

20250615

Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond we'll throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org dot au.

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3 CR 855 am 3 CR Digital 3, CR dot org, dot Tau 3 CR on demand out of the pan with Sally first broadcasting known through one every Sunday afternoon. Thanks for your company.

3 CR broadcasts from the lands of the Kulin nation, at the intersection of the Wurundjeri and Bunnerong peoples and we pay respect to elders past present and emerging. Hello to any Aboriginal Torres Strait Islander First Nations people tuning in from whichever land you are on. And we acknowledge that all the lands were stolen and never ceded. Always was always will be Aboriginal land,

I'm Sally Goldner. I use the pronouns she her. And of course, today is our radiothon show, thank you so much. We need your support out of the pan needs to raise 1500 dollars. As part of our part of, keeping your voice, your station on the air, and will to get underway in, do that as soon as possible. And some people already have thanks to radical women for \$20. Thanks for your huge support of out of the pan and 3 CR and got it. Getting us underway and I'm going right to the heart of the your station, your voice today with a fabulous guest in the studio, who I'll introduce in a second, but if you want to get in touch with me or my gooiest, you can do so via all the various means of communication out of the pan,

Five at gmail.com SMS, six, one, four, five, six, seven, five, 1215 Twitter, Mastodon blue sky, and Instagram at Sal gold set. So and that's the bottom line. And look for posts on Facebook, my page, Sally Gardner and out of the pan 3 CR 855 am Melbourne. Snail mail, PO Box 1277 Collingwood 3066 any opinions. Expressed on the show is strictly my own. The will be content notes. That will be relevant today. So I will give the numbers for Q life, including switchboard in Victoria, 1-800 1845 to seven rainbow door, one eight hundred seven, two nine three. Six seven are numbers. You can call if anything is disturbing from a queer perspective and I'm not holding back today, this is right about your station, your voice.

And this important things to talk about and it is my pleasure to welcome back to the out of the pan Airwaves and on 3 CR, Jack Brady Jack, welcome back to 3 CR. Hi Sally, hi listeners. It's really great to be here today and I'm excited to be here in the radiothon because you know, this station is a knowledge resource for all kinds of underrepresented people and causes and I love

that. So I support the station, throw some money that the supports, diversity and inclusion, unlike whole nations in other places.

Yeah, let's hope going to be here. Well, well hope this that there's sunshine on our parade today. Let's hope someone else's get rained on. I'll even that it'd be great. Yes. And could I just check if it's okay to ask which pronouns you use if any I used a them he him. Cool. Thank you for letting me know. Now let's you've got to a couple of important important things to talk about that. You're very passionate about, but we should start but by just putting out any content. No warnings.

As much as we want people to listen to the radiothon show, we've got it, we've got to talk about important things but we've got to do it right. So yeah just go with that first penalties. Yeah so I've had I have prepared a script as part of my community care plan for myself. This interview is going to be trauma-informed in my recounting of a recently difficult discriminatory experience. So he's going to help me in that. But this is also based on years of teaching difficult, Topics in my professional life. And I'm speaking a fully personal capacity today, but I'm also aiming to be trauma.

Formed in how I tell these this story. I aim to bring some joyful Anarchy into this by making mocking, some of this experience, but mocking the systems that support at not necessarily other people, I'll keep it high level, as we say, in the education world so that I don't give too much detail to prevent. It being upsetting for myself or indeed for any of you listening. I don't want to lose the series of the internet issues, but there's nothing better than having a good laugh and we know that it is the antidote to outrage at the moment.

Joy quoting, you know, Rebecca Solnit and the United States that you know, the a form of resistance is Joy exactly in that space. So I will be discussing an experience. I had early voting but then I want to move on to something else. Yeah, I want to share with you, some really intellectual stuff and I'm going to try and make that a bit entertaining, but it's about what fascist do to exhaust Us and how it exists inside systems already.

Isn't in Australia because fascism is a drip feed, and then a deluge, and this is what we've seen in the United States. I've been a scholar of Oppression now for nearly 25 years. It's something that is core to the work I have done. It isn't my sole Focus, but it's been probably because of my personal experiences as a trans autistic person that I've probably come to understand this. I want to talk a bit about epistemic exhaustion and how we can remedy that.

And inside Australian systems as well. Hmm. So I will get down to the not sewn, wordy bit of that and you have some examples but yeah, cool. All right then and thank you to Priya for donating 20 dollars to radio font. You can support radiothon by phoning in now and pledging on six 1394 1983, double seven or also you can hop onto our website out of the pan. Sorry.

