

20250720

Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond we'll throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org dot au.

3 CR 855 am 3 CR Digital 3, CR dot org dot au; 3 CR on demand, out of the pan with Sally first broadcasting noon through one every Sunday afternoon. Thanks for your company.

3 CR broadcasts from the lands of the call and Nations at the overlap of the Wurundjeri and Bunnerong peoples and we pay respect to Elder's past present and emerging; say hello to any Aboriginal Torres Strait Islander First Nations people tuning in, from whichever land you are on and acknowledge that this always was always will be Aboriginal land.

Welcome to out of the pan a show covering pansexual issues, knowing no boundaries of sex, sexuality gender genre and all sorts of things. I'm Sally Goldner. I use the pronouns she and her and we opened up today with U2 Sunday Bloody Sunday and there'll be a reason for playing that song, which I'll give in a minute.

But if you want to get in touch with the show, lots of ways to do it. These is the email out of the pan 855 at gmail.com SMS, six, one, four, five, six, seven five, 1215 Twitter at sell gold said, so and that's the bottom line. Also the same for Instagram mastodons and blue sky and look for posts on Facebook, my page, Sally Goldner and out of the pan 3, CR 855 am Melbourne. Postal address PO Box 1277 Collingwood. 3066 any opinions expressed on the show are my own.

Don't think at this stage they'll be any need for Content warnings, but a declaration that I am a Committee Member of Just Equal Australia. And that is why we played Sunday Bloody Sunday because Just Equal Australia and its associated group Let us Give were major contributors to a historic change that came into effect last Monday, the 14th of July, in so-called Australia in that. we now have also a large step to a quality for plasma and blood donation and on the line to talk about, that is a longtime Advocate who's been campaigning for this for many years Rodney Croome Rodney Well no stranger to the 3 CR waves, welcome to out of the pan.

Hi Sally. Thanks for having me on. I'm coming today from Tasmania and I like to pay tributes to Tasmanian indigenous elders and leaders past and present, can you hear me? Okay, you're very faint. I'm not sure what's going on there. I know what'll fix it. I have fixed it. Let's try that again. You've acknowledged leaders in Aboriginal and Torres Strait Islander in Tasmania past and present.

Indeed coming to you from actually tells me yeah is that okay now we're coming you know yes we're all good now. Yep from large we do yes you are on. That's what is well on the the strait between the large island in the well it's the small one but it's made from small Islands big steps happen but of course a lot of Advocates around the country contributed to this reform. First of all of course it's big let's Well let's go back. It's been something that's needed for a long time. Wait, what's the history behind? Where we got to will say before last Monday just very quickly.

Well, as most people won't know in the 1980s, the mid 80s there was an HIV/AIDS crisis in Australia. It was a time when we had less understanding of how HIV is detected and transmitted

and in response to that there, The Blood Service, put in place a ban on men who have sex with men, gay men and bisexual men,

And also trans women who have sex with men giving blood to begin with. That was a Life Time, bad and then it became depending on the state and territory looks 65 years or 12 months. And and the situation we had until last week was a three-month band and what I mean by a ban, is that gaming in and by men and trans women who had sex with men had to be sexually abstinent for

For three months before they could give blood. Now, of course, we live in a time when we have a much better understanding of our Hy-Vee is detected and transmitted. And because of that, we have made the changes that you've been referring to.

Yep. So that's how we got there. You know, may have seemed, you know, we did, as you said, we didn't know at the time, possibly may have seemed reasonable. But now things have moved on. What are the changes that are now in place? What took place on Monday? That is different. Let's start with, let's go to that.

Well, what's changed and can you still hear me, okay? Yes. There was a bit of Internet issues I think at my end but I think it's gone now. So yes. Yep. What changed in last Monday? That's moved us to a better start better place.

Well, there has been advocacy on this issue. Really from the late 1980s, early 1990s and including cases before discrimination tribunals, such as cocaine case in Tasmania and many gay men and by men and trans women calling for Change. And that finally led to the Red Cross.

