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Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond we'll throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org dot au.

3 CR 855 am 3 CR Digital 3 CR dot org, dot au 3 CR on demand; out of the pan with Sally first broadcasting noon, through one every Sunday afternoon currently Australian Eastern Standard time.

3 CR broadcasts from the lands of the Kulin Nations at the intersection of the Bunnerong and Wurundjeri peoples and we pay respects to elders past present and emerging. Hello to any Aboriginal Torres Strait Islander First Nations people tuning in, from whichever land you are on. And we acknowledge that all the land was stolen and never seeded, always was, always will be Aboriginal land and acknowledging that it's National reconciliation week starting on Tuesday. May the week, be one of happiness and bringing you joy if you are Aboriginal and Torres Strait Islander.

I'm Sally Goldner I use the pronouns she/her and out of the pan is a show as I like to say covering pansexual issues knowing no boundaries of sex, gender or genre. And we opened up today with M People moving on up. Thanks to the crew from out of the blue diving deep for marine news as they do every Sunday morning from 11:30 til noon, and there's lots of ways to get in touch with out of the pan, you can do so via [outofthepan855 at gmail.com](mailto:outofthepan855@gmail.com), you can SMS. six one, four, five, six, seven, five, 1215, Twitter, Mastodon blue sky, and Instagram at [salgoldsaidso](https://www.instagram.com/salgoldsaidso) and that's the bottom line. And look for posts on Facebook, on my page Sally Goldner and out of the pan 3 CR 855 am Melbourne for postal correspondence. PO Box 1277 Collingwood Victoria Australia 3066 any opinions expressed on the show are strictly my own.

Don't see any foreseeable content notes coming up today. I'll give you local numbers if we have them throughout the show. Well I have an awesome guest waiting on the zoom lines to join me today. Of course well like 3, CR doesn't have regular listeners. We only have awesome guest and I have awesome ones. We only have awesome guests do on all of the great shows on 3 CR. And I've been really looking forward to this conversation today, with an amazing woman Janice Justice Brown, who wrote a book a few years ago and apparently we might find out has another one coming soon and it is my pleasure to welcome Jenise to the 3 CR airwaves live from North America jenise welcome.

Hello. So good to have you on the show and of course, you're over in the east of the United States where it's Saturday night at the moment. Thanks so much for your time. They're not on a Saturday night. A few years ago, you wrote an amazing book which I've got to read and reread, because even at the looking

The small sort of over the week and since I saw the manuscript down-low sister on top celebrating the America African-American bisexual woman, I mean, let's sort of go back. What was the Genesis? The seed for writing such a book. How did it come about?

Sally and thank you for having me on your show. Wow, I actually was not planning to write a book. I was working on a presentation to do for workshops and because I'm a workshop presenter as well. And it was just content that I had gathered over the years from people that talk to at different points in my life and I was talking it over with a friend, you know? Just

Sharing some information and he suggested I write a book and, you know, because it was a topic that fascinated him and he said, he hadn't heard anybody talking about, or speaking from the perspective that I was speaking from. So the book evolved started out as a manuscript he was like, no, don't worry about the manuscript, write the book and I said, okay and I wrote the book and ironically enough, the first draft of the book I lost the complete

Manuscript. And I had to rewrite it and I know if you're a writer out there, you know, I was stating that was, but I was able to recreate it. So yeah, and in the process of writing it it became very therapeutic for me, living in the intersection of, of the the lives and the people that I had talked to, I could definitely relate to a lot of their experiences. That's that's an

A point to. Well, I think dive into immediately there's two, I mean, there's two things that come out of there. So I might start by asking what were for out the sake of, of our listeners. What were some of the experiences that were talked about, in sort of, let's sort of give an overview and then maybe give a few specifics about some of the, the stories in in, in the book that might be a first place to start.

Okay, well, The book is speaking from the perspective of 12, different women will actually 13 and it started at it's the first book that I wrote is dealing with the backstories for each one of the characters. So you have 12 characters situationally. There is a woman who is married. She has children, she lives and works in the busy DC, Washington, DC area. So she's in politics,

And her family comes from a relatively affluent background. So she had been living this double life all her life, but at a certain point in her relationship and her marriage, she realized that she really hadn't been exploring or living her true self. So it's the the theme with that is basically dealing with the having to hide and lie about who you are.