3 CR dot org. Dot EU, /, donate. And when you donate, you can put mention out of the pan in the relevant field. That would be great. So document and a couple of things that you mentioned a recent difficult experience. Now, as you say, without recounting, and without traumatizing yourself, or anyone else, are you able to tell us a little about what that was about first certainly? So I went to early voting Center to vote. I know that 3 CR has been with you since 1976 and I've been

If you since 1978 company with these fictional proenza music, 24 hours day, just another reason to donate. However you know, I've been to a few elections in my time. No. I and I never

had an experience like I had this early polling Center so I'm not going to name the electorate or the polling Center out of respect for the staff than the people of that. Electorate. Yeah, but it was very busy. It was Saturday for some reason, I decided to go to Earth.

Early voting on a Saturday. I don't know why that seems a bit counterintuitive. And it was, and it was exceptionally busy. The car park was filled full of trucks with the local liberal candidates face. All over them so much so that people were parked down the road and the thing that was remarkable about this was that normally volunteers are two or three people even at a busy but there was around 14 liberal volunteers there. And the rest were sort of you know sort of shunted along

Puff and I had a certain individual come and let's just say, I got very close proximity with me and the and was very aggressive with me and honed. Right in on me, I'm dressed looking like the typical trans autistic, want to be Professor, that I am living that might look like, which is, you know, my trans mask appearance, which does stand out in a line where we were and this individual will hone in on me and let's just say, got very aggressively in my

My face with their ideas and this individual was Bernie Finn from family first. Now I didn't recognize Bernie so this is the great thing about being autistic and I classify people with my facial data recognition database that I've got in my head, I reverse engineer people. So I tend to remember your hair in your glasses and things that I can recognize the tone of your voice, things like that. So I'm like, who is this funny little man getting in my face.

And it ended with me saying basically show me The Science Show me The Science. Show me the science bit like show me the money only the left-wing version and he threw his hands in the air toward offers a bit shaken up. The greens candidate was fabulous and came and actually gave me a hug. I was moved along a line where I encountered nine. Very large liberal volunteers shouting Law and Order like slogans and ketling people along path way. I was then escorted in

Side by it. Some other generous souls and I made a complaint to the AC so it was a very intense experience. The interesting thing for me is

3 things, you know, something. You know, the things I'm going to do, I'm going to say this one of the ways that I help people deal when they are recounting these things in, this is a tip because I'm about to do it for you on radio. Hmm, three things. You can see, I can see the gold leaf, around the roof of the station here. I can see Sally's red glasses and I can see some fabulous posters breath. This is something you can do with other people when their accounting things. Yeah, things they can see three things I can smell. Well

I have really sort of bit musty in here. I can smell the the fabric softener on my shirt. I can smell this sort of a nasty smell in here and the foam on the microphone that has a distinct smell. It does actually, I've never noticed that after 900. I showed you that you got in 1323 things. This is trauma-informed. Three things I can feel and this is a good time to go my own breath. Take a bit of a breath, the feel of my fabric on my body.

And the feel of, there's a bit of a breeze coming at me, at the moment, which is nice. Okay, we're back. So yeah. Again, if I'm going to be trauma-informed, I'm going to give strategies, but oftentimes what was really interesting was, this was my choice to go and make a complaint inside with the aec and I made a complaint inside with the aec and it's a really hard when you're

in that heightened state. So, I decided to take a voice message and give it to the manager and they then took back.

Complained. It turned out there had been a lot of similar complaints. There was a massive problem with this later on it appeared that the members that were there were members of the exclusive Brethren Church.

And these are people who are not even they conscientiously object to voting in a way. They a lot of them have religious exemption from voting, and that was made the Press later on. It was a very interesting experience. I was definitely targeted because of how I present and trans existence, you know, isn't activism. We should be able to stand in the line and a voting q. But it made me think about what's going on here. You know, we

Did have all of this, you know, u.s. style influence coming in to Australia, and it made me think about experiences. I was having about in terms of, you know, this fascism is a drip feed and then a deluge. Yeah, but I will tell you what I did in because I'm quite proud of this. One of the things we do, when we encounter with these things is we might form freeze fight-flight fecal. There's all of those different bodily responses. Yep, I decided that I did want to be a