Web service adopting a new policy and the policy now is that the people who have previously been required to have an absence period gay men and by men and trans women have sex with men, are now able to donate blood plasma. That's the yellow stuff that's separated from the red stuff if you like without any sexual without any questions about sexual activity at all. So that can

Include people who are in monogamous relationships or people who have multiple new partners or people who are on prep, it doesn't matter and they're able to give blood plasma and that's actually a leading that that that's actually a world leading policy now. So hats off to lifeblood for that new plasma donation policy. When lifeblood proposed out, of course, it had to go through the therapeutic Goods Administration which is the main regulator in Australia for

For blood donation and it agreed. Yep, it's blood. Plasma policy was fine. So, that's great. And we've seen a whole bunch of gbt people, giving blood giving blood plasma as a result over the last week, but as well as that change to plasma donation policies, there's a new proposal for change to the nation of whole blood. So just the entirely red stuff, not the other stuff, and

They are what we're seeing is a new policy that would allow blood donation by gay men and by men and trans women. If they have been in a monogamous relationship for it for a period or explain that a bit more in a minute that, that what the exact criteria are. But that new whole blood donation, policy isn't in place yet. It's been approved by the the

Reputed goods Administration, but it won't come into place until next year. It could be as much as a year away. That's not such a leading policy. I mean, there are a number of other countries that have adopted that policy, Canada, the UK, the u.s. New Zealand, France, Germany, Italy,

Greece, Spain. I mean, the list goes on quite a few countries allow G 0 g, PT people to donate whole blood Our Hope.

Was that the new whole blood policy would be very simple and straightforward. Like say the UK or Canada? Where there's one question for all donors, regardless of whether they're gay or straight cisgender or transgender and that is that have you had anal sex with the new or multiple with a new partner or multiple partners in last three months? That's a simple question. That's asked, unfortunately, lifeblood in Australia is not hasn't gone down that path. It's gone down.

A more complex and difficult and confusing path, where it plans to ask G BT donors, whether they've had monogamous, whether be monogamous for six months, if not, whether they've had anal sex with your multiple partners in the last 3 months and 2 folk and

Yeah, and and it's going to have two different periods, like six months for monogamy. But then three months for anal, sex with you and multiple partners. We're saying this is confusing. Hmm, it's not best practice and we work with lifeblood over the next year or so just to try and get a policy that focuses in on risk and isn't so obsessed with monogamy, and, and doesn't have these different deferral period.

Six months, three months, which is going to be really confusing for potential donors. It's a great step for that in a year's time will be able to donate whole blood or some of us will but we need a system that really is a bit more streamlined like the Canadian system or the UK system. So that's that's the continuing risk devotion. Will he have that? It's an odd, screening process that life. Bloods opted for

One that hasn't really got the support of a lot, but a lot of their, but immunologist I can see and will be advocating about that call. Now one other group that I think need to mention, and that's sex workers, I'm sex, work being real work. I think they were somewhat affected by policies in the past, are the changes are the same for people for sex workers as well.

Yes, yes. Sex workers have had under undergo an abstinence period up until now before, they can donate just like gay men and by men trans women. And of course, you know, there's a bit of a hindrance on their on their chill. Oops. So and employment in incomes. So yes lifeblood has has has changed that I can't speak on behalf of 60.

Don't have that mandate. I think it's a really important issue though, that we have a closer look at. So I urge you, you know, if you have a chance in the future to get in someone from Scarlet Alliance or one of the six work with groups a bit more closer. Look at that one. But yeah, that that the the deferral period say of changed as well Cole. All right. Yep. Definitely makes mental note to contact Scarlet Alliance or fix and Collective here in Victoria. Great organizations nationally and in Victoria Rodney, I know you're pressed for time, but given that you are on the Apple. I'll and of course, well, tumultuous I'm busy State events up until last night. What's the latest on the state election and what it might mean for lgbtiq A-Plus sex workers people with HIV and any others, you know, in terms of the results because I know we don't quite have a clear outcome yet, but you Equality Tasmania and other, if your hats put a proverbial scorecard out so you know, depending on the result, what would it mean? And where are we looking at this stage for who's going to form government in the next week or so?