There's another situation where a couple they had come into contact with one another through. You know, she was actually her one woman was the mail carrier for the other and I laugh because this couple very dear to my heart, but one of the ladies were she had cancer and they had to

Deal with the family who did not respect their relationship, you know, making it very difficult for them to be together. Even during, you know, her going through her cancer about with cancer. But in the midst of all of that, she was also dealing with mixed feelings, you know, with just, I think and it's a little bit Go for me to try to deal to try to talk about each one of the characters shown as the overall thing. Okay? Not at that, that's fine. Yeah, the overall theme for the book has to do with women who have decided that they want to live out loud and live their truth, and they have situations that are preventing it, whether it be through religion, through their job, through their families, they are going through challenges.

Changes, that is making it really difficult. But in the midst of the challenge, they are exploring themselves and in exploring themselves, they are getting reclaiming, their voice and reclaiming, their power and being able to live authentically.

They reach, wow, which we need, we certainly need more authenticity overall, you know, I think on our planet today more than ever, I'm reading an article on leadership in the last 24 hours or

so just how my words robotic our so-called leaders have become performative would be another word. So we need authenticity for everyone but I think for people who might I think it's a reason more than reasonable statement.

Side that for people who faced any degree of marginalization, small minorities and then minorities in within minorities. So to speak seeing other people living authentically, is just such a powerful thing and very, very necessary. But you there. So, I'm going to link my remarks there, to your earlier words. You said that the writing the book putting it together was therapeutic for you.

And you know I'm going to say first of all how was putting the book together therapeutic and I'm going to add in has it helped you become more authentic in any way.

Yeah. Well, the therapy for me was you know and talking to the different women. I was able to see how I even though all my life. I felt like I was being authentically me but I never came out to my family. You know, I had the moment of being in a what I was was considered a lesbian relationship and I announced that I was a lesbian because I thought I had to pick a

But which is the therapy for me in able to say, okay, I'm not confused. There are other people out here who have been experiencing the same things. I'm experiencing, I don't need to pick a side, I need to just be who I am, so that's what ultimately came from that, but the therapy part of it was for me to just take ownership of my sexuality because I thought I was like, you know, I grew up in an era where

Are we didn't have a word for it, you know, it's like gay and straight. That was it. Yeah. And then, you know, they had these term that I put here, the older people say, you know, calling people Dykes and, you know, all of these terms that we've now claimed. But at, that point, they were - when I heard him, it was like, oh, this person is that this person is that and it just scared the crap out of me. So I said, okay,

Not going to call myself anything. I would just say that I had an affinity for women, you know, just like women. But the therapeutic part for me, was being able to just really own my sexuality out loud. You know? I would bring my girlfriend's around and I would bring people around my family, but I would never, I would always feel like, well, if I was involved with a woman, I must be a lesbian if I'm involved with a man. I must be heard and that's quite

Confusing. Yes, death to try to navigate the book needs to get done confused. You know, it was It was kind of one of the things that I talk about just in coaching because I am also a life coach. One of the things, one of the practices that I offer to some people is writing is very therapeutic in and of itself. So when you say right

Tell your own story and put pen to paper. A lot of times, it clarifies things for you. So it was that the whole process and then losing the manuscript was really like, oh my goodness. You know, I felt like my whole life was like falling together, it felt like it was falling apart, but it was also falling together.

It was a confusing time but it was really helpful for me to be able to put it on paper, you know, to get it and I say paper because I'm old school. I know. I'm this 59 is we type 59 year old with you? Yeah, look, yeah. I understand what you mean. I'll say with tongue, wedged firmly in cheek for our younger listeners. Google it

Obtuse understand what we mean, but I think it is and I mean, getting it out, I mean, will say, regardless of the manual or more automated technology, I think getting it out of our heads,

where things can run around in circles yet, it's a great idea to be able to just get it out and yeah, sort of move it out of the head, how I'm going to ask you then how do you fight on Instinct? How do you

And the process of writing in itself, apart from being therapeutic, what works for you in terms of getting the writing done because this can be a challenge for people who write and or want to write, want to write more. How did you go about, you know, putting such putting your material together in that way?