Vocal on my way out and be have a nonviolent protest. So I was the walked out the door, the manager had to escort me out. And as I walked out the door, I said to her, she was fabulous. AC staff hats off great. They were fabulous. They really were struggling, and it was really good. So, I guess I walked out, I said to her, hey, I'm going to be a bit vocal in my best, sergeant, major voice. And as I walked out, I sort of bellowed at the volunteers that we didn't want u.s. style voter suppression tactics here. And that,

They were effectively wrote a suppressing. Mmm. So the status of this is I actually felt good about doing that the next day, I actually felt good that I'd been able to let you know end with with that statement but I have since written to the Prime Minister and these matters are now with the Australian federal police. Wow. So the Prime Minister didn't respond which was interesting because in

Or I write two prime, ministers twice a year. I am that person, and it's the first time I've never had a response about something like this, but the response was to say, to me that this is a matter for the Attorney General's. So, yeah, it is a matter for the Attorney General's and the Australian federal police. So, I do hope that I get to sit down and have a conversation with them about that and I will, first of all, thank you Jack for recounting that thank you for how well you've told about it and we've had a comment in

Our one of our fabulous 3 CR listings because we don't have regular ones. We have fabulous ones. Roving reporter has said, quite sad to hear about their experience. In many people had experienced ugly confrontations during this election. Great outcome was the election result to now, this is the sort of story. You're only probably got really going to hear on a station like 3 CR. It is your station your voice. And it's why you need to phone right now. Six 1394 1983, double seven. A couple of people have done that.

Thanks Ann friend, sorry has done that and donated \$50. Thank you so much, Fran for that much appreciated. And someone else has chipped in Karina has chipped in with \$10. Thank you. We're getting underway, but we've got to get a target for this show of \$1500. So, please, let's have your pledges and donations. Now, once again, 94 1983, double seven. So yeah, thank you for that Jack. I think it's something that just needs to get talked about and

And the fact that people from well I don't, you know, sort of well disadvantaged groups similar you know, we're targeted is not good enough but no one should be. It is everyone's equal right to have a safe effective vote and all that Sloan your whatever words we want to use there and have it done peacefully. And you know, the deliberate tactics that seem to be blocking the car park. So people had to walk further or yeah thing, which is ableism and as amongst other forms of tactics as well. And this know

Ocean that 6 meters from the front door, you know, like the way the front door was in this case was inside a building. So affected with the entire line and the entire space was open you know for this kind of behaviour. And it was really interesting because you know there's a note here that you know our communities need, we need each other more than everywhere and that's more than we ever have. And that's where I'm at now with wanting to give people strategies that I've learned from my study which I've done a lot of stuff in the spacer.

Out how comedy has been used in countries where they are fighting fascism? Hmm. So and how it sometimes it has to be a bit on the down low on a bit hidden and I was just a really interesting conversation. We had out in the Green Room about how we are now, feeling like we have to be offline more. So, this is where Community media is really important and this is like 3 CR. A super important is that we have this face-to-face space where we can create community-based messages,

But, you know, I have started a bit of a drive for to collect some stories, which will add at the end, but I wanted to talk about this notion that we experience online, and it's I like to call them the Claude in the comments section, the Australian people. Yep. That the online debate has become. So outraged filled, mmm, and that it sort of reflects a bigger phenomenon that we see in knee.

Liberal government's in Australia. And this idea of neoliberalism being the discourse that has governments have had since the time of Ronald Reagan where we are trying to hold people responsible, you know, there's self-responsibility model it that makes people feel like they are responsible for things. They are not an individual Solutions can't fix fix Collective problems. Yeah, you know. So we do have these Collective problems going on and it was interesting because I wrote

On this thing, I wrote on my little thing here. I've got a self-care plan and I went, no, I don't. I actually have a community care plan. Yay, we need Community. Yeah, Eddie radio 3, CR, 9 4, 1983, double seven. Yeah, exactly. So it was one of those Community Care things is, can you recognize when someone is trying to epistemic lie, exhaust you online. Now, this is a technique of fascism that we see in certain dictators speeches at the moment where they are rambling, and they say,

Of the filled with slogans but they're sort of not. They've got this tone about them yet, but we can see it in the practices inside systems. Yeah, in government even here. Hmm, systems, like worksafe were cover in the is transport accident, commission's, Health, Services, child protection centerlink stress Services Australia. Yeah, we've had so many Royal commissions and so many the ombudsman's reports.

And they say the same things over and over again. Yep. So the fact there is I'm an anthropologist and there's an anthropologist called Ruth Benedict years ago. Talked about anthropology is the personal writ large into culture.