Yes, we did put out a scorecard. Based on a survey, we do the parties and independents the results were pretty good. The live, the current liberal government. While it didn't commit to all of

the things we were after it did make commitments on some on some key issues. So I think, regardless of who takes government will be moving forward, good on important issues.

For instance, Banning conversion practices, unfortunately tasmania's dragging its feet on that. I'm hoping we can get that issue resolved in the second half of the Year funding a mental health service for dedicated medical service for lgbtiq. I pass people I'm hoping we can move forward on that banning unnecessary cosmetic surgeries on infants with innate character. You need very unique. Variations are six characteristics. I am hoping that

Moving forward on that in the next couple of months as well. So I think regardless of who takes government, we will see some progress in the second half of 2025, and in terms of who takes government, well, your guess is as good as mine. It doesn't look like the Liberals will win. A majority of seats. There's been quite a few Independents returned or elected. It's really down to who can be the better negotiator

Jeremy Rockcliff the liberal Premier or Dean Winter, the Labour leader in terms of you know who forms government. They're both saying that they should be given a chance. So it could be, it could be even weeks before we know who's going to form government in Tasmania. But I'm optimistic, I mentioned the independence before the cross bench. It looks to be with more socially Progressive than it, than the crossbench was up until the election.

And it was already pretty Progressive, so I'm hopeful that that the progressive Independence will have a, you know, a significant influence on whichever party take government. And like I said, the Liberals and labor already have some pretty strong, commitments labor in particular to lgbtqa+. Equality. Yeah, so I'm hopeful that will in the second half of 2025, regardless of food for me,

Is government that will be able to move move Tasmania for and as your listeners will be aware, Tasmania already has some pretty Progressive laws and policies on lgbtqa+ equality. Our job is to protect them, protect those advances to build on them and to ensure that Tasmania continues to lead under the current government, the liberal government we've seen the development of an lgbti qa+ strategy, Statewide strategy called

Hasn't been released yet. But it's at the verge of being released received, the recognition of a sexual and gender people. Usually, by the government, Tasmania was the first state to do that. There's been some significant progress and I'm hopeful for more. Before I meet, you might have another question about the Tasmanian elect and please ask away if you do, but just going back to blood donation, I think it's important to Cleon on your show because

Cuz I know a lot of, you know, activists and hiring activists like to listen to this program, I think it's really important to make this point about the blood donation campaign often people think that blood donation is something that is in the hands of medical experts, lifeblood government regulators, and it is obviously, but the change that we're seeing in Australia now for all its faults.

Particularly in terms of whole blood is something which really had wouldn't have happened. If it wasn't for the role of Advocates and activists, a lot of people have contributed to this reform, researchers, people lobbying government, and and lifeblood and and the teacher. I even though the teacher is just independent making representations to all of those bodies and

Making a fuss and writing their own companies that are refused to hold blood drives until all of their employees can do. All of these has led to the position. We are now, never forget that these

changes really only ever happened because there are lots of people who make a fuss that desk. Our destiny is always in our hands including on these issues which might seem

That they are in the hands of experts they're not they're in the hands of the community. They always are and and I want to pay tribute to all those people who have made a difference on this issue, over the last 30 years,

Yep. Now that look great, it's been up. It has been a long haul. But every, you know, you can't, you know, takes more than I'm going to use an analogy. It takes more than one person to haul. So, to speak, if you pulling a big rope, you know, you can't one person, can't do it. And everyone who's chipped in to some degree. At some time, has got there. And yeah, it's a great piece of community campaigning. So, yep, we'll stay in touch, Rodney better. Let you go. Always appreciate you having you, and your expertise on will have to

Come back and talk about more things soon. I know you always a regular on in your face, 4:56 Friday, on 3 CR as well, but let's stay in touch on issues and it's great to see this. So, inclusive to the blood results to move in the right direction. For all will, say assigned male having sex with assigned male, which as you said, gay by men and trans trans and non-binary assigned male. So it's a big step forward will. Hopefully get some more inclusive policies on blood but also on how people are just

Recorded on forms and things that can now be sorted as well. So it is a good move. Rodney have a great Sunday, keep up the good work in tazzie, it is going. Well, they're interesting that smaller geographical area States has. And then, you know, and territories act Victoria seem to be moving ahead of distinct. Think about how what lessons we can take from that but it's maybe it comes back to local campaigning. I'll leave our listeners and use help with that. Thought you have a great Sunday. Thanks so much for your time.