Well, like I said, at the time, I didn't feel like I was a writer at all. Even though I had been writing, I majored in broadcast journalism, I was writing poetry, I was, you know, writing film scripts because I had shot my first film. By the time I wrote this book, I was in theater. I have a theater background so I'd written screenplays short stories, but

Putting the book together was really kind of I call it haphazard because I had no idea what I was doing. I I didn't start with the outline, you know, like it's recommended that you, you know, create an outline, you know, jot down some general ideas. I just started writing

And I think that was in and of itself that the need for me to get it out, was more important than structure. So, I just started, you know, getting it out. But as when I lost the manuscript and I had to recreate it, I did start with an outline and coming up with some some points that I needed to touch on because the information was fresh for me, but at the same time, I it was difficult.

Me to try to recreate it. So, as fast as I could, I created an outline to try to. Remember everything I also was able to and, you know, writing is a lonely process. So being, you know, in solitude and isolation I would go to the beach once a month actually. I tried to go at least twice a month. I go to the beach and sit by the water, you know, sit in the hotel room.

And I would just get the writing done the entire time. It took for me to do it was a very lonely period for me as well and it came on the heels of me of a breakup. So I was I had a lot of emotions and you know, as part of this process. So yeah, writing a book and you know, like I said I didn't follow the conventional method I self-published as well. And

Once I got the first draft done then, I created second draft and I had about seven drafts Before I Let It Fly. And even then, I'm going to say this to anybody who's listening right now, who wants to write a book, make sure you get a good editor and make sure you get a good someone that can create your book cover for you. I do those. Are the main two things when I look back. Now I'm like oh I should have spent more money doing

That, you know, as opposed to hiring someone to help who really, did not know what they were doing at the, you know, point of helping me to get the book out. But yeah, just you know it was it was a labor of love, you know. I have a well we're not going to talk about the new book right now. The new does it, but I've learned a lot. I learned a lot from that process. I am self-publishing continuing to self-publish

Foolish. But there's certain things like I said, getting an editor and someone that's really good with design book, cover design to do that part for you is really important.

Excellent advice I'm doing is talking with Denise Justice Brown about her writing and books and in particular download sister on top celebrating the African-American bisexual woman. Denise, there's sort of I think there's so much to talk about my my brains overloading somewhere.

But in terms of what to ask, I mean what sort of things came out? Can I get you to say in your own words? What sort of things came out from the point of view of? I'm going to emphasize first the African-American bisexual woman because were there differences were there you know all what sort of things came out that struck you as in terms of themes as you were putting the book together what sort of things came out?

Well, as far as being African-American, the first thing that comes to mind when I was putting it together and the stronghold that religion plays the position that religion plays in the African-American community and helping informing how we identify. Because most of the women, the adults because I there is a Tina, a couple of team that will college and high school. Two of the characters, one is in the high school was in high school and others in college. But the adults who I interviewed, and who I talked to all of them, had the same running thing running through the process, which was how much they feared being judged by God.

Because of their sexuality. And because of that fear that and that's something that, you know, kind of and I have friends who are, you know, bisexual of other races and things like that. And I hadn't heard any of them talking about the challenges when it comes to the religious part of it like that. And so growing up in

The Baptist community. And in Christianity, specifically, I always question, you know, things about the Bible and stuff like that because some things just didn't make sense to me, but it's a strong. It the, the religion in the African American Community is a really, really powerful tool and has been used as a powerful tool from the very beginning to keep, you know, if we

Were to look at slavery every and how that Christianity was used to continue the process of people keeping people oppressed. It's really, really deep in the African American community.

The other thing, what that I that struck me as an African American men just being bisexual in General, within the

Lgbtq+ Community. It's still I still feel marginalized a lot of times and that's something that came up to where part of the reason for me, even touching on the subject in my workshops and things like that is because the people that I was talking to, I couldn't see me in the lgbtq+ spaces either. So Not only was I feeling invisible and black spaces,

Because I couldn't talk about it and it's the women were feeling the same way and lgbtq plus spaces, we couldn't find that either. So it was like feeling invisible everywhere.