So other authors have talked about this with governance in Australia, particularly people like, Louis quarkons who he's a French sociologist. Be talks about the United States and Europe about this idea that the personal is being held against us to talk to punitively punish us through welfare systems.

So this being able to recognize Claude, the clueless commentary commenter and he's methods is also handy for how we deal with government. Yep. All right. I need to just grab my breath there. We need to do a couple of quick messages and then we'll come back on another common in from roving and then we'll come back and talk. More with Jack Brady about the experience. I've got a possible question about

That just one that I want to clear up. And also to talk more about your website n system harm 3 CR 855 am 3 CR Digital 3, CR dot org, dot U 3, CR undermined radiothon 94 1983, double seven out of the pan with Sally and guest Jack.

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3 CR 855 am 3 CR Digital 3, CR dot org, dot r. U 3 CR on demand out of the pan with Sally and guess Jack and you're on radio Forum today, 94 1983, double seven, please pledge your support. Now forgot to read out. A few of the notes that have come in with some of our donors Franks and said you do a great show Sally. Thank you, thank you. Frank Sam, who else have we mentioned Priya said, love your work. Sali in solidarity. Thank

Thank you so much. Megan's, donated \$50. Love you work. Keep up the good work and keep wrestling. Yes, well, we're going no-holds-barred today. Yes, there is the wrestling reference at around 12 28 for those who have their non-gambling non-financial bet on what time it's going to happen and Janes come in \$25, making music is resistance. Yes, that's absolutely halt. Art art art, yes music, music music, music, music and we I should say, not to mention.

Opened up with Caitlin Harnett in the Pony, boys and Rosie. So we're at around were around a third of the way to our Target, but it was Scott. It just around \$500, but we've got to get 1500. So keep them coming in and we've had another one come in and that's Hillary from down in

Tasmania. Hey Hills Who has donated \$25? Thank you so much. They're beginning to flow. We need that flow to become a stream and keep that stream of your stay.

Ocean your voices and the other comments from roving is that Katy Perry? Apparently visited puffed off last night in some good news. Hey, you two. So there's is always positive news. Yeah and we've got a couple of questions that come into your theme and your topics of conversation. I'll do the first one first has Jack written directly to Bernie Finn. I think I've had enough of Bernie Finn to be honest.

I think he gets enough air time just quietly. No I haven't because part of it is around not wanting to reach all my might to rise myself and take action. And there's a thought about you know, there was this big group of people out there, you know, he he was volunteering, he wasn't the candidate there. He had every right to do what he did. It was the way he did and how he did it. And, you know, I just I'd rather give it a time to other people and I'd rather

Other not not give him any more energy to be honest Verena. But yeah, it's interesting because one of the things we talked about in my project which I'm calling n system. Harm is that this idea that complaints process has always require you to go to the person that you are in conflict with now in principle? That's a great idea. In conflict, resolution terms and I've studied conflict resolution at a master's level, you know, it's

Right concept. But when there is a distinct power in Billet balance in there is no good faith. Then it can be actually quite harmful and you need other ways of doing it. Yeah. So I'm not going to give Bernie any more airtight so that's it. We're not mentioning his name anymore, done called fair enough. Well refer to all of these people is Claude in the comments or I don't know. Lots of see names. Come to more. Yeah look I'm couple of quick things in there. Just before we come back to your thoughts you know, sort of

It was similar, you know just interrupt Dunes book is out and I did roving some suggested. I watch her interview on The Late Show I think it's with Steven Culvert which I did and you know I'm reminded we know with just Cinder of how she wouldn't mention the a certain person's name after the situation in Christchurch. Great idea. Don't mention that person's name. Agreed. So now you've got to sort of put in this case call out the person but enough is enough. Now, roving's got another question for us. Thoughts about the axing of Q&A and the

Checked. Is that now, the exact wording here is that not healthy for democracy, especially having less forums for civil discussion in the public realm. And then goes on to say, important to see people like Patricia Corvallis, hosting QA representation matters for a lesbian woman, in mainstream audience that sadly gone to this to thoughts, the axing of the two shows healthy for democracy or three. And then visibility I may not answer the question in the way that you would like. So I have all apologize for that first. I'm not being

An obtuse. My research is on cultural democracy.

