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Panoply panorama panpipe pansy aha pansexual: knowing no boundaries of sex or gender, sound interesting? Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond will throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org Dot au always comes with Nora.

3 CR 855 am 3 CR Digital 3 CR dot org dot au and 3 CR on demand out of the pan with Sally first broadcasting noon through one every Sunday afternoon. Thanks for your company. 3 CR, proudly broadcasts from the lands of the Kulin Nations at the overlap of Wurundjeri and Bunnerong lands. And we pay respects to Elder's past present and emerging, hello to any Aboriginal, Torres Islanders and/or First Nations people tuning in and special, welcome to Sistergirls andbrotherboys who are listening in and we acknowledge that all the lands on this big island and surrounding smaller ones were stolen and never seated, or largely thereof.

I'm Sally Goldner I use the pronouns she and her and welcome to listeners of all genders, including but not limited to ladies and gentlemen and this is out of the pan, a show, covering pan, meaning all-knowing. No boundaries of sex or gender, or they could be a well-known little bit of a genre boundary stepping today but will hold back on that and relax you because it's Easter or mini-Festivus depending on your belief or non-belief thereupon. We opened up today -Yes you're rolling out Sally Golrdner for out of the pan Which broadcasts noon through one Australian Eastern Time currently Australian Eastern Standard Time from Mia Dyson's great album, parking lots of some years ago now. Oh, 2005 time flies when you're having fun. As you can do at times such as apps wrestling events last night and the strepsils have worked. If you want to get in touch with the show, out of the pan 855 at gmail.com SMS six, one, four, five, six, seven five 1215 tweet at sell gold said, so and that's the bottom line for all the important issues, what did you think of WrestleMania? Was night one better than night to and should we hash tag five events? No, that's not what this shows about. And look for posts on Facebook, Sally Goldner that. And out of the pan 3, CR 855 am Melbourne and very much. So today, any opinions, I express on this program, my own, not those of any organization necessarily with which I have been Associated, or am Associated, you can write to the station as well. PR,

1277 Collingwood 3066 will be possibly just general content that today because we may have to discuss things like a little bit of touch or discrimination / lateral hostility within rainbow community. So I will mention switchboard 1-800, 1845 27, rainbow door, one 879 367, lots of numbers. And yes if you need them talk to someone,

Hope you're having some sort of relaxation on this weekend. I hope you're staying warm and dry, if you're in Melbourne, / name and Surround, it's a bit soggy. And I don't mean sexual orientation gender identity and that sort of thing. It's soggy wet, my goodness could barely see a few meters in front of me, driving down the freeway to get in, but sometimes you've got to see further than a few meters in front of you and particularly when you're trying to be an ally said, she trying to do a blatant segue.

Seriously, allyship is important. No discriminated against group can do it without the assistance get stuff done, without the assistance of other people in in society. So, for Trans people, that's obviously, we need assist Enda allies, for, by people. We need allies who are attracted to one gender gay, lesbian heterosexual, the rainbow communities. Need people who are

None of rainbow communities and so on. We need all of these things to assist us and it just got this. Got me thinking in the last two weeks that we have, had a few situations where allies have been a theme, it was very, very interesting that for the Fortran speakers including yours truly at the trans day of visibility rally on the another soggy evening of Friday. The 31st of March were very much talk.

About allies in various forms. And during the week, we had a massive, you know, wonderful moment in Australian trans history, where Georgie Stone on Tuesday. Address the national Press Club and for our listeners outside of the Big Island, whilst it's on ABC iview. Sometimes you can't get that but it is on YouTube as well. Just look for Georgie Stone, National Press Club YouTube and you can see the whole hour of the whole kit and caboodle and

Brilliant job, authentic heartfelt honest, you know, truthful, not rarara, toxic masculinity, toxic positivity. And there's been one thing that really struck me. And this was quoted many times where Georgie says and to quote, Michael Cole. And I quote, I call on our political leaders, our law and policy makers, Community leaders and our nation to stand with trans people. And quote, she said adding that,

People can't Simply Be allies during certain events, like World Pride quote, this weight that we're carrying is crushing and Relentless, we need our allies to shoulder some of the burden. And I'm going to put my emphasis on the next bit of the quote because you can't celebrate with

us at World Pride and then scatter, when the attacks come end quote, I'll actually not in quote, if you want the pride in the glitter and the confetti you also have to stand with us when it's uncomfortable and scary too.