Which was and has been kind of a challenge for me and kind of disheartening, because even after I wrote the book and try to start, you know, getting interviews and having conversations, this was in 2014, I couldn't I wasn't having a difficult time getting support for it and it's like, but there's a lot of other content that was out there, but I couldn't even if you Google right now, you were hardly see much out there about bisexual black women,

And to think that bisexuals as a whole encompasses, a large quote-unquote percentage that I don't really like percentages but they do add have a point, you know, people do collect data for a reason for bisexuality, the bisexual Community to be a large portion of the lgbtq+ space. We are still like the marginalized community and I'm trying to figure out why is that

Is it because we're not speaking up much about it or is it? Because I don't know, it's it, baffles me, maybe, you know, you could help me with that salad. Well, you've all asked, I mean, I think that there's some on the I can only obviously talk to the by part of this acknowledging White

Privilege that I have. But I think on the by part the year we Society does tend to be so either or on lots of things. Bye.

To be binary, whether it's sex, gender, identity, sexual, and romantic orientation to start with. But then we look at people think day or night, rather than Dusk and Dawn, we just tend to look at just this All or Nothing. Approach is one Theory. And unfortunately, the other theory that all idea that comes into it is will say issues regarding lateral hostility and sort of

Taking out insecurities on someone perceived underline and emphasize the word perceived to be worse off than yourself. And unfortunately, is and I have experienced this many times where elements of gay men and lesbians will make biphobic remarks. It's slowly lessened over my just over 30 years of being will say more authentic and being involved in Rainbow communities, but it's still there.

And yeah, this is these sorts of issues just going Beyond by invisibility by a razor out, right? Lateral. Hostility from up, there was a great article in one of our online rainbow newspapers. Q news this week about a queer woman and her non-binary partner who went out to a queer club. And I will say content note here, sexual harassment was sexually harassed on the Dance Floor by a gay man. So

It's still these poor quality behaviors going on where people dismiss use power of whatever hierarchy whether it's gender, sexuality, sex privilege, skin color, all those sorts of things. And I think that speaking up about it, Laura who was the article writer of the article? I think did the right thing and it's time, you know, we have to have these debates, they're not easy, their emotional.

But if we don't have them that's out the same problems are going to continue to build and fester and then like a volcano, they'll eventually erupt. So there are my two theories are not city hall question, lateral hostility in slit and insecurity combining. And binary thinking would be to that. Just leap leap to mind, you know, in terms of why this happens for by plus people.

Yeah, and I definitely agree with that. I you know, when I decided to title the book, you know, celebrating the African-American bisexual woman, I struggled using the term bisexual because it does set up the binary, right. And

Ultimately, I believe being born in this bisexual space gives me my superpower hehe and gives us the super power and this power is the capacity to love people. No matter the gender and you know we since bisexuality you had gay, you had straight, you had bisexual and now it's expand to pansexual and a lot of other categories and non-binary.

I appreciate the different groupings now because it gives people an identity, a place that they can go to. It gives you community, it gives you all of those things. But ultimately, I would love for us not to have any categories at all. Because I'm all about people, just loving and uniting. And and because of that, I think, I honestly believe I Was Born This Way, like I was born.

This way specifically so I could be able to say what I'm saying. Right now that we don't really need to week should be able to love people across the board like without the categorization but words were created. You know we have language, it was created for a reason and I understand that but ultimately I look forward to not having the categories and because of that you know I've been thinking lately I was like what?

Maybe I need to start identifying as pansexual, you know, or non-binary. So that people who still are struggling with what bisexuality means in the construct of the world. With the binary piece of

it, that maybe I'll stop using it because that way people will be more inclined to want to have conversation because I am truly trying to find the in rows to be

Be able to talk to more people. I'm so happy to be able to be on your show, honestly. Because I had someone say to me. Well what about trans rights? You know? And I'm like well hell yeah you know excuse me. I don't know if you can curse on us but we just got stronger than that.

You know what about Latin ex-rights? What? You know I'm like, yes, you know, I embrace all of that. But the fact that someone asked me that I know it had to do with what we've been taught about the words that we use and how we speak and things like that. So I welcome the Sation and like I was telling you before curiosity for me, I'm curious about your coat.

Culture. I'm curious about your world and I want people to be curious about mine because that's how we get to know each other. If you have a curiosity, like a kid, be curious, absolutely spot-on. Jenise totally great. And the ability to listen and learn is is great. I love the fact that you think being by buyers, a superpower on the words, I mean a lot to, you know,

I'm involved in an organization which merged with another one and we've come up with the new name by plus Pride Victoria the state of Australia, in which we live in with the plus sort of doing what the the plus does on LGBT Q in America. And I qa+ in Australia with just saying look there's more it's not exactly those words, individual labels matter. And I think in terms of bye.