Now, this is the idea that all voices matter which is another reason, why 3 CR is one of the most important Independent Media institutions in the country. Sorry to slip that in there. I'll just slip in 94 1983, double seven. So yeah, I think it's really interesting. I interviewed for my research, some very, very big names in in political comedy and one of the comments was that, that TV and TV studios and let's Things Are Going the way of the dinosaur. Hmm, and I think in the car, the cultural context we are in now. There's more application of voices but there's more fragmentation of media. So what we are seeing is less boundaries less that something. So I

think the loss of these shows in is in a forum that is, should we are shifting away from. I think, what's really important? Now, in terms of cultural democracy is that we are aware of all, of the risks of

Manipulation and misinformation and we get to know those critical literacy techniques as a culture and as a community and we care for each other to support to actually know what is good information and what is not and have the power to change our minds. You know we you know you're not there's a whole lot of discourse you see in the comment sections in the Australian and other places is like oh they're a hypocrite. Oh they're there. So they're that. And it's like because someone is actually gone and got more information.

More credible information and change their mind. So I always think when panel shows in my research, I've looked at the long history of Australian TV. At one point panel shows in Australia are quite different to panel shows in other places. Yeah. And it is a bit too civil, so I agree with you. I think they are a bit too civil, so we can do watch more with Community media. We can do much more with a diversification of media and I'm suggesting, we were talking about this again in the green room that we

Need to be offline more now and we need more places where we can build solidarity between each other with messaging that we can take online. Yeah, if that makes sense. Yep. Yeah. So that makes sense. Sort of do our strategic work you know quietly and then come out with our public message that we want is. Sorry, I want to get back to this these core things. I want to leave people with to think about this idea of epistemic exhaustion. I'm going to read you the word.

Action of this cognitive fatigue. So fatigued in our thinking generated by the efforts to determine retain or communicate, what One Believes under conditions that make doing so, especially taxing talking to a bureaucrat, talking to a doctor talking to a politician. Yeah well there's power in Balance. There's three types of environments where this has happened where we get exhausted by this way, trying to explain our position, socially politically polarized environments,

So the Q with me at the front of early polling, you know, when you are in the comment sections epistemological, e, chaotic environments, which is what we're seeing with the protest movements and civil disobedience is really important at the moment, you know. So the protest, you know, those and epistemology is people a little bit. I had this epistemology is word, I've struggled with my entire life, epistemologically, oppressive environments. So, but the thing is, at the moment, there's these conversational behaviors that. We see that

Politicians use? Yeah, this is again. Something from my study with height, this idea of normalization or hyper normalization where we start to sort of rationalize things that should never be rationalized like genocide because of the ongoing conversation but these there are clear techniques that have been documented and I will share this share some resources with Sally that we can post up. One of them is an article by 1/8 gentleman named Mark Sutter, and it's called Epic.

Stomach exhaustion and the retention of power. These methods actually help people retain power in in governments in organizations and corporations, there's multiple complexes. But let's go through the list of what people do. Mmm. Do that. Yep. Let's do it. So this one's fairly well-known because the words floating around a lot. Its gas lighting and it's repeatedly denying someone's experiences to make them second. Guess themselves. Yeah, I'm not going to go

into that one much because there's so much out there about that. Yes, my other one is sea lion.
Eating

So you see lining is its when a.c., I just have to imagine Neil the seal and Tasmania. Shout out, Hillary in Tasmania, you know, getting in there just taking attention away from the debate. These are people that derail the debate. They get in there and they say genuine question. And the question is not genuine. It's a form of particularly online harassment. Where someone persistently asked disingenuous questions, they often demand every endless evidence and

And clarification regardless of the quality of the information. So see lining is often what you see when you're trying to deal with Services Australia or Centrelink. Hmm. Wear it. Again these things flow on, you have this phenomenon where you're asked to provide the same evidence 643 times, mmm-hmm to prove that you have a condition that is lifelong. Emotional manipulation tactics like insults body, shaming and other one that happens and there's been some debate about, should we bodies?

Shame back. Oh boy, I have said some things about Peter Dutton and I've got in trouble for it but I will stand by the position that I think I can mock power. However, I like, these are people that have massive massive control over the lives of people. Hmm. Directly the and as we can see what's going on in other parts of the world which I'm not focusing on today because I want to focus on us here. Yep. Is that then? That becomes writ. Large.