Um, thanks for having me on Sally and it does come back to local campaigning coach has made you Victoria and the ACT. It's time to learn. It's time Sidney. Took a took a leaf out of their book. Boom. And had a look South to see what progress can be made. But yeah, it's always in the hands of local. Campaigners it's always in our hands as a community. Thanks for having me on. All right, I've got a check to go to that. You can listen to once you detach from the zoo.

Umm and it's very appropriate. John Williamson. You'll come back to Tassie Thanks for. Thanks Rodney. Have a good afternoon by. Thanks. Ali. Bi.

Rodney Croome veteran advocate, and campaigner with a long, sort of fought campaign that has finally got progress in the right direction. Still things as Rodney said to sort of tidy up, but I think that's a large chunk done and great to hear of great news and Tassie. We need the good news around our rainbow communities all around so-called Australia and around the world anyway, we promised and well we deliver here is John Williamson from the compilation.

Album called the winners five way back in 1997. You come back to Tassie 3. CR 855 am 3 CR Digital 3, CR dot org Dot 3 CR and demand out of the pan with Sally.

Bisexual Alliance Victoria is a not-for-profit organization dedicated to equality and justice for multi-gender attracted. People, including by pan, regardless of label or No Label at all, their partners and allies bisexual Alliance runs discussion groups in person and online, the group offers, a safe and fun space to share your experiences. Ask any questions regarding your sexual identity and provide peer support. Bisexual Alliance is especially Keen to hear from multi-

gender attracted people in Regional and Rural Victoria donations of two dollars or more to bisexual. Alliance are now tax deductible for more information. Visit our website at [by hyphen Alliance dot-org](http://byhyphen.org) email, [info at by hyphen Alliance dot org](mailto:info@byhyphen.org) or find us on Facebook or Twitter and 3 CR supporter

Out of the pan. Thanks gokindly for their sponsorship of this program. Gokindly creates high quality locally made bedding donating, 50 percent of profits to support women and gender diverse. People experiencing housing straps check out [gokindly Dot com.au](http://gokindly.com.au) and take their pillow quiz

3 CR 855 am 3 CR Digital 3, CR dot org, dot U, 3 CR and demand out of the pan with Sally. First broadcasting known through one every Sunday afternoon. Thanks for your company. We just heard from John Williamson from 1997 and you come back to Tassie, great to hear of what's going on down in Tassie and history, made as Gorilla. Monsoon wrestling. Commentator would have said there. It was at 12:30 and 51 seconds. The obligatory wrestling reference and history made with the the changes that came into effect this week and more to come in relation to plasma and blood donation, far more equal now, messages in Jenny's listing live today. Hey, Jenny, good to hear from you. I'm not going to play any Coldplay today, lol, now, I've been following this. I'm sort of, not quite up there with what was going on, but a friend sent me a meme from a new satire site, KNN news.

Coldplay becomes the first band in history to release for singles in one night at their recent concert, I was so happy to witness. History said one fan and yes, so I think I got an idea of what's going on, but also yes, there are no security cameras in the studio. There's also been a bit of drama going on there with someone being caught out. Mmm, having seriously, having non-consensual sort of behaviors updates about homophobic attacks in Melbourne, did I see the article that Dean Arcuri put in the Aegis week? No, I didn't and I will have to have a while have a look at that, in the next few minutes Jenny, but that is good. And so it's great to see Dina Curie. I'm Melbourne's busiest homosexual, who's busy on the art scene, and all the media seen as well? So I'll have a read of that, you know, again, I touched on this last week with a couple of weeks.

Broke that there's been relatively little media coverage of hate against. Well, I'll say, parts, or all of lgbtiq i+, however, kudos to the Saturday paper, who ran a great article. Well, great article, they gave the coverage, the news, of course wasn't so good on dating apps being used to sort of luer gay and bisexual men in not-so-nice ways.