Bang on Bulls-Eye target there Georgie because this is a huge concern. It's really a sort of coming to a head. A few weeks ago, when I had the fabulous, do you know Curie on the show at when I was up at chill out, which was a wonderful time. He spoke of an experience at Mardi. Gras. We're a 78. It was told to get out of a photo. Now, that's just appalling. I'm sorry. I unlocking that sort of shocked.

I'll sort of laugh that we can do, is that allyship to our communities from other people? No, it is not, it's not acceptable. And the thing is, it's something that I, this allyship issue is something that I think about a lot. And it's discussion, we have to have, because one of my favorite quotes comes from the awesome brainy Brown. Who said, and I quote to have the start to not have the conversations because they make you uncomfortable, is the definition of

Privilege your comfort is not at the center of this discussion. Well, put. So let's look at privilege. I would put myself, you know, sort of middle to Upper if you had to rate privilege, one of the things that I program titled this program Ally, do do's and don'ts. One of the things people do is they tend to look at privilege in a one-dimensional way. So, for example, a gay man, hypothetically might say, well, I'm gay compared to a

Sexual man, if I've got this privilege but of course if you're rich, white gay man, you might have more privileged than a very poor gay person, gay men of color and so we can't we can't look at it. One dimensional and I think this is a big mistake that people make a need to stop doing. And I'm the first to admit that I've plead guilty to this in the past where I thought because I'd faced discrimination certainly as a bye.

By and trans woman. In terms of my neurodivergent, swear a particular workplace said to me we don't know how to talk to you because of your neurodivergent. So we don't talk to you which is a breach of their duty of care. Sorry they're positive duty to eliminate discrimination in a workplace and they still didn't do reasonable adjustment. Even after I went to the Victorian equal opportunity Human Rights Commission which is abysmal. I thought I'd heard it all, you know, pretty horrible experiences when it.

Part of you a net or use the term, an attribute is attacked. But of course, I don't know what it's like to be a person of color a refugee, an Aboriginal Torres Strait Islander or First Nations person. And the thing that I do is I try to shut up and listen and tell other white people to shut up

and listen and as much as I can and get other people in. It's unfortunate that my one of my guests today, my guest today is unwell. Otherwise we would have been, I would have been shooting up in the sand.

To her in that light in that context. So I think we need to be really aware about all aspects of our privilege and where we sit on each scale of privilege and I don't think we do that. Well enough at all using that earlier example. And as I said, I play guilty, I thought I knew it all on discrimination. I'm in the early part of my life experienced at a Christian school anti-jewish stuff which

It was in, of course, in those days, it was called well, who stirring, I won't use the exact term and it was a meant as a joke, which we all know of course is just to cut an excuse cover-up, rationalization for bullying discrimination vilification at cetera. And so I'd experienced all that and well, it really was nothing compared to what other people have gone through. It is my expect, my story and I Furman we shouldn't actually be doing hierarchy of the press. That's

Not what I meant to say. But when we stop and listen to other people and empathize, it can be a useful thing. I'd like your thoughts on this issue of privilege and Kayleen has smsed in saying here, here Georgie. Yep, I'm with you on that Kayleen tagged as they say at the wrestling. So let's add welcome, people's. Thoughts on this, you know what stops people being better allies.

Do people need to do to build more allies apart from keep talking about? As I said, as all for transport occurs at the teat of rally did. So, these are the things that we need to consider. Let's get your thoughts and feelings and queries, because we like queries on this show, let's get them in. On all the means of communication out of the pan 855 at gmail SMS 6145.

5 6, 7, 5, 1215 tweet at sell gold said, so and that's the bottom line and on Facebook. And in the meantime let's have a track from local artists queening. This was her first single front which was released last year called the end 3. CR 855 am 3 CR Digital 3, CR dot org dot a you and 3 CR on demand out of the pan with Sally.

If you or someone you care for is struggling with a mental illness or other disability and you need someone to talk to you can call the well ways whole plane. While ways helpline is volunteer support and referral service, that provides information to people experiencing mental health, issues or other disabilities as well as their family friends and carers. We need to talk. If you were feeling socially isolated, seeking information about mental health, or mental health services or just need someone to talk to.

