boots of authoritarianism to seek out Community because the community is resistance and it's love. But yeah I mean on a on a real note yeah the UK be bad? The ukb be a sort of a prison state to a violent summer saying run by Peter files but we don't you know what to say. Allegedly, yeah, yeah. Look, I admire that you can, you know, sort of find well, you know, sort of whole use the term dry humor in the midst of it, because, you know, it's just, you know, you're, I

think you're possibly the first person who lives in the UK that I've spoken to about this say, in the last year, which, you know, is just that's the way it's happened. And I do appreciate that you were willing to answer that question because it does bring home that thing.

You know, you know, sort of, obviously, where things are at and that Australia is having to fight hard against the anti-trans in general, right wing push. And I also, you know, the fact that you've acknowledged the colonialism in there, definitely with dry humor, but you've touched on that, I think is also commendable as well that you are able, you know that you are seeing that. And yeah it's you know

There's a lot to think about in that but apart from skirt suits let's come back to your show and in the Melbourne International Comedy Festival Sam. What are the topics the second paragraph sartorial emergency to the standing stones of Cornwall? You are also comes into it as well, but anything else about that the foot the things we mentioned earlier as well as those things that you want to tease us. About your show baby Doomer?

I would say the bulk of the show is about one story about a pride two years ago. First time I've been to transpire but I don't think you have in Australia according to trans people I've spoken to but we do do in the UK that happens during normal pride month and I was there for the first time and it is about me trying on a dress in a High Street retail shop and things going a little awry in A way that I think is very familiar to many women and I've learned is very common experience, many women and it's it was a traumatic experience that allowed me to like write a lot of material and jokes about the idea of changing rooms and taking the idea of a changing room as a Flashpoint for this, you know, this gendered space and the way it's policed and just trying to be like a human being operating in the world. Trying to be beautiful, trying to serve like and the shows.

It's just kind of about that. And then spirals often verbs or it's also about Gollum from Lord of the Rings and it's about nephews and it is about magic realism changing your name and cats.

I say those are the themes of the show cats. Now that's that's always a good thing. I mean, my opinion, as far as I learned in in Russian me some years ago, bazoo, makhachkala crazy cat lady here does approve of Costco. Bazoom Acosta, I love, I'm going to write that down. I love that. Thank you for sharing all that you are. And the pleasure is all there is is, Jesse Ventura pioneering. He'll wrestling commentator.

I would have said there is the obligatory professional wrestling reference in every edition of out of the pan at 1250 today. It's a running, it's a running joke on this show that what time will that reference be? So you're into your season already. So you've sort of got that sort of first-night nerves out of the system if I have it, right? How yes, you started last week with the close to the opening of the festival.

And so, you've still got shows left.

I did and I mean, I've been Tooting the show the show won the Perrier award at the Edinburgh Fringe. This last year, not to toot my own trumpet, but also promo. And it's just like being on a big UK tour and it's like, had a big Western ran and now it's here. So it is not the first time I've done a show. I think we're on about show 100 well. Now this point and it's always changing always evolving. I love genuinely. I'm putting in new jokes every day and taking out things and think erring. So, you know, if you want to come see it, even if you think you've seen it before baby, you ain't seen it because I've only just perfected the ending and it's going to be on a finger to the 20. No other 19. So it's not on Mondays, but there's you do the maths and amount of dates left. Yep. No. Yep.

That's right. You've Got Tonight. Sunday shows if I have this, right, as I scroll up and down are at 5:20 p.m. nd the Mondays. Yeah. So everyone can know why this Sunday that need to be a lie. But I suppose consistency, I'm so on the other Sundays people aren't out late on a school night as they used to say, you've got the AirAsia tight-ass Tuesday's on the 7th and 14th. And

you have a nozzle and performance on to, on Wednesday the 15th. So yeah I do, it'll be fun. That's the day after I'm going on puffing Billy. OhAnd now you're into Melbourne, you got I'm enjoy enjoy that. Yes I will if you I think it's got to be some material in there from puffing Billy although we love it here in Melbourne, it is and icon and you're right in the world the center of Melbourne at the Western, that's W E S T I N iStreet in the city. So very very Central for public transport ation and other things as well near the corner of Collins and swanston streets in this just across the road from the affected area. The surface where it is. It's it's very center is a big 20 Hotel. It's crazy in there. This is So Posh. Oh so well you got a mic. That's why you needed skirt suits. I'm you didn't want to turn up in your you know in your knee hold jeans or anything. You wouldn't have fit in.

Honestly they'd kick me out. Yeah, if you're going to come to the show, you got to dress sharp at eyes, you ain't getting past the doorman. I'll say that for free, all right, then as a friend of mine friend of mine used to call a trans woman friend of mine used to call skirt to, to Moneypenny suits, dig out your Moneypenny. So to people of all genders, or equivalent thereof, if you want if you identify as man or non-binary, but yes, looks wish. So look this just said, you know, I just I love the authenticity of the, the of the show and lots of trans Comics, putting their own slant on the world and making people laugh, which goodness knows we always need enough of that. So Sam, as we say in Australia and there is a meaning behind this, which you may have heard chokers, which is good luck for the rest of the season and your comedy career. And yes, thank you Chuckles. Yes. I was told it means Full House chicken tonight that sit your puffing Billy chokers. Yeah, you'll have to have to start China. You'll have to start changing your accent. You're getting really Australian Sam. I feel it as we used to say in the 1960s Beauty mate. Seriously have a great season, thank you for your time coming on the show today. Particularly if you are out catching shows late last night, this is very, very, very early. Although of course you got an extra hours sleep like everyone did last night.

So you've got an extra hour of being awake. But yes, yeah, well, look, you know, it can be a non-binary glass if we wanted to piss. Seriously, have a great season. Thank you for your time. And yeah, as I say keep keep up with, keep up all the fun and keep riding the gags. Yeah. Thank you. Sally. The glass is exactly. Where it's at, lovely to speak to you. And yeah, thanks for having me on place. Your catch light, apply and I Sam Nicorestri, there with baby Doomer at the Westin hotel in Collins Street WESTIN to it says, here on the site 205 Collins Street, right in the heart of the central business district, in Melbourne, in my best bad American who didn't check for sort of voice. And I don't know why I said that, but I did. And there it is. What I've what hey packed programme today. So many great trans and queer, creators out there. Thanks again to Maxon and Naomi for coming in. Thanks to Sam and we'll take it out today with music of some sort, but we got to finish off this. Oh, I have no idea cuz I used all my CD tracks and now I've got to find something. I know we'll take it out we go to freedom of species with Estelle Conley and Fiona which is a track that came my way through all the musical channels that I have and access a beautiful song which I liked as well. A dream, he sing a song of dreamy folk singer-songwriter hailing from Naarm Melbourne. So let's take it out with Estelle Conway and Fiona. Thanks for tuning in to out of the pan. I'm Sally Goldner. Catch you next week.

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