Language evolves, as I always say, to people holding up my computer mouse at the moment. That's a mouse. It's not chased by Sylvester the cat, or Tom cat, or anything like that and doesn't squeak. But words can evolve and so by can mean by bisexual can mean attraction to two or more genders or multi-gender attracted which is neat and for listeners, who may not have heard my story before. The first word I had when working out or becoming to my authentic self for sexual and romantic, orientation was bisexual and I didn't hear pansexual until around, five years afterwards and both resonate for me. So, when I'm asked on surveys or forms or whatever to put sexual and romantic orientation, all put by /pan genders, not automatically for me. The first thing I look for, yes, I might be more overall. I think it's fair to say attracted to people identifying as women and non-binary and more feminine people generally rather than in plain language, Ultra much all men but anything is possible. And I don't think anyone can say proportionately well taking the proportions of the population that they're 100% pan in that sense. So by and pan resonate for both of me and I think there's whilst we can have, you know, there's a lot of debate about the origins of language, I think. And every time ones term of course, will mean what it means to them.

The same word can mean different things to people, which is perfectly. Okay. I think that, you know, we sort of I think that in the end so long as we're in Broad agreement on these things that it's just as you say about being interested in respecting people, then that's the main thing. Now we've had one of our recurring awesome listeners come in with a question and a

Comment, the comment first. People include people like Janelle Monae in representation where young people are influenced by artists like Janelle is the first thing and then a question for you and, you know, we've touched into trans rights. So, how significant is having people of color? Like Laverne Cox being so outspoken and prominent in the USA and just, you know, your thoughts on that? That question is

An individual are yours.

Okay well I think it's absolutely wonderful to have Laverne Cox speaking out and she's a great actress. Janelle Monae is a great musician and artist and as a matter of fact, I have begun

curating a space on Instagram that's called by plus black women. And every week I feature a black person of color black In of colour, who is who identifies? As not necessarily being by, but by plus, which is exactly what you said, pansexual, you know, non-binary, however you want to identify, that's what the plus mean and so I think it's it's I love Laverne Cox. I think Laverne Cox is a great spokesperson for not just trans rights but just

You know, black women and I see her as the black woman that she is and I respect that. So yeah, yeah, we love, we love Laverne. Oh definitely she certainly someone who's a very well-known in that sense. I might just get the exact name of that Instagram, the Instagram page or handle for of by Plus

Splat women, whether it's plus with the plus sign or Etc will peel us. It's being spelled out just so I can sort of put the information for that into details with the podcast that follows. If I could do nice sure it's bi+ and I will make sure you get that it's a new space that was created. There's a young

Young friend of mine who started to black men by plus black men Space several years ago. And he reached out to me and asked me if I would be interested and doing the same thing for black women. And I hesitated at first because again, I am. I strongly strongly believe in.

Not having to identify with these terms and it's difficult for me A lot of times because, you know, I know there's a need for representation in that space because again, we don't see a lot of it, but sometimes I struggle with, you know, labeling, black women, white women, Asian women, but the space is curated for all people to be a part of it. So,

Yeah, it's not Instagram by plus black women, and we'll be starting a podcast as well, in the very near future. Excellent. Whoa, I think, unless there is anything else you want to cover? I think we've got sort of activities. Y + black women.

I can't think of anything else that I wanted to ask about. Unless there's anything else that you wanted to mention about yourself, you're writing how people buy your published book. And if there is, will say any possible hint at a timeline on it on another book, you know, sort of what's the best way for people and also what's the best way for people, to contact you to nice?