So it's good to see that some meteor on, on the, on the move. But it seems that the larger media blocks are not. Yep. Here it is from yesterday's Saturday paper which you can get a free article from and so if you want to in a while, so if you want to use it for this, you can the title on the online version is that gaps used as baiting Tools in

Tetris should have given a Content note, they're great article by Hannah Bambra, grinder and Snapchat being used as baking tools, but some of the worst attacks gay and bi men have seen in 40 years and the article quotes are fabulous. Commissioner. Joe ball attacks on gay and bi men. Now, deliberate organized and hateful, says, Joe Simon, Ruth chief executive of thorn Harbor. Health says, it's the worst in 40 years. We've seen I'm not going to go through the details of the attacks. I will actually raise the content note here. And if anything is distressing contact you life which includes switchboard in Victoria and Tasmania 1-800 1845 27 and of course this is not good for those who lived through the 80s and 90s who went through these things. It would be re triggering those sorts of things. So yeah, there's certainly

You know, things that need to be covered. Covered Jenna took leads, what's LGBTQ+ organization, switchboard. And there's barriers about not being believed being victim, blamed losing control over. What's happened to you? So people might not report and it's interesting to note here. Well, done to the Saturday paper for picking up on this. No LGBTQ+ members were invited to the

A muse, anti-hate, task force, you know, sort of, you know, it corroborates out of control violence against quiz, to quote Simon Ruth. It's out of control and requires a coordinated and multifaceted response. Absolutely, you know, sort of, we need to know more about what's going on. More importantly, what can we do to prevent it? I mean, you know, it's, I look, I mean dating apps. We know can have

Risks but it's about and as social media and internet can. And look, I haven't been touchwood sucker-punched on a dating thing. But I know when you see something that can get your emotions one way or another, it can be difficult to stop and think car, me now is this real does this person sound too good to be true once? And I say this, very seriously, I thought I was had been followed by someone who was a professional wrestler, it turned out. It was a sort of CopyCat account from someone who is a

It was a fake account and so we can fall for these things. So it is about just trying to proceed with caution. And you know taking deep breath before you rush into anything and yet both the eagle and the lead we know copts vandalism a couple of weeks ago and yet they're sort of doing their best to fight back. So, yeah, these are certainly things that need to be talked about. Please just be take that extra degree of caution, in the meantime, but I think the I agree with that.

I'm Saturday paper article by Hanna-Barbera great work. Needs to be a more coordinated and Community involved response. We heard Rodney talk about, you know, again communities get involved, things, get done and we at the Grassroots we know what works for us and we have to make sure we somehow can get it in there and be listened to and heard and get the proverbial win-win Solutions going. But I think in the meantime it would be good. If Federal politicians spoke out unequivocally going to all forms,

As of hate, not just one or two, I think that sends a very unequal message. All right, let's have some more music and I lined up lots of Tassie music today and on Earth any Chrome. So I'll pull out this old, you've got but Goldie that first appeared way back in 1983 and well let's keep good things flowing. And this one was called, let the Franklin flow combination of the bands of goanna and red gum. 3. CR 855 am 3 CR Digital 3, CR dot org Dot

3 CR on demand out of the pan with Sally.

Do you have a few children picture books or free boots that your kids have outgrown? But want to find them a loving home and drop them in at 3 CR and put them in the books and Boots bin books and Boots. Regularly sends pre-loved, children's picture, books and sports footwear to remote, and Regional First Nations communities and children across the country. Contact us at books And boots or go to the website www.robotunits.com.au. We love a good book.

Dump the pump, pump, pump pump, pump pump. Hi I'm Rod. Can talk and you're listening to fill in the dots. You know who you're listening to? Why do I have to tell you who you're listening to? You know, who you're listening to you listening to? Yes? Feeling pretty our community radio.

You got it right? You've won a giraffe. We're at 855 am what? We're on Digital radio and streaming a 3. CR dot org dot a. You 3 CR has been making trouble since 1976 and occasionally. I've been part of the trouble that's been made. It's a vital part of our media landscape. And I'd encourage you to get a hacksaw, an oxy-acetylene torch and go up to the Dandenongs, and bring down all those broadcast towers, that aren't 3C h, 2 H, and let's make 3 CR. The only source of information to an information, starve dumb-down Australian Community written authorized and spoken by Neil Mitchell.