Appear based service. Everyone working at well as help line has a lived experience of mental health issues of disability. While wise helpline is a national service and operates Monday to Friday 9 a.m. to 9 p.m. excluding public holidays. So if you're struggling yourself or a struggling to help someone else, please call well ways helpline on 13-hundred Triple 15-hundred that's one 300 triple 15-hundred well way supports 3 CR.

Today we celebrate from coast to coast top to bottom night owls. On Rhythm, brings you the best from Australia, blues and Roots, derive, throughs every Tuesday night at 11 p.m. right here on 3 CR, a double five on your am dial, happy birthday to you.

This thing about a good time, don't get me.

No, don't get feeling blue. It's like hey, if you do, but try your best. Not to all the in my best Doctor, Phil voice. I'll feelings are valid 3. CR 855 am 3 CR Digital 3, CR dot org, dot Tau 3 CR on demand out of the pan with Sally on a mini Festivus, Sunday, copyright, sign Felder. It's not the big one that happens towards the end of the calendar year, and if I hope it's, if your faith means something to you that,

It is renewing and replenishing you and helping you in your life to renew and replenish others. And that can include no faith at all. We don't like binaries on this show, we try to avoid them and there are no binaries when it comes to being an ally. Because as I was saying, just prior to the music, which was the fabulous Queenie, which I'm now going to do a, a Ronnie Corbett and digress on which reminds me of the track I was playing in the first place.

Got to say Queenie, for the first time supporting Jewels when he was a guest on the second, last live show of last year of, for out of the pan and had a wonderful gig down at the cactus Lounge in Thornbury and Queenie, was the opening act just with her guitar and just mind-blowing one of those musicians that can hold an audience and just is really, really awesome and that song

Really stood out although I didn't know it was at the single at the time and the next act on Hannah and Katie with great, good humour and warmth said what, you know, how much bourbon do you have to drink? And we do you have to smoke to get a voice like that? It really is quite amazing. And the second single naked. Again, has been launched as well. So follow queening on Spotify, and I think there's some big vinyl CDs that you can get as well, which

All sorts of things you can get, you can get more self-awareness to be a better Ally which brings me back to the story. I was going to tell you in the first place and it's not good night from me yet.

Anyway yeah. Allyship one of the things that as I said it was chatting about in the first segment was the idea of looking at our privilege intersection Lee and I admit that I haven't always done this. And where it began to really hit me was around. I think it's nearly eight years ago. Now, I was on a

Panel on privilege. So I thought I'd better do some preparation and research. You know, these 1980s management Concepts that are making a comeback and track down as best as I could on this. I'm not am yet to see a full diagram of all privilege. I mean, there's always things that get missed which is actually going to be the whole point that I was looking at it and the through that struck out to me or to that I'd never thought about before. I was on say that I was aware, I was wide. And that entailed privilege of the I'd be honest and say I didn't know.

Much it meant at the time, come back to that but the to that left out at me in this case were that I'd always had a roof over my head so never homeless and it was all and then there was one that flows from that it was always of my own choosing. I've never been held in custody / incarcerated. The other one, though was educated and it's a privilege that in Australia given that we push people to go to school or some might do homeschooling we perhaps don't.

Think about. And I'd be the first to admit that I hadn't. And what does that privilege entail? Well, now yes, it's all very well to use. Sometimes fancy words like trans and gender diverse and polyamorous but does everyone know what they mean? Probably not and you know labels are important on them, you know what to affirm people's labels. But how then do you find a win-win solution may have to explain the labels. You may occasionally have to use language that isn't ideal. I mean sometimes if talk

Thing about misogyny is MM. Well, cisgender men of any sexuality, not just heterosexuality can be misogynistic and I've certainly experienced that from gay men. I've experienced it a couple of times from by men only rare and it stings because usually by men are pretty good on anything to do with gender and self-awareness. This was some guy on an email list when they were around and it's

Yes, of knowing that, that privilege is there in that mild, you know, sort of intersectional way is really, really important. I mentioned that of the lists, I've seen not all of them, cover everything. I think neuro Divergence needs to be listed separately on any list of attributes where you're considered privileged or not. And I think that given the fact that so much talk about all the various forms of neurodivergent is really, I don't know only begun to

Flow through in the last 20 years. Particularly the last five give or take and I'm being very rough there. Perhaps a lot of neurotypical, people haven't thought about their privilege and I know lots you haven't. And the thing is, I don't know everything about every other form of neurodivergent sand, what we need to do. So we just have to be open to learning be in the present moment. Ask people, what sort of reasonable adjustment. They need. I know that when I used to work in office setting

Before I wept from home which is now largely been for the last four years. One thing, my nirodha vergence as a deep processing introvert and highly sensitive person. I couldn't stand was constant Interruption just get your concentration going and someone comes by with some innocuous query and Ghibli being as well. God Almighty, did you really have to ask me that then? And you would try to say look, can I have say two solid hours to get my work done? And then we can have a chat? No, it had to be important had to be done urgently. So all those sorts of things.