Okay, well, you can find me on. I'm on Instagram as Janiece Justice. That's my handle on IG on Tick-Tock. Facebook Jenice Justice Brown. You can find me there, the by + black women's faces on Instagram as well, and my book is available. Download sister. On top is available on Amazon, Goodreads Barnes and Noble and you can also reach

Reach me directly, you know, to get a copy. The new book actually is going to be released July 2 s. I do have a date for it and I'm launching a new book and it can go ahead and give the title. I think they put it out there on Facebook already, but it's called thirsty for love and it's

More of a personal development book. The my first book is a novel based on, you know, I'm short stories. This is actually a personal development self-help book and helping people to find the love. That is on the inside of them and connect to that and stop chasing the elusive love. That's outside of you. Excuse me. Sorry

That's quite all right. Wow. So July, the second around 39 days to go give or take according to my calculations and of course, depending on where we are in the world Jenice, an absolute pleasure. I just think that, you know, it's an interesting thing, we would be I in an Ideal World, we wouldn't need labels, but on the other hand, we sometimes need them to get to get to the ideal world. I suppose. And I think that what you've done is

Is, you know, sort of help us get there. And that's I think really, really important if someone can see themselves just helps them a little with their Journey, that's so critical. And we just had another comment in from our listener roving reporter who has said that in referring to Janelle Monae. That's great to hear and says wishes we had more people like that in Australia, which is to anglocentric, keep up the Great.

Eight work. Yep. So that's just it's just been really great to talk with you. Sorry.

Yeah, one more thing and thanks to your listeners who commented and those who may have questions and you know, they say, I welcome, welcome questions, people who want to know more about not just about the work that I'm doing or what book I'm writing or any of that. But to be able to have conversation because I, you know, I, we can always make

In about one another like I don't know what it's like in Australia to be a bisexual person or person of color or anything. I live here, the Western World so to know what is being experienced. There, what go how the community is, it helps me to be able to connect to something outside of myself and to people outside of me and outside of my community. So I welcome any. You can like I said, you can.

I mean all of space is Janiece. Brown.com is my website so you can also find me there I you know, any suggestions on how we can collectively, continue the conversations, I'm open to all of that. So you know, I welcome and I appreciate you. Having me on on your show, I had no idea that it was going to be. So

Easy, because I get nervous a lot of times. Okay. But Sally, you have made it a wonderful experience and I appreciate you for that. Oh, thank you. And we're glad it was easier. And well, the more I'm hoping to courage's you to do more interviews. But I'll let you get back to your Saturday evening there. And, of course that linking in quite coincidentally, I hadn't thought about it at the time that the 24th of May. And I think it's still the

Both we're in Eastern side of America is pan visibility day. So it was perfect bit of timing and all I can say, is Go World your knees. Please stay in touch with me and our program and look forward to when the on July the second for the next book,

Thank you, why? Now

What a wonderful conversation with Denise, Justice Brown on her book from 2014. And and I'm a new one coming soon to a shelf or Internet near you. That's what we like to see. I'm just going to have a couple of quick messages then come back with lots of news of the week and then wrap up the show and freedom of species at 1:00 3. CR 855 am 3 CR Digital 3, CR dot org Dot 3 CR on demand. Out of the pan with Sally.

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Bisexual Alliance Victoria is a not-for-profit organization dedicated to equality and justice for multi-gender attracted. People, including by pan, regardless of label or No Label at all, their partners and allies bisexual Alliance runs discussion groups in person and online, the group offers, a safe and fun space to share your experiences. Ask any questions regarding your sexual identity and provide peer support. Bisexual Alliance is especially Keen to hear from multi-gender attracted people in Regional and Rural Victoria donations of two dollars or more to

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3 CR 855 am 3 CR Digital 3, CR dot org dot EU 3 CR on demand out of the pan with Sally first broadcasting known through one every Sunday afternoon, for most their of in one shape or form whether pre-record or repeat or something, thanks for your company. And thanks, as always to our fabulous sponsor, go kindly great to have them on board with the show. Well,

There's been lots of news during the week the to just comment on which has been really really amazing and well look one that I suppose is close to home and is important in lots of ways and yes it's odd but I think it's a relevant to our listeners to listeners is the announcement by the city of Yarra that they have listed a number of buildings as

Of historical interest into lgbtqa+ people in the city of yarra, these, the lead wolo. Hello to all the Bears. Very, there's a bear in there but also yes of Interest, the 3 CR building here in Smith Street where I sit at at the moment. How absolutely wonderful and I have to say it. I was sitting just having done a gym workout done at my local gym, having the much-needed replenishing caffeine

Where I read this story first, saw it in the age. There's now stories in Star Observer and Q news, and well, what is it? I'm not crying. You're crying. Yes, we're all crying or something like that and I just think what a great idea. And so I think there's something that all local government areas really need to get on board. I'm sure there's something I mean yes there's a huge information. Victor perspective of so-called Melbourne arm and sorry so-called Melbourne.

