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Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond we'll throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org dot au.

3 CR 855 am 3 CR Digital 3 CR dot org, dot AU 3 CR on demand out of the pan with Sally first broadcasting noon through one every Sunday afternoon; thanks for your company.

3 CR broadcasts from the lands of the Kulin nations at the intersection and overlap of the Wurundjeri and Bunnerong peoples and we pay respect to elders past present and emerging hello to any Aboriginal Torres Strait Islander First Nations people tuning in and we acknowledge that all the lands was stolen and never ceded; always was always will be Aboriginal land.

I'm Sally Goldner I am your host for this show I proudly use the pronoun she and her and welcome to be listeners of all genders including but not limited to ladies and gentlemen and I define myself as a trans woman amongst other things and weyou have the right to use the labels we want not what anyone else says. I might go and discuss that later in the program.

Hello if you're coming, you're listening in anywhere from Belém Belém place in Brunswick where there is a secondhand spot market community lunch Mahjong drop in workplace, workshops Zine making and College Corner Speaking of poetry and pictures and it's York. We're neighbors Festival.

In Merri-bek city council along with lots of other great sponsors, including the state government, and the sticky Institute. And the constant, the con con Leo are high. Oh, fie fie, curiosity our 3 hosting, it all that sounds like lots of fun. If anyone's down there and wanted to report in and tell me what's going on, then? Yeah, please stop. It is also shadow, puppets, Chinese vegan food. It's all happening there, right here. R-right now won't be stopped won't be silent. So, yeah, get down there to Belém Belém place in Brunswick for your queer neighbors Festival.

We need lots of festivals and things and things were happening talking of which I went to an event during the week. The midsumma Festival launched. A wonderful event. gosh, it's bigger and better than ever some wonderful talking of. Well, acknowledgement of country. Some wonderful dancers to start us off and great to see them getting lots of promotion by mid-summer. So that's really awesome to see lots of great performance and seeing familiar faces Community is a good thing. In a time where although, we've got this wacky Social Media stuff, we can feel isolated. It's very important that we connect. If you want to connect with this program, there's lots of ways to do it out of the pan 855 at gmail.com SMS.

1 4 5 6, 7 5, 1215 Twitter, Mastodon blue sky, and Instagram at sell gold said so and Facebook my page Sally goldner and out of the pan 3 CR 855 and Melbourne postal address PO Box 1277 Collingwood. 3066 any opinions expressed on the show are strictly my own. Don't think they'll be any major content notes today so we'll do it if we need it, lots of things to talk about. We opened up with catfish one of Don Walker's bands, when sort of in the times we're cold chisel aren't together and it was his birthday yesterday. Happy birthday legend as I say, Australian musical Legend and that was from catfish's Second album Ruby from 1991 and too long and Don Walker can. Well, he can never be with us long enough. Lat such an amazing songwriter

And perhaps underrated voice is he, you know, he was sort of Tony Bennett or anything of music. No, but he just isn't expressiveness in his voice that I like. Yeah. So nice to have the queer neighborhood and queer neighbors festival. And as I say, also went to the midsummer launched during the week and that was great as well to be there and connect with Community. It's it to go on a bit long, suppose there's worse things happens. I'm not saying to the biggest problem in the world, but my I don't know. Maybe I am getting old, couldn't quite hang on till the end, but managed to hang out for the launch but great to see so much support for it. And I think increasing on diversity. Some people will not you know I think there might not be enough and some people are critical of Midsummer but I sometimes think we also have to consider that Midsummer is there for all of the LGBTQ+ communities.

We don't agree on every Dot and common or should we have to that's only mainstream saying. Well, if your people don't agree on every dot in common, we won't listen to any of you which is discrimination because you know, heterosexual cisgender, end, 06, Etc, people disagree all the time and yet they get listened to. So don't ever fall for that one. And I think Midsummer has to try to hold the place for the full Kaleidoscope of our communities. Not just in terms of LGBTQ plus everyone.