But the case Gallop, the geese Gallop is, for people that present a large number of argument. Since all higgledy-piggledy famous technique of trust me bro, universities on. In the manosphere Shifting, the burden of proof. This is where someone goes. Insisting the other person prove their claims while refusing to provide evidence for their own. So people that believe in Chemtrails and then ask you

To you when you're talking about something else health-related for example and then won't talk about Chemtrails at Hahnemann attacks. We know what that is, taking the person at the issue. Cherry-picking evidence. So this is the selecting only the evidence supports one person's Viewpoint. So that's just some of those exhausting techniques, but you often see them played out in other spheres. So you see them played out now in the way that all disclaimer, public servants, behave sometimes. Now, I'm going to

I say this very clearly public servants. Are not the problem here. Yeah, they're stuck in the same system. Yeah. But they're often forced into doing things by the system themselves. Yeah. But they can conscientiously object. There is a thing called discretionary judgment. Hmm. And, you know, we need to be thinking about those things too and helping each other understand that we all can conscientiously object.

Yeah. We've had a couple more donations come in just while we pause there. Allison from Preston. Has donated \$40. Thanks Allison and Loretta from st. Kilda has donated fifty, one dollars and twenty cents. Thank you so much for covering some of the fees there. So we're moving along, we're getting up towards our Target, but we still need more support on 94 1983, double seven, to get to our Target of \$1500.

And so please sort of bring it in. Now roving come in with a reporter of reporter roving reporters. Come in with the question what comedian to artists does jacket? My as smart communicators through comedy. Oh wow. So many kind of a direct answer? Yeah, so many I

think again, I'm sorry if I sound obtuse. I'm not trying to B talk like a politician. I need to be clear. Here I am.

Not so interested in popular famous examples of Comedy because my research is not on that, but I did interview some awesome comedians. The people that have inspired me, people like Kareem Grant now, Corinne's retired. She's now a human rights lawyer and she now fights for the rights of refugees, but she was in The Glass House in 2006. Yes, people like Wendy hum again. Retired who, who was the first female?

Host of a comedy variety show. In Australia, ever called the Big Gig. Mmm, people like, Sammy, Jay Sammy. Jay inspires me music. I love musical comedy and I have done musical. Comedy myself. I am a complete hack. I barely can Bang Out Of Tune, but some people think it's funny all 26, people of them and you I think you bring up more than one tune. So, there you go. But maybe more than one

I, you know, I suppose for me it's there's a bunch of Grassroots artists I admire or one of them is Abner me. I'm gonna be who runs a Comedy Room called, raising the bar, and a pipe of Scott. Of course, who else. Oh, there's a bunch of known, Neptune Henrickson. I want to give Neptune Henrickson a shout out. Who does an amazing comedy routine? Called Goodwill. Comedy out in Ballarat. Hello, did you feel listing up in Ballarat? Yeah. And what's amazing about this show is that you

Where it is located is right across from some of the biggest churches Ballarat and it's a lot of queer and trans comic comedy there. So, yeah, I'm really interested in the Grassroots thing and I'd like to see that grow cool. Now, just a couple of quick things, quick things. Hello to Ballarat on what Orion country and we've had another donation in Juliet from collingwood's. Donated \$50, thank you so much, Juliet. We're getting there. I'm just going to. I just need to

Catch my breath for a minute. So, just a couple more quick messages on radiothon 94 1983, double seven. We're getting up to a third of the way there, but we're still going to get to 3/3 which my math tells me is what the whole donation that we need. So let's have a quick breather on 3, CR 855 am with a couple of messages and come back with more of Jack. Brady as we head towards the end of the out of the pan radiothon. Show 3 CR 855 am Digital 3 CR dot org dot IU 3 CR on demand out of the pan. With Sally.

Hi, this is Anna, Piper Scott and you're listening to 3 CR.

3 CR radiothon 2025 your station, your voice. Aloha woman Decker, and hello buenos dias. Crazy. Our 855 am welcome to 3 CR Community radio dear listeners, Community radio 3, CR in Melbourne, 3 CR Community radio things. The our media 3 CR is community owned and operated 3 CR 3 CR.

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Transfamily happens, next Saturday afternoon call them or contact them via transfamily.org. Are you in the meantime? Contact 94 1983, double seven. Our volunteers are waiting for your call and support Radio phone on 3. CR for 2025, had a couple more donations in calf. Has donated 50 \$5.25, thank you Kath and Anton from Clayton a recurring supporter of the show has sand in 67 dollars. Plus also covering donation, twenty eight tenths, thank you and couple more messages in from roving reporter who's loving this fascinating discussion. Thank you roving. And there's also said Joe Rogan's podcaster part of the manosphere and popular with men. Now in Australia there's also an article in the age about him too and yes you get to that yet. So not yet. However, I've been reading there's a couple of books that I might send the links to Sally show about that really cover this in depth. And I think there's one that's called, that's not funny. And I don't have the author's names off the top of my head, but they're in my world. So there's a couple of books that have been written primarily out of the United States about shows, like Joe Rogan and how they claim to be comedic or comedy, you know, in the sense that I'm playing a character but they obstacle jobs for you Kate and and share this information.

