20221211 ootp

Thanks for downloading a 3 CR podcast. 3 CR is an independent community radio station based in Melbourne Australia; we need your financial support to keep going. Go to <u>www.3</u> cr dot oeg dot a u for more information and to donate online. Now stay tuned for your 3 CR podcast.

Panoply, panorama, panpipe, pansy, aha pansexual. Knowing no boundaries of sex or gender: sound interesting. Then join Sally on Sundays at noon for out of the pan. All those gender questions making you think too hard? Whether it's transgender bisexual polyamorous or beyond, we'll throw those questions into the pan and cook up the answers for you. So go on push that gender envelope. Only on 3 CR 855 am digital and 3 CR dot org. Dot au

3 CR 855 am 3 CR Digital 3, CR dot org, dot a you and 3 CR on demand out of the pan with Sally first broadcasting. Learn through one every Sunday afternoon. Thanks for your company. 3 CR, proudly broadcasts from the lands of the Run jury. People start that again. Terrible, 3 CR proudly broadcast from the lands of the were Andre people of the kulin nation and we pay respects to

To Elder's past present and emerging hello to any Aboriginal and Torres Strait. Islander people tuning in from whichever lands, you are on and we acknowledge that all the lands were stolen and never seated in. That reconciliation is very much an ongoing process in which we all play A Part. Lots of ways to get in touch with the show today as there, always is out of the pan 855 at gmail.com SMS. Six one four, five six, seven five, one to one.

I've tweaked at sell gold said so and that's the bottom line. And look for posts on Facebook, my page, Sally Gardner and out of the pan 3 CR 855 am Melbourne. And remember any opinions expressed on the show are definitely my own and that's going to be a definite in the second half which leads to content notes in later in the show, definitely some of those. So Q life, including switchboard 1-800 1845 to seven rainbow door, one eight hundred seven to nine three six seven in terms An issue of the week, very hard to ignore that. So need to discuss it and I'll give you a Content note for when that segment comes up. However, in the first half of the show something far more pleasant enjoyable which we just got a hint of to open up a track called coming to a head. And that was performed by local trans artist Jewels Evans and jewels is on the line. Jewels welcome to 3 CR.

Thanks, so it's good to be on them on the air with you today a pleasure. And can I just start start by asking a couple of things? If it's okay to ask if which pronouns you use, if any and also checking in as to which Aboriginal lands, you may be on.

In nam at the moment. My pronouns are he/him. Thanks so much and welcome again, to all our Aboriginal and Torres Strait Islander listeners. And of course, welcome to listeners of all genders, including but not limited to ladies and gentlemen. Remember if you want to write it into the show, you can do. So to PO Box 1277, collingwood's? 3066 Jewels. We just heard from your track coming to your head, your track coming to a head.

It's part of a new release, you know, that's perhaps been. Well it has been a long time in the making, tell us where it all started. You know. This the gestation I will think well in the old days would be called an EP. Tell us about where it all started, right? Yes. I've just had to like write this all down so I can figure out the timing of everything because it was yeah quite a while ago that we started the project. So

I went into the studio at Love Shack, which is based in footscray in for the first time in August of 2016. And yeah, so we just did the singing and the guitar for like the first track of the release. And then it was like after five months. And then after another, three months, and three months that we went back and did the singing for the other four songs. Mhm.

Yeah, so we completed that the end of 2017 and then went back and put all the other instruments in and yet when about completing it. So yes, and the whole idea was to kind of capture the voice change that I was having on testosterone. Yeah well that that fits in a sort of very very nicely to obviously, while you're on this.

I am, but I think it is a really important thing and it's I think you know, part of me is saying, you know, how would you describe how do you feel about doing that voice change having those recordings which were recorded over a period of time between August 2016 and November 2017? How does it feel for you to do that? And I'll keep that question. Very open.

Well, the first thing I can think of is at the time it was, I knew that I really wanted to get the recordings but it was really frustrating to be trying to sing.

Just seeing the songs because it's hard to reach the notes and like we had to keep changing the keys that everything was in. Hmm. Yeah, I mean, side playing some other bands and do harmonies with a few friends and yeah, that was really frustrating to because I would go to, you know, shoot for a note and it wouldn't come out the way that it always had come out. Mmm. So yeah, it was annoying.

But I'm really glad that we got it all recorded. Yeah, from that time. And yeah, I think it's been long enough now that I can see it kind of more from what it it for what it is rather than kind of being in the situation. Yeah, what what, how is your Viewpoint in that sense changed over time?

Sorry. How's my? So you said that you can now see it for what it is is that, you know, the sort of the same as what it was when you recorded roughly five years ago, five or six years ago or something, shifted in, how you're looking at the recordings and the songs.