And as I said, I've been victim blamed for my neurodivergent sin, a workplace. But it is about looking at our privilege, sort of in this multifaceted way. I'm not sure if there's ever some sort of ranking or waiting weight,30 NG that we could do to look at it all and had, of course, how do we objectively place herself? I mean, obviously, yeah, I've got white privilege and I'm largely got Anglo-Saxon privilege, but

Set of how high, how high is it is at a 95 or 99 out of 100? Something in each case where as compared to being trans is obviously lower than sis and he's a trans woman lower than a trans man sometimes. Yes, sometimes no, you know, it doesn't matter but in the wider scheme of things, you know how to how do you put all this down? Do my hidden disabilities mean, anything? They

In the past. They don't mean as much to me anymore. So, all these sorts of things to consider, but I bring all this up, because I think there's two unconscious bias forms of privilege that get overlooked a lot. And one is what I call middle, and there's very similar in a way. One is what I call middle class privilege, which despite the fact that I might appear too many to be middle class if we're measuring that by income and wealth, believe me or not. And the other one which is kind of similar. As what I call corporate privilege, we live in a society.

Body that privileges the corporate sector in very rough terms. The corporate sector over the small business sector over the public sector over the community sector whilst the community sector, the workers there in picked up, I think some ground during the pandemic because of the amazing things that health and Community workers did in terms of management and

Leadership the community sector doesn't often get looked at as privileged. So there's this one of the things that goes wrong in two big don't

In our ship is savior, complex. And I've seen corporates come in thinking, they have to tell Community organizations how to do that. I was on a took part in an event of years ago, you had to pitch for funding and the way I was spoken to as a community sector person by someone with a corporate background on how to speak and how to write my pitch. It was if I didn't know anything and it was really patronising another time I had someone with a corporate commercial media.

Grand start telling me how to write yet use articles and do media. And I've been doing it for 20 years and there was an element of misogyny ISM in there as well. Funny how they seem to combine sometimes funny as in sad funny as opposed to haha. Funny. Really, so all these things can come into it. And you know, I think that we sent to start looking at these things because I think I'm going to come back to middle class privilege in the next segment, because I think there's a big one there that links into the recent

Dates on privilege and where people fit in on allyship. So, in the meantime, let's have a listen to a track from one of my favorite artists of all time in this is one of his favorite tracks, which I don't know why it hasn't caught on as a coming-out Anthem, maybe it's not an see enough dance music privilege in the queer communities who'da thought of that. This is the acoustic version of one of Colin, Hays tracks, which is just Brett. Well, I think they're all brilliant. This one's called waiting for my real life to begin 3 CR 855 am 3 CR Digital 3, CR dot org, dot U 3 CR on demand out of the pan with Sally.

3 CR 855 am 3 CR Digital 3, CR dot org, dot a you and 3 CR on demand out of the pan with sadly first broadcasting noon, through one every Sunday afternoon. Thanks for your company. We just heard from Colin, Hay, from his sort of compilation album going somewhere, which was Lee, which was released in 2002 and had some old songs, and some newish songs songs that were on his very first solo album. So, Two circles erotica and that one which came later waiting for my real life to begin. Which is just such to me, an amazing piece of music written by two people, Tom Mooney and:. Hey, Tom - Australian drama, and there's a story about the song which apparently was where Tom brought it over a box of 13, Donuts to Collin's house and was the key that's awful.