Nam comma Nam and so called Victoria, you know, cities like areas. Like, Yara, and Port Phillip, probably have more known queer Heritage than maybe others. But I'm sure anywhere could find, you know, it's sort of where was the first meeting of? I don't know, the Mildura queer group or something that could be important. Some people said under the article and the various posts or on social media to pity, we didn't put Phillip didn't get to do the same thing with the Greyhound, which, of course, has many fond memories for drag trans many others and on we could go so well, done to City of Yarra for that. And you know, look, I have to say personally, as an older queer, sometimes I feel we lose our heritage, we in many ways in terms of people and buildings and suffer from what's called recency syndrome where we sort of forget what's happened and maybe some of it's been painful but we also which may be a reasonable reason to throw it out but we lose the good bits and we tend to throw people out once they're not sort of in and Ultra visible anymore. And so I think this is a great thing and it really was a very wonderful moment to read about it. And thanks to the Fab Dina Curry for asking me for

Or comment for the Q news article that Lee didn't to where I was last night and somehow not too much extra caffeine needed. Because last night was the Victorian Pride Awards. And I went along, I want to thank. I've been doing some paid work for trance pace and I want to thank them for the ticket. And also trance Pace, won an award for healthcare, which is pretty cool. We need lots of trans Health Care at the moment.

With everything that's going on accessible in every sense of the form and that's inclusive is certainly happening. And yeah, it's great to see a whole range of wind is a great range of diverse acts, good speeches by the chair of globe, and the commish number 3, Joe

A ball that, you know, didn't just do toxic positivity, knowledge that things are tough in Parts. Obviously in things in the world such as what's happening in the US and the UK court case and also the, the 400-plus Queensland youth, having a numbers moment because I think it's 491 if it's not it's 419, 491 is supposed to 419 so I think it's good that. Yes when we celebrate we acknowledge that things are not so good.

Hosted by Zoe comes Mama, warm humor and a bit of dancing and a good diversity of nominees in my opinion and award winners and congrats to all the winners of all backgrounds and look personal favorites, obviously as declaring any interest in trance Pace. But also I think, well deserve to see Dino Curie get media award at long last. He's busted his bonds and he's a lovely person.

And so I think that was really cool. Roving, his message, didn't you? I saw the report in the nine media yesterday about, I want to be very very careful in what I say here at Rand. Well, a person who started down a trans path and has launched a civil lawsuit. In the Victorian County, court against various, in some individual health professionals, and an organization say, and the going, on the gist of the report. She said that her mental

And health wasn't sound enough for her to go down the path. Now, obviously, I can't, that's only what I read and I'm obviously can't comment to not be in contempt of court. The article, however, I'll, you know, be a little step out of the carefully, a little written by Michael Bachelor who seems to be taking this side of D transition, is he mentioned in the article that trans people are upset when we see?

These articles. Yeah. Hey from my point of view. Yes. Everyone's everyone people have a right to share their story but you know my question is well, from the media perspective, when do we do? We see as much coverage if there's a, let's say a liposuction job has a total straw case that came out of the top of my head and goes wrong. Do we start sort of having this light of stopping or liposuctions or any other surgery or medical process? But one,

Again, given this a court case, alleged mistake and it gets coverage. So is there an unconscious bias going on there about media? That is a fair call to talk about it from a media perspective. I've got to get out of here right now. Also, I did a couple of idle Hobbit events during the week, which were great too. Many rainbow cupcakes could get down and gets get out walking and work them off in due course. And yeah,

Yeah, there it is. As I say, better move on out of here, the dingoes are coming into her freedom of species today. And what I mean by that is that that's the topic of conversation today. In a few minutes Sonia taku from dingo culture and Alex Livingstone, from defend the while talking all about the Australian dingo I'll take it out today with one of my favorite tracks.

Talking about pal. You know, if the main interview today with Jenise was about powerful, powerful and empowering women. So let's get spicy with the hot chili Woman. By noise works. Thanks for tuning in to out of the pan. I'm Sally Goldner. Catch you next week.