Sure 3 CR is considers herself, a radical Progressive station but you know, there are some people people identify as part of LGBTQ+ you want? So Midsumma tries to do that, I think reasonably well that may be a controversial opinion if you wish to disagree. Now then that's your call. But I like Midsumma and the two key events. Carnival and pride do mean a lot to me in terms of connection and energy and, you know, as I say nothing is perfect, we go can agree to disagree and all that sort of thing, and there are lots of vexed issues. I hope that we can have a, well, two things. I hope we can have no more than 30 degrees. If I can start with the light humoured one this time, but I also hope we can work out better things on participation and also, get some truth into the issues as they come along.

So, yeah, great to attend those launches during the week. I also went to the 3 CR, well, end of year, that Gathering yesterday we're getting in before all the before the rush. So to speak, great to see some great 3 CR peeps there as well. I'm going to have a chat about that and a few other things sort of in the next segment but in the meantime let's have some more music and

And this one is from the artist called space and this is the female of the species. Gee a gendered track on this program whodda thunk it 3 CR 855 am 3 CR Digital 3, CR dot org dot U 3 CR on demand out of the pan with Sally.

Consumer law touches on many aspects of what we do every day. Consumer action, Law Center has lawyers financial counselors and policy experts who specialize in issues such as unfair, contract terms and deceptive or dodgy business practices like excessive pricing or irresponsible lending consumer action. Law Center provides free legal information and advice and pursues litigation on behalf of consumers, experiencing disadvantage across Victoria, consumer action, Law Center, Currently focuses on getting Justice for people who have been sold. Lemon cars, ripped off by insurance companies scanned and denied help from their bank or if use hardship, concessions, from telecommunications and energy companies, find out how consumer action Law Center can help you at consumer action. Dot org, dot EU, the Federation of Community Legal. Centres is a 3 CR supporter

Out of the pan. Thanks gokindly for their sponsorship of this program. Go kindly creates high quality locally made bedding donating, 50 percent of profits to support women and gender

diverse. People experiencing housing straps check out go kindly Dot com.au and take their pillow quiz

3 CR 855 am 3 CR Digital 3, CR dot org, dot U 3 CR on demand out of the pan with Sally first broadcast in noon. Through one every Sunday afternoon. Thanks for your company. We just heard from the artist called space and the female of the species is more deadly than the male. Maybe, maybe not will be take sex and gender In terms of each individual as they come and go from there, right? And thanks of course to our sponsor go kindly doing great to have you seen supporting this show as you've been doing for some time now and great to thank you for your support of women and gender diverse people. Which is of course,

Course so important and part of 3 CR standing up for the underdog. And and that certainly came through for me yesterday when I went to the 3 CR, end-of-year sort of In-House gathering for volunteers staff set, and that sort of thing. And it was really nice afternoon To be there for a couple of hours with the crew. One of the things that I think, you know, an organization like 3 CR and I imagine it's the same for a lot of community, radio stations, as we can pass, like the proverbial ships in the night, obviously sailor and the freedom of species crew. And I know we see each other as they come in towards the end of Out of the pan. But we don't get to see people as often as we'd like,

I had the had the pleasure, a couple few weeks a couple of weeks ago, Friday week ago. And not only that was interviewed by James Mackenzie in ya face who I've known for many years, but we don't get to see each other and catch up and it was really nice to do that yesterday, but it was just a lovely occasion relevance to our listenership. I wanted to share a thought the wonderful Robbie did well, effectively a welcome to Country and talked about How 3 CR. Yeah, sort of was talking about issues that no one else was in terms of Aboriginal issues and giving people a voice and there was a special award given to 3 CR as Treasurer on our committee of management sin whose of Sri Lankan background and how mainstream media didn't give a range of coverage of the issues in Sri Lanka of course 3 CR supporting the Tamil community in with email broadcast on December 25 each year.