Waiting for my real life to begin because there's 13 donuts and the song just then finally came out there you go. Well some things need to come out and that's where we get to the crunch of

today's program on allyship and in the well theoretical Coalition that is Igbtiq a plus communities. And again it comes back to Georgie Stones comment about if you want the pride and the glitter and the confetti. You also have to stand with us when it's uncomfortable and scary too, because in the last couple of weeks,

One of the, you know, 10 days or so, I was wonderful that we had such a huge crowd on the Friday, the 31st of March the teed off rally. Given the weather conditions, eighty-five thousand fans at a football match Comedy Festival. Flower show Grand Prix, really, really amazing. And it was great that there were lots of Union banners. There are many other banners there, but apart from switchboard, which was obvious, given that Joe ball was speaking. I have to say, I feel

Sad and a bit concerned that we didn't see, banners of other so-called leading lgbti qa+ Community organizations. Where were they? They're there at Pride March, where it's all cheery fun and rah, rah, rah. They're there at Mardi Gras when there's lots of Chardonnay and pool parties but I didn't see them there. Now that was very packed at the State Library, if someone could see some of those queer organization banners there, then you needed to

Tell me I'm wrong and I'll happily acknowledge the ones that were there. But as I say, didn't see them. And this is where I feel very, very frustrated in line with Georgie's comments about allyship that they're not there, the response. After the particular UK visitor event in Melbourne. Now, where are we three weeks ago? From prime minister Albin? Easy was criticized neo-nazis but

It didn't really stand with trans people. Where are you? Anthony Albanese e. Where are you on this? You know, it's all very well to do the the stuff that at least has a chance of political promise like the voice. But, you know, time and again, you know, we see that opinion polls say that the way trend is user to being debated is totally to the disgust of most Australians. They don't want them at these issues debated that way. So there's no particular

Rico risk and yet, apart from, we had Jed canny on this show Almost e, where is it now ten months ago after the federal election and yet we still haven't heard from Medicare reform about Medicare reform. We haven't really heard anything about trans stuff and Georgie's requests as per the Press Club speech, the three demands increase funding for family, support organizations, ensuring protect access to gender affirming.

Healthcare and introduce, Auntie vilification laws, they're great. We also need funding for Trans hook-and-eye stations, not just the family ones like transcend and declaring my interest, trance family and not my interest parents of gender diverse children, but we needed to be led by trans

people. Because many people are now feeling really let down by a cisgender, go and cisgender lesbian so-called allies. I had lots of support during this latter, half of March, people would ring up

Um message or whatever and say how's it going, you okay anything I can do which is wonderful. Other people less fortunate me don't have that and it's about giving those people space. I was it one. I'll just say Gathering of trans. People wear watch, trans people of color, queer, people of color, queer. And trans pit migrants and similar refugees were going through this

Far scarier than what I was experiencing but we need that leadership. We need it to come from the top. And yeah, we got that in Victoria, you know. Well done to Daniel Andrews and John Pacific pursue do for their actions. Although criticism does go to John pursue, do for the slap, on the wrist, to more redeeming. And so we need these things done, but we need more than just these things. We need positive.

Funded campaigns orbit, funding organizations, to do that, the advocacy and Edge. Proactive education work. As Georgie says it can be crushing and overloading and again to quote her and I will give direct quotes you, which may be a little bit of a Content note, but she says quote, usually in speeches. Like these are try to put on a brave face, but the truth is I'm genuinely feel fearful for my safety, I'm tired of being targeted. I'm

I'd of going to sleep at night worried about what hateful horrible messages. I'll wake up to this last month. Has been a taste of what is happening to trans people here and all around the world, which I also want to come back to and quite so yeah, we need that allyship and I don't think we're getting it from a lot of our large so-called lgbtqa+ organizations. We know that they threw us under the bus during the postal survey. They threw, others are Beyond trans under the bus and my sources say that when

Certain federal candidate was out. And about last year, they did the same again, and this is the debate that we have to have, and why they're not doing enough, or they only just really concerned about groveling to politicians for the sake of their own funding or if they and other really committing to their values and doing allyship. And, and how would they doing it? Are they making helping trance, you know, just what we'll say walking with trans people excusing. Any ableism in that?

Or just being with trans people to make sure that we can energy to get the energy, we need to keep going and stand being with us or are they doing savior complex? Are they butting in after

trans people? Have done all the hard work and taking credit and I certainly believe unfortunately, that one well-known so-called leading cisgender Ally does that and that's really problematic and that person does have some significant influence and these are the debates we have to have wise there this bottle.