He will meet you could still be lurking. You never know. Thank heavens. Roderick on top keeps working and that's the voices of 3. CR 855 am Digital 3 CR dot org, dot EU and On Demand out of the pan with Sally at around 14 minutes to 1:00 at this as this car goes to are live. And prior to the messages, we had a track from Paul Kelly's, album stolen apples. Yes, there's the Tasmanian theme. Keeping on please.

Leave your light on. I'll be living the light on at 1:00 when I leave the studio. So the Fab crew from freedom of species can come in and present their show. They've got a great guest today, they have Sheena Chhabra, discussing the plant-based treaty. So they've always got lots of great information and I forgot to thank the crew from out of the blue diving deep for the Marine use as they always do. 11:30 till noon. Every Sunday morning, maybe only need the medium weight, wet, sweat suit today. It feels a little little bit warmer as much as

Canada Milton, winter out there. This is very welcome. So yeah, coming back to Jenny's messages. Thank you, Jenny. So good to hear from you. And you've got a chance to listen in life. So, yeah, I did have a read of, well, it's the article by Rachel Dexter in the age, but quoting The Fabulous teen are curious about what happened. Well, two weeks ago today and related issues and their, it covers some similar topics to the Saturday paper one. So I

Take back and withdrawn unconditionally apologize. For what I said about the larger media, not dealing with these issues and, you know, sort of well, now, good to yarrow Council Mayor. Stephen jolicoeur has condemned the vandalism at to inner-city venues in the city of yarra Aqua venues and good to see Federal Melbourne alp

Remember, newly elected at the federal election. Sarah Whetfield sent her love, and respect to those affected. So, that's, that's good that we've got local Federal members in there, but it's just frustrating that higher up members, Anthony Albanese e, Jim Chalmers, Penny Wong, a silent on LGBTIQ+ issues at this time, you don't get to be selective on hate, you know, to use a phrase that I use. I just get a little frustrated with people who are selectively woke either because they only support some groups.

And not others but also they're not can come from a consistent place of kindness and principle. So now there's it's not clear if the anti-semitic and queer attacks are linked according to Quick commissioner Joe ball and you know much ball believes, although it's not in quote marks that the hateful rhetoric against this article says gay and transgender people and those who

Conform to traditional gender roles as other words used in the article, but not in quote marks that the hateful rhetoric has been imported from Trump's maggots movement. Well, that's quite a reasonable opinion and ball as quotes The Forum in the lead. So the Victoria Police said there was no place for this type of concerning behaviour in our society. Well, yep. That's good.

To hear, but there'd be some people would say, well police need to be more respectful to all parts of diversity and that would help Minister for Quality Vicky. Ward is quoted condemning, the

behaviour and yeah, sort of the Brett Lasham owner of the lid is quoted. He says, I'd love to sit at a table. One of those people and ask what made you want to do that? That would be a very interesting thing to do.

Have to have some pretty thick skin to do that. I'm mine. I might be able to do it might be on the day I think. But I must say, I wouldn't go out of my way to do it. It's one of my theories is that with the rise of social media, people whose views as much as I don't, like using words like this are effectively opposites a sort of sometimes end up interacting with each other when they don't want to. So, you know, where as 40 years ago what I've, you know, had I been out what I've gone out of my way.

Way to meet someone with, you know, so called gender, critical views, or these sorts of hateful right-wingers, Etc? I don't think I would have wouldn't gone out of my way to physically meet them or phone them. Other news in the week, Jenny is quite rightly concerned about quote, the Jewish Community has been outspoken about the leadership involved with consultations with a conflict of interest of the new Jewish envoi and a husband's involvement with a right-wing group and that her husband has apparently donated to

Strider of what which is an oxymoron it's a right-wing think-tank I believe anyway yeah look it's not good. And look I have because of my own I'm going to call it mixed in my I'm going to be very careful about what I say here. I've been battling my own mental health stuff which is finally turning which is why I've shied away from intensity. I just I've had enough of my own but whatever one thinks about what is going on in the Middle East, I don't think the Jillian