And now I've got me thinking as well, something that I have been thinking about a lot in the current climate and what I was thinking which is always dangerous was I think somebody's been here. Now, over 20 years, it ticked over 20 years in March this year. So, I'll have to do a 21st next year, whether they'll be cake or not, I'm not sure we'll the 3 CR budget cover that

I'm not sure, but seriously, but seriously got me thinking of how much support 3 CR is given to trans people. Now, I don't want to be self-indulgent with this next comment, but a few weeks ago, I did win an award for contribute contributions to the transcommunity. And I wanted to bring that in to say that 3 CR has been a huge enough. And I think well, overlooked part of it, because 3 CR is mental.

Lot to me. And in a time, where trans voices were often ignored even in so-called, what we would Now call lgbtiq A Plus circles. I mean, we were back in the day, you know, we were still using phrases like gay and lesbian. And then people would say, what about trans and we'd get the. I'm going to say content, small content, no mention of lateral, hostility are why they say many letters in the alphabet. And I wish I had said at some point that well, why don't we drop the G and L and see what the response was? I never said that.

The 3 CR was there even before I started this program. In 2005 3 CR was having more nuanced debates about trans issues. Even if perhaps the trans people were not involved, there

was some good, allyship, yours. Truly joined the station after being with another one, which is in the past, not going to go say any more than that. And I felt very supported here not just as a presenter but also as a person and there is a sense of

Community where we help each other out, where we can with our network switch on a couple of fronts. I'm just going to say I'm needing at the moment and three I've been very grateful for that but in terms of the present rather than just getting nostalgic about the past, the thing that I wanted to bring up, is, I mean, 3 CR has always in terms of trans issues, being well ahead, and in the current climate without wanting to brag or anything, I really think that we are, you know, perhaps one of the best place media outlets in Victoria, may be sticking the neck out a little, the best place to lead proactively on giving trans people voices and a range of trans people. I am very clear. I'm an old trans person. I may have slightly different perspectives but we've got a range of perspectives with shows like clearing the air with Madison and Oscar at 3:00, which covers trans issues. We've got other trans shows and queer shows which gives space and many of our other shows such as art shows, and music shows will play trans artists in the broader sense of that word.]

And I feel like we're in a position to really be a well, do you A big word, a bulwark is that the word, I'm some sort of buffer against the nonsense. We can't do it all, and we obviously would like more, but I think we're in a position to lead and it's just really important in this time that 3 CR, does that. So wanting to do more of that and also has a say. As a says, a someone is hit the seniors. Yes, I have a senior's card in my pest now. Goodness Me still don't know how we got there but we come here.

Seriously want to do something you know, to contribute to that. And so would love your thoughts over that. I'm on that on. What more you know what else, 3 CR can do. I know this programs here in a sudden many of the others but I think we're in a position to do something about it. But 3 CR, I think, as I say great sense of community and very, very important. But we also want, I'm also wanted to acknowledge as suggested by roving reporters 3, CR winning some awards and making finals are various Awards recent times, which was announced yesterday and reminded me to sort of had it on the radar to go through this three winners at the recent Community broadcasting Association of Australia Awards in early November 3. CR breakfast shows took away best program for news and current affairs. Our previous station manager, Rachel Kirby was awarded outstanding station leadership Tilde joy won the inaugural Jane Brownrigg award for outstanding volunteer contribution. And a shout out to other finalists including the sporting record Nassar from Palestine remembered and Vivian Langford from the climate action show. So just show, I mean, look at, look at, look at all the shows and types of things mentioned there. I mean that's I don't know. I just I'm just being very passionate because 3 CR is so important to me, but look at them. Also want to say, thanks to Jim from sporting record here and some impromptu trivia Yesterday, we had music as well. Yeah, sort of, that was some great costumes as well. I didn't read the fine print on the invite and well the person who went as the musician from Black Sabbath; Beth our new social media person. Very very ???, and the moustache stayed on also the wonderful Innez our volunteer coordinator. Who went did a 70s tribute with Devo, I should have dug that out for today because I'm going to problem comes along, you must whip, it lots of fun. So, great to be with 3 CR. And, you know, I think there's, you know, we've needed more than ever and it was just a very warm afternoon indeed. So. And well done to all our recent Award winners and their other Awards and things that are out there as well. And also going to give a Welcome to our station manager, Meg Butler who's been part of three.