You know, we got marriage equality out of the way. There's the majority of the public, a decent people fair-minded people, yet we're not seeing progress at a national level and we're only perhaps and we're not seeing it in New South Wales and even despite the Aston by-election, we're still not seeing it. So we've got some hard questions to answer within our communities. As to why allyship may not be up to scratch at times tough questions. Tough things to ask, but if we

Don't we're in trouble. Let's have a listen to some great Australian music. This act was the opener for a visiting us at Charlie Crockett in about four weeks ago in March and the singer guitarist is absolutely awesome Kick-Ass woman. As they say, he's Caitlin Harnett with her band. The Pony boys and from late night Essentials and a track called five am 3. CR 855 m 3 CR Digital 3 CR, dot Org.au 3 CR and demand out of the pan with Sally.

It's not going away, he or overseas.

It gives me, hope seeing the numbers of people that turn out to these Invasion day demonstrations, in Melbourne. It gives me the understanding

That we will win, folks. We will sexy.

You're listening to radical radio on 3, CR 855 on your am dial 3, CR, digital and podcasting and streaming on 3. CR dot-org, you

Hi, I'm Eric Bibb and you're listening to 3 CR, in Melbourne, Australia in day. Do you are and we'll have a track written by Eric be but sung by someone else coming up to close the show very, very soon. So, there it is. Allyship other, you know, do's and don'ts. I think if I had to sum up the dues for allyship, it is, you need to qualities, you need humility. And you need to be able to listen to borrow from that, famous philosopher from world.

Sing entertainment, The Rock, Know Your Role, and shut your mouth. And I think that's a really good approach to take and check all prejudiced people into the smackdown hotel and I think humility. You know, it's this comes back to something else about. I'm very masculine / maledominated. Society leadership is seen is getting out there being out front, doing it. Sometimes

you can lead by taking a back seat. So to speak and listening dare I say, and I know I'm being horribly.

Ali stereotypical, but we need to balance positive masculine and positive feminine leadership. And we've got another here in from came, from Kayleen about some of my comments possibly about allies in the last segment. Hmm, my best might more voice. There's lots of brilliant rallies and things happening around the world. We just heard a message from the black lives matter rally and freedom of species today, wonderful, show with speeches from the Dominion Animal Rights, march my tongue around that. So that's, you know, this is where we need. This is the, this is why we need 3 CR. You hear these alternative voices that go below the surface and don't just disappear. When the Glitter Fades away to quote Georgie Stone. And again, just what a wonderful job she did. It must have been pretty stressful for now. Lots of good questions from a range of journalists. Ginger Gorman people from the ABC SBS,

Others and just want to give a couple of quick credits on. Good a leadership Nelly, Thomas fabulous, sis by woman, gave away free tickets to trans people to an event that you did at the during The Comedy Festival. Dear Nellie a podcast. Where she also did her first ever sort of drag performance, which was fun. Yeah. What more can we say? So, thanks to that. And also thanks to the fabulous crew from

Remove spaces of show. They did a couple of weeks ago, did speak to a Hobart based animal rights activist to then talked about her first-hand account of the Hobart rally of the British tourist because her child comes under the trans and gender diverse Sunbrella. And so for the true allies out there thank you. Keep quietly plugging away and we can all be allies to each other which is really important. Now, please be safe over this Easter in lots of ways particularly if you are

Are on the roads or in any form. I mean, yes, vehicle driving, but it is very slippery out there but even as I was getting, my always needed, caffeine in a store this morning, there was a bit of slippery, Footprints and Ali fell over. So even if you're a pedestrian, be careful, you know, try to have some bright colors or something and make sure you look after yourself. But also now, once you've got that sorted, make sure you have some fun safely. You might see me at a certain event in the city

Night. I have a lovely to, let's just had a wonderful time out that chill out at the Tomboy vent up there. Could it be that I might be at the one in the city later today? Well, if there's enough coffee, I could be there. And so yeah, in the, in a month, amongst it all, amidst it all. Let's have some

fun. So take it out today. I promised you a track written by Eric bib but this one comes from a fabulous artist who I'm not sure is recorded in a while. Perhaps it'll got to be busy.

In life as things do the fabulous? Diana wolf and the Wolf Gang recorded live at Saint Andrews. Many years ago with this Eric bib song and it's called too much stuff. Don't end up with too much stuff because it's not just the right amount of stuff is always a good way to be. Don't empty, your psychological backpack out safely something like that. Anyway, freedom of species coming up next with speeches from the Dominion Animal Rights march. Thanks for tuning in.

Two out of the pan. I'm Sally Goldner. Catch you next week.