In in that making of Comedy which is all about that comedy context and boundaries and how, you know, we need to understand that there's a blurring of lines there. But interestingly, those shows make massive amounts of money. And this is the thing that's scary about this, manosphere complex, and this this stuff going on in that space. So make huge amounts of money and the left left wing comedy. If we're going to call it that I don't really know that I like that using that language but you know, Progressive comedy or community-based.

Comedy or lived experience comedy or solidarity comedy. As I'm liking to call it political comedy, doesn't, you know, his left high and dry. So, I'm not sure how we remedy that at this point, but I know that when you donate to 3 CR all donations over two dollars to the station, the tax deductible, so that's an extra incentive imagination and maximize your tax return and stick it to the tax man. Absolutely. And speaking of which, you know, this this urge to demonize others this you know, it's profitable.

Abel. It isn't profitable thing but it goes all the way back to the witch trials. Okay, and I have a Fascination. If anyone seen my comedy with a semester at Uni, I did, which I call the semester of Doom and that semester of Comedy. I looked at Witchcraft, and demonology, bioethics, and NASA, nutsy medicine. I also looked at a human rights abuses genocide murder and revenge, they were like the fourth topics that I did in one semester.

Which is, which was a heavy semester. But I also learned a lot. The Witch Trials actually generated money for what were early bureaucrats, what? So there was a guy named Matthew Hopkins. Who was the witchfinder? General and he made a thousand pound or thereabouts a year but effectively if you look at what he made a year by hunting witches, was that it's equivalent to what about 150,000 a year?

And effectively, these were like early public servants because they were representing church or state is sort of in this again lured zone. So, this is where I want to keep coming back to the idea of conscientious objection and how as people we can object-- and we can share our stories and how meaningful and how powerful those stories can be and then we can present them to government to hold government accountable. Yep, for sure. And we will give the website which

Where you can submit that which we can't really, we have difficulty sharing on some social media, which is ironic, what is that website and system harm.com. And it has an explanation on the front page. It is aimed for people who advocate for others. So it's, you know, if you've got someone that has a particularly painful story and you want to help them share it, but they want to be D identified, they can pop their story, you know, it's got a page called Your Story and there's a whole lot of tactics in there that are there.

Stomach exhaustion tactics that I'm using plus, and place where they can do a voice recording or anything else. And then we did, and if I, we can either block it or not and the plan is to take it to Senate standing committees eventually and then that the end system harm thing. That's really interesting because meta Facebook is saying in the discussed, harmful content in it. And I keep saying we want to go underground. We're kind of like, you know, with this is an underground movement. Now, this is a way of resisting so we can get people to tell their stories and

Protect them at the same time. So, okay. This is a tool for Advocates and anyone who needs it to share these stories and then we'll collect them under the different portfolios. The different sentence saying commissions. The idea is to collect these stories to support. Now, I keep saying that some of these techniques public servants use, and it creates again that divide and conquer thing at pits us, against each other. We want to also support reforms inside government, that makes trauma-informed.

Practice central, because it not only saves government money and I hate using economic rationalists arguments, but it saves lives. Yep. And, and it will eventually save taxpayers dollars. Thank you. Matthew Hopkins, with your witchfinder, general example. But, you know, we basically we haven't come a whole long way if we're still pitted against one another. So this is about collecting stories of of what a potentially harm.

Using these tactics that are used as ways to save money in neoliberal economies and governance structures. Yep, n system has become so you may not be able to share it. So I suggest showing it on the messaging or or just sitting with a friend and helping them write their story. Yep. Telling us whether you want us to block it or not. Where we take it next. Cool. All right, another comment in from roving any podcast recommendations by Jack as well for us in the

Me too with which to be engaged? Sadly, I have been writing up a PhD for way too long, so I haven't been listening to many podcasts and I apologize and I apologize that in the future. I'll be much more active in. What's out there space there so I don't have any at this stage I have been suggested that I might bring back my own but and that was something I started called Deep distraction ages ago about these ways. We distract that it was a distracting conversations but

But I don't know. I'm not that good a podcaster. So I thought I'm sorry, I can't answer that one. Cool. We have had a donation in from Rebecca out in forkner. Thank you, Rebecca, for your donation of sixty, seven dollars, and 28 cents, much appreciated. So we're over a third of the way there but we've still got to get to fifteen hundred dollars. Let's see if we can get a bit closer before we end and freedom of species comes in with their radio, van animal trivia show you know sort of this is as it going. This is your station. Your

As these discussions, I doubt you'd hear anywhere else. Certainly not in really any commercial media. Not even the more allegedly in inverted commas left, commercial media like the garden. You know the the ones that were called nice teacher in the campaign by a certain person, which

just blows my mind, what we could also do. You could have tied me and I don't agree with them. They nasty. Yeah man, baby stuff going on there, probably. But instead of, yeah, I mean, we're just, we're running being too.