After a long time in a pioneering woman in technical stuff of radio and that's what 3 CR does we are progressive in in that way and it's why we're needed. So passionate speech from me there.

But you know I just wanted to share that with you and what 3 CR means to me and I hope it means something to all of you listening out there. Let's have some music. Now, once again, I have a bit of a long track today,

And that is a track from James Reyne where he can guitarists. Let rip from his first solo album way back in time in the this one whirs its 1987 just after Australian crawl broke up at that time and this track is called Always the way. So May 3 CR in terms of being progressive radio, make may that be always the way 3. CR 855 am 3 CR Digital 3 CR dot-org au 3 CR on demand out of the pan with Sally

3 CR 855 am 3 CR Digital 3, CR dot org, dot U 3 CR on demand out of the pan with Sally first broadcasting known through one every Sunday afternoon. Thanks for your company. We just heard from James rain, from his first solo, album James rain, logically enough and an eponymous album. There is your work for the day James Reyne on lead vocals, and most of he guitar work, the It's a James right on vocals and guitar and Jeff Scott on guitar bass & vocals before. A lot of the work long time on scroll drummer, John Watson on drums and percussion. So I don't want to sort of say, I'm not sure exactly who did the guitar solo on that track, but it's certainly an awesome one. And other guitarists also, given Credit in there and also of for the music lovers. Dave, Lindley does lap steel and a white and guitars the man.

In famous on Jackson browne's stay a little bit longer for his guitar solo and a lip. The late great, Olivia Newton-John, did some vocals on that particularly on the track Hammerhead? What a good album Australian Australian music as we close out Australian music month worth giving that a mention. Now earlier in the show, I hinted at how people describe themselves and I what made me think about this was in the last couple of days, a couple of stories have come up that the BBC

He has allegedly and I have to underline that word given directive on how to refer to trans women and trans woman because a trans woman was I'm going to. I Will Rise content night here for what I call transphobia Trans woman was described as quote, born a biological male, but identifies as a woman. Now the BBC have now denied that their specific instruction. So it's possible that certain presenters are going

Going on top on their own tangents here, and biological male and biological female for Trans. Men are terms that effectively deny Transit focuses on the body at Birth and then ignores someone sense of inner self and that is highly inappropriate, but if someone doesn't use that term then you don't use it and I object very strongly to be, you know, to those terms because they are that sense of denial. And I mean there's lots of

The things, I mean, as someone of Jewish background heaven forbid, we wouldn't, you know, someone who wasn't Jewish wouldn't just doesn't have the right to call me heaven. Forbid content, note, antisemitism a gas oven candidate, which was what I've sings. I was called at school, that sort of thing and I can't I won't speak for new identities that aren't mine, but I'm sure there are other inappropriate terms for people of color and so on, I'm not going to name those tombs but no one would use them. Surely people

Don't use them without their consent. I would hope not now and I just think it's really ridiculous. That anyone thinks that a person can Define someone else and tell someone else about their sense of self in the first place. It just seems utterly bizarre that that could be the case. But it's always also worth remembering. This is a specific story that a lot of stuff that comes up in a lot of the trans debate.