I think that just like the the struggle and the frustration is kind of gone and it's almost like a sure you've heard this lots of times before but I just like hearing a different person. Mmm. Yeah rather than all the things that are attached with transition and yeah when you're just starting to go through all that, yeah now look I

I can understand that you know another way to put that to put if I can from you know something that I've experienced is I sometimes think the first part of my life feels like a sort of distant dream or and try to look at photos of me not that I have a lot of them from that. First part seemed strange as well. So the you know that distance can make a difference on how we will say, see hear feel about ourselves in trans and gender diverse worlds

Yeah so we opened up with well it's the track from. That was recorded in December, the vocal recording December 16 coming to a head if you want to tell us a bit about, you know Words lyrics, music vocals for for that one. Yeah, so that's a song basically, I wrote it kind of in their tail end of a relationship

Whoop.

And I guess it's just about sort of.

Calling it as you'd say and just yeah, just confronting everything that's kind of built up and like

Every you know you are you build all these lies to kind of say that the relationship is still good, still going? Yeah. But at some point you just got a call that and

It's kind of about that and getting ready to kind of move away from it. Yeah, I'm just thinking about the vocals for that one. I think it was as one particular bit halfway through the summer. I remember I could only just get up to the note that I wanted and it was kind of a case of my voice is getting really tired in the studio.

And we just yeah, we kept the best recordings which were kind of from when I just started singing that day.

Ya know, it sort of takes us will say behind the scenes of a recording process, a bit that there are some artists and from Days Gone By who used to be able to do things in one take and of course it just ain't quite that easy by a long shot and was very much and it's very much you know sort of a process where you've sort of got to do a few takes and then I'm no

No expert. But then maybe you've got to try to waltz cut and cut and paste and splice various bits from various takes and hopefully get it all together in the best version for the release. Yeah. Yeah, tell us about a few of the you've got five songs on gestation, which

you can find on bandcamp while we mention it. And so, I'll just sort of do one at random here because you've got and I wish we could play.

All of them today but certainly place it on some of the others next week and you're on future shows crying on takeoff, featuring Jade Stephens. Tell us a bit about that one.

All right, that one, I wrote it as a duet originally, but I was going to be with my voice was higher. I was going to be singing. The part that Jade singing in the in the recording, huh? And I was going to get a friend.

To see me other parts and yeah then I ended up stopping it around and going with the deeper one from myself and it's a song that's about. When I moved over here from Perth and it was really I laugh about it now. But at the time, it was super hectic as a lot going on and I felt back

I just needed to escape there and it's funny because Jade Stevens. Who's my friend he sings in the track. She's also lived in Perth for a long time and moved over here as well. So it's kind of like a little bit of common ground.

Pretty much with anyone who's ever moved over here from Pair, which there seems to be a few of us. Yeah. And so we added in like the drums and cello and stuff, which really I think adds to the Kinder The Darkness of the song, gets it to come across.

Yeah, and crying on takeoff, was that if I can ask literally about sort of your feelings as you got on the plane. After you packed up wherever you were, hopefully living in Perth and sort of head over here. Yeah. Yeah. I still, I distinctly remember that. Feeling of like, you know, when you take off on an airplane and you're the part where your stomach kind of drops out and it's like an intense tummy feeling,

But that just yeah, that brought on the emotions that I was going through at the time and then so every time I would fly anywhere after that, which pretty covid-19 a bit. Yeah. It would kind of trigger those same exact feelings to come up again.

Yeah, don't look that fair enough now. It's sort of fun. Yeah, it's certainly, you know, sort of I'm can be an intense time and yes it is of course you do have as well as yourselves

and the as you said the EP was recorded at Love Shack Studios footscray and bandcamp describes it as quote, largely a folk composition written on acoustic guitar and

Featuring featuring the usual band instruments plus cello violins Rich harmonies and an accordion as things. Start getting darker. So this is I think welcome to see because Queen musicians often or queer artists in music sometimes get shoved into the we all have to do dance music but you know was there a particular was there just a race? You know what sort of thing can you describe what it is? That drives you to more folk oriented music and sort of Storytelling type of songs?

Yeah. So I started writing and playing guitar when I was a teenager and Missy Higgins was around in the charts a lot and I really like I had a lot of different influences like punk music and heaviest stuff and classical music and stuff. But it was really that kind of style that shows.