Eagle. Anti-Semitism plan is the right approach, you know, sort of education is the answer to me not just shutting down a descending voice and we need more of that. But also people, everyone needs to take responsibility. I mean, often media, sensationalist elements of media will, for example, frame the transverses say gender critical debate in very extreme terms and sometimes

So much. There's a couple of things one, it's not so much what is said but how it said you can have a debate that it's not necessarily civil but does show some respect for other people but it's also about taking the chill. So then means taking responsibility and I harp on about this, maybe I'm a bit get on to get off my lawn about it but that's where things are going wrong. We always, we talk about freedom but we don't talk about the other side of the coin and also Jenny's sent in that

Person who is accused of killing a Sydney, gay couple, look Jesse bed and look. Davies Ebola. Mark Condon is going to have a new lawyer after his legal team, withdrew from his world of keys, been charged with murder. His case currently in a local court and they're thinking of all the families involved. Absolutely. So they are the main thing that two men were taken in such a way, a loving couple, who were great at their jobs and all that sort of

Thing. It's like yeah, obviously a very horrible situation. So yeah. There it is. What else has been used during the week? Well, I'm going to, I don't know. I'm still coming to terms with a lot of stuff. As I mentioned briefly last week at the end of the show, on Thursday July, the 10th. I received the results of a questionnaire that I submitted to my psychologist which

Showed I was in the 94th percentile on the autism spectrum and finding that out at 59 years and 267 days was in terms of the high percentile ranking was a big surprise. Well now I'm sort of very high up on the ADHD Spectrum as well Kaleidoscope as well. I found that out last

Thursday. So life is a journey. There's lots of mixed emotions. I suppose. This is my audio audio blog or some sort in a way.

There's all sorts of feelings. You know, why did I have to go through my life without these big pieces of Jigsaw and framework and all that sort of thing, part of his? And so I can't do anything about that on, you know, I don't think there was much talk about autism when I was growing up and ADHD or it was seen in very derogatory or negative terms. But part of me is going also going. Do I have to go through another Journey as I approach 60. I'm perhaps I'm sick of journeying a bit but I

Hey, it is what it is. So this do these sorts of mixed emotions and I just said, unless I'm missing something at the moment, I mean, it's only as it's a 10 days into these Journeys. I'm curious to know about resources and yes this is perhaps myself. But I think this very much relates to this show because we know lots of queer, people are on the autism spectrum, and lots of people have dealt with say, I'm only going to go with sexual /, romantic orientation, and gender identity and expression. I won't speak for variation of sex.

Actress dicks, but anyone with variation of six characteristics, what's the incidents of neurodivergent sand intersects? I'd be curious to know if it is similar ish to the other parts of the proverbial rainbow, but there seems to be a shortage of resources for people, coming out late, particularly queer, and then, particularly trans and then, particularly trans transfer him. Unless I'm looking in the wrong place, it's maybe I've used need to use a different search engine or something, but it is all a bit. It's sort of

It's yeah, it's a very interesting Journey. It's a bit but we'll during at the moment but I'm just trying to live by my own rules and approach it with curiosity. I suppose and find out what I need to find out. But I can say that it has, my mental health has improved, I'll say noticeably in the last 10 days because the poor little brain has stopped wandering around, trying to find the missing pieces of Jigsaw.

To put everything together cuz it's got them her eye. So that's something which is good news. Jenny's come in and said, I'm just think of all the possibilities. You can tackle now, I just just a number. My aunt, I went back to University at 50 years old. Well could be, you know, who knows what's ahead? It could open up some new things, you never know. And look that sort of approach. I'm trying to take Jen. It's just all a bit.

But whilst the wildering just unsettling maybe who knows, you know, I'm sure it'll settle in time. Anyway, I'd better get out of here and make way for freedom of species with their fabulous. Guest once again, it will be a Sheena Chhabra. Discussing the plant-based treaty, take it out today. One more, as best as I could find Tasmanian related song. Well, will there be a football team that has a devil's or will they have to stay inside something. This is INXS and the devil inside. Thanks for tuning in to out of the pan. Thanks to Rodney Croome. Thanks again for all your messages. I'm Sally Goldner, catch you next week.