Thing that I want to re-emphasize, may have mentioned this on the show, listening to a podcast a few weeks ago that to my surprise 25% of social media accounts are Bots or trolls or similar. Yeah, they're not people who are actually that individual will say, this is my definition, sincerely wanting to act on social media with their own views and I've also spoken perhaps at times before how many when I was in Russia, which was

It was around this time. God ten years ago this year? Yes, I was there. I heard from someone who went undercover in a well, a bot Factory or a troll Factory. Now, when you think about it, there has to be somewhere in this in the process of human behind every bot or troll post. Someone has to start them but some people are paid. You could almost think of this as a cross between heaven forbid, a sweatshop and a call center to just go in and put inflammatory posts up and this person.

A side person who went undercover investigated, spoke to some of the people. And some people there. They said, it's the only job I can get. I've got to do it and I go home, and I'm a decent person. And another person on their last day, reversed things and put nice post up instead, which you know, I mean, wouldn't it be nice if we had a benign, billionaire, who had a positive bot Factory to put pro pro trans and pro people of color and pro query

And pro Aboriginal and Torres Strait Islander posts up on various various places. Wouldn't that be nice? If anyone knows one, please let us know. So really, really important that we look at things I am, you know, I believe that the majority of individual citizens are decent people and I'd put that as a very high majority to Kaleidoscope of opinions. And so I just thought I'd mention that and I think that some of the nonsense that we he has to

Pushed back. Like some of the fact that people think they can refer to as someone else in a way. That's not appropriate when I was doing a lot more on the other side of the mic, so to speak doing media representation. For the trans Community, people would say, to me, I was a spokes man. It's like no. Oh, that's what we as a symbol. That's not my job description, or you re writing my organizations job chart and then I will find one person to require mainstream media reports. It, I will have to find a way

A around it so they didn't refer to me as anything. It was Sally. Golden the speaking on behalf of blah blah, blah said this. So I wouldn't it wasn't given a title at all but I just find it bizarre that someone else can tells someone who doesn't have my life experience, can rewrite my story, tell me who I am. Well one story that of course has been around since the 1980s is that of HIV and AIDS? And tomorrow, first of December, is World AIDS day.

Sean was first recognized in 1988 and international day as per Wikipedia dedicated to raising awareness of the AIDS pandemic caused by the spread of HIV infection and morning, those who have passed away from it. And the as per Wikipedia, The acquired immunodeficiency syndrome, AIDS is a life-threatening condition caused by the human. Immunodeficiency, virus HIV, which attacks the immune system.

Mmm, just sometimes something we forget. And so, first conceived in 1987 by James W burn and Thomas Netter to public information officers for the global program on AIDS at the World Health Organization in Geneva, Switzerland, and then approved by dr. Jonathan Mann director of the global program and it was went on 1st December 1988 because

Um, James W Bond, a former TV journalists had recommended that type because it would maximize coverage of the day by Western news media after the u.s. elections but before the Christmas holiday season. So that's a fair enough thing and I oh, I must've been, I had been wondering why we use that day. There we go. Initially focused on children and young people, which of course, anyone theoretically can pass from HIV.

And or, you know, be at will say, open to the possibility, open to experiencing it. But of course, safe-sex safe injecting practices and those sort of things and other health practices which are very standard can pretty much stop that but what I was going to raise and of course it's important and totally want to acknowledge. That HIV has affected in our communities gay and bisexual.

Sexual men and men who have an assigned male. People have a sex with who have sex with assigned male people. I'm deliberately using that word. I don't like the term men having sex with men because it can walk by total coincidence, you know, sort of Miss identify trans women and looking at all the themes. Over the years, there's been communication sharing the challenge Community. Commitment. Children, living in a world where they at.

But there's never been a focus on there was women girls and HIV and AIDS in 2004, but there's never been a focus on HIV and trans people, which I find well, interesting. And what about HIV? And in terms of a sort of trans men, so if we're talking in the course, 99% of whom will not add a phallus. So for trans, man,

Having you know intercourse with Isis man. They could you know who is and one of them has HIV, there's a risk there, so I think it needs to be, you know, translated that's something that maybe we could push for on this station and start that conversation rolling. But it is important that we acknowledge

Now, these things so whatever regardless of who it is. So you know, find out from organizations like Thorn Harbor, Health icon, what they're up to in the next sort of Tomorrow support them. If you can acknowledge it, stop and pause and reflect.