Run towards the end of the show. I mean, and there's so much we could talk about on this topic. These topics of system harm. Yeah. And other things but got a couple of tips if that's okay. Yes, tips are good. Let's come up with some positives. So I want to I want to give some tips for self-advocacy and any space. So one of the things I want you to keep in your front, it is is kind of this idea of if it's a form of like Disobedience, non-compliance okay, it's not illegal to be non

Compliant. It's, you know, and it's empowering and it can help your cause sometimes. And I know that people worried about retaliation, but I want to remind you that when you're dealing with anything, that represents any kind of power structure, they have a code of conduct to hmm. So my first tip is know what their code of conduct is. And in the case of the Victorian Public Service section 7 of the public service Administration Act is quite specific about. They must be responsive, they should be seeking.

Practice advice, they should use the best resource of resources and they must work towards you in an impartial way and if they're not doing that you can call them on that. So that's my first tip. Another tip you're not retried required to train, anybody who has more power than you, be that a public servant or a politician or anything else. You're not required to train him. It's not your responsibility and your lived experience shouldn't be constantly given away for free. Hmm, so remember its expertise and they need to have the appropriate

Expertise to access your information. If they are trying to interpret a medical report of yours through an administrative lens. This is when you can call this out, they have a code of conduct. So their lack of planning is not an emergency on your part. One of my favorite sayings. Yeah. So when you have someone ringing so can you speak now? No.

I need you to make a time with me that suits. It's also not your responsibility to give resources to government or anyone in position. Get everything in writing is another tip.

Plausible deniability is the thing. Make communication plans. This is a big one. How you want people to communicate with you making me nervous. You're always entitled to a support person. Get one if you need one, if it's too taxing for you, to deal with them. But, and whoever them is nominate a legal representative, a friend, those sort of things phone recordings, remember phone. Recordings are your friend, ask them, how long they are kept for and what their Freedom of Information processes. So that

There's some ways to think about when you're doing self-advocacy, when you're in this position and they're trying to exhaust you, it's a way of holding this now, they don't often again, it's unintentional need to point out that some really good people working inside these systems, there are people that conscientiously object and we need to encourage that. Yep. Because change only comes from rupture and repair,

And communities can drive that we can drive that, you know, we have more in common than we do in a difference. Well, absolutely. I mean, I'm thinking of the great range of programs on 3, CR Union, environment Marine news and animal advocacy coming up next. Queer, great music and a couple of messages from roving. Once more positive aspects about the decline of so-called Legacy Media is shop talks like, I don't even think we will name a particular

Tickler personal isn't that? And it's certainly much that made your outlet. Don't resonate with the younger generation. Yes. Agreed. Love you. And corporate media is always being conservative. According to Wiley, dalits about Revenue, being directed to matter and not traditional media site. Now, that's led to their Decline and roving has also said, and I quote, this was like a free consultation today, love Jack. Thank you.

I just there's so much. I'm the team my head and one of the things about doing a PhD is what you learn is, how little, you know, now I know there's people with phds that some people think don't have that attitude, but it's just this space of, like, whatever I can hand on. I genuinely believe in this notion of community care. And I think we need to be thinking about Mutual Aid. We think we need to be able to, you know, like rather than hoarding beans cans of beans, we need to be hoarding.

Relationships. I'm not suggesting for a minute that we have to put up with the pissed emic exhaustion techniques, the see liners and Claude in the comment section can go and go Nick off. But certainly we have a lot of collective care that we can continue to focus on and thank you for that. That's a nice way to finish this show. We're still got to get some of our radiothon Target, please support out of the pan and all the other programs 94 1983, double seven or

3 CR dot Auto you forward slash donate freedom of species coming in next. I'll take it out today with a bit of Troy Cassar-Daley who's back on country from 2021. Thanks for tuning in to out of the pan. I'm Sally Goldner. Catch you next week. Thanks all.

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Want to learn more about how money was made from the Witch trials?

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