And you know, sort of go ahead and support that because it is really, really important that we remember, you know, there's so many, there are a lot of issues and yes, there's a lot of focus on Trend at the moment but we, you know, sort of do, of course, need to remember this in the last thing I'll say was going back to that period of time where we no one wants to talk about in more, but we can't forget. That was the code when covered was at its worst in 20, 20, and 21. And there was this

It's to get a vaccine and many people who were HIV positive who are hiv-positive or lost loved ones due to HIV. You're saying, you know, here we are racing to get a vaccine in a couple of years but we still don't have an effective one for HIV. There's great medication advances compared to 20 years ago. I remember attending a session with Vanessa Wagner Wear for a day and every few hours you had to

She did the simple analogy that is just a bowl of jelly beans or lollies and she'd ring, a bell, every couple of hours that was the medications. You have to take it slow. Oh, wow. Now things have moved from there but we certainly need more. All right, let's have time for another track. What are we going to do? Decisions decisions, let's have a little track from Graham corners and then I'll come back, wrap up the show, tell you what's happening on the rest of the afternoon on 3 CR and go from.

He reads G Connors and a track from North where it all. The first album for many of really what was his big error? And this is a track called sicilian-born 3. CR 855 m 3 CR Digital 3, CR dot org dot IU 3 CR on demand out of the pan with Sally.

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Indeed listen to 3 CR 855 am 3 CR Digital 3, CR dot org dot EU. But if you are listening to a podcast via podcast, that's one way you can do it. Hello to you, I've just about got to get out of here and make way for freedom of species and we can get a, we'll be covering today. They have some trivia. In particular, they have

A particular theme of trivia animal, libbed film themed trivia show, which will be very cool. So, that's very much looking forward to that at 2:00, rotations is ready to rock. Something's ready to go there and 3:00 Madison Oscar and team will be in with the fabulous show. That is clearing the air and then 5:56. The

Radiation. Lots of great listening of the, a diverse nature on 3 CR throughout the afternoon. And its really, really important. Once again don't forget the queer. Brunswick, festival happening down there at ballon ballon place in Brunswick. Hope you are enjoying yourselves down there and having a good time. Great to see all these sorts of events whether they're ones like that as a.

They all Midsumma and well, I'm just going to say that also. I had the pleasure of going to the transgender Victoria 25th anniversary celebrations during the week. That could be an interesting story, one day, let's all I'm going to say there, but it was very, very nice. Again, to catch up with people and be with friends also, great time with longtime friends last night, you know, it is so important. That

We are connected in this day and age. So yes, have a great world AIDS day when I say grade. Have one that has the meaning for you tomorrow. If you are sort of well noticing World AIDS day and coming up tomorrow week, the 8th of December is pansexual Pride day so that's knowing no boundaries of or all the pride. Very, very important that we celebrate that and raise awareness

Earnest and celebrate the pan community. So get your pink yellow and light blue out. And Away you go. Take it out today with a track that I'm going to play for the fabulous crew from freedom of species. I was listening to this CD which of course is known for its good humor and light humor and that was one of my favorites. Greg Champion, the custom CD but there's this nice little song that was animal-related.

I thought I'll be organized and play it and I've waited right till the end. This track goes for 3 minutes, 16 seconds, 316? Hell yeah, there is the wrestling reference at 12:56 and 12 and 19 seconds. So I'll take you out today with this one, from Greg champion, from the custom CD which you can get on places like discogs. Wish I was a horse, one for the fabulous crew, from freedom of species, discussing all things animal which comes up next.

Next. Thanks for tuning in to out of the pan. I'm Sally goldner. Catch you next week.