Showed that, you know, someone a young person,

And yeah, I was presenting as female at the time could go and just play a guitar and just sing and be heard. So, really comes back to that. It's yeah, it's where it all started. So

That's my natural, kind of way to go about writing. A song is to just pick up the acoustic guitar. Yeah. See what happened there? No. Yeah. And it just it just shows that some form of visibility now even if it's not exactly the same as who we are. But in your case, the style the style of music gave you that sense of visible say, connection to find something more in yourself which is really, really good as well.

And there's five tracks on gestation and let's just pick out another one. Another one sun, on my back.

All right. This is one that I only kind of wrote more like most recently and just before going into record it and trying to think of it. I

Took myself on a road trip. It's kind of it was around the same time when it was that tail, end of that relationship. And I just felt like I needed to get away. I was like, just starting

testosterone and I felt like it was just a really big time period of change for me. And so, I took myself away for three days and drove up to Coffs Harbour and just stayed by myself, a couple of days,

And sort of reflected. Yeah, it's not that complicated of a song that yeah, it was necessary at the time, I look, we do need those Retreats. I, I can just for what it's worth, like, totally affirm that sort of getting away, peace and quiet nature. Those sorts of things said this show, which is surrounded by out of the blue covering Marine use and freedom of species. All things animal just pretty close to Nature as well.

Well, I can very, very much relate to that, so, you know, definitely need that in Coffs, Harbour move very well. Pretty beautiful places. I remember it from some years ago, I when I pass through. So yeah, very, very welcome. Now you've got an album launch coming up which we've got him, got to mention as well. And that is, if today as we go to life to are is Sunday, the 11th, that means it is Thursday. Tell us about

Don the Out the album or EP launch. Yep, so it's this Thursday, it'll be at Cactus room. In sombre, I'll be playing with full band. So, drums, bass guitars, harmonies and cello. It's 20 bucks or \$15 can session.

And the support actually going to be Hanna and Kate and Queenie.

Yeah, I think that's all the info doors will open at 7:00, but the music will start a little bit later than that.

Sensational so 7 p.m. at Cactus room which is at 614 High streets Thornbury and you can get your tickets at B buy tickets dot at Jewels Evans which I'll probably put the link to that into the podcast. And also pop it under today's posts which is really really awesome. And now, well, after that, we come to silly season, but apart from that, what next, what's next

For the life of Jules in all aspects, including music next year.

I have an album in the works that have recorded in lockdown. So yeah that will be as soon as this thing is launched and out there are we moving straight onto that? Yeah.

Keep that creative process going which is really, really awesome. Yep. Look muchneeded Jules. I think it's great for me to see trans artists of any sort out there in a crop from across will say the trans and gender diverse kaleidoscope. All genres of music gives us a sense of connection, but most of all the thing that came across to me, listening to the songs and listening again last night is, these are songs from a space of heart and authenticity. And I think we really, really need that so much, not just in music and arts but everywhere. And so I think that, you know, it's really, really welcome.

You've recorded this and I can say is keep going and keep us here at 3 CR here in touch. And we'll make sure that at least this program, I can't speak for any others, but I'm pretty sure that our other queer programs would love to play your stuff as well. So just please keep in touch with us and all the best for the launch and a safe and happy season. I suppose we have to say at this time of year. Really. Thanks Ali. Thank you so much. Have a good one.

Jules Evans talking about his EP being the EP gestation, which can get on bandcamp and bond there. And there is a vinyl, the big, the big, the big vinyl CD, but OCD. So of course, in this day and age of digital, Antonio oldies, like me who wants CDs. Anyway, let's have a listen to another track from Jules being social cues.

And then we'll have a track which will lead us into the second half of the show and I'll give the content node after that second track and some messages you're on out of the pan on 3 CR 855 am Digital 3 CR dot org dot a you and 3 CR on demand out of the pan with Sally.

Looking for an easy way, to keep up with your annual 3 CR subscription, you can now set up an annual debit from your bank account or credit card. And once a year, your payment will be automatically. Deducted, you can cancel at any time and you'll get a reminder each year before payment, be a constant supporter of Melbourne's precious independent, we radio station and set up a recurring payment today. Just go to 3 CR dot org dot a. You forward slash subscribe.

Hello. My name is Ana Maria de jeu. I'm a musician composer from Chile and I would like to say thank you to this space of a community radio. And, and to give the opportunity like to have different news and music. And to put another perspective in this world, that is so crazy. In another slap of violence that I think is so important to make another Vision about what is happening. So thank you and say thank you particular to the mujahideen Americana. And this show. Thank you.

3 CR 855 am 3 CR Digital 3, CR dot org, dot a you and 3 CR on demand out of the pan with Sally. First broadcast noon, through one every Sunday afternoon, Australian eastern, daylight savings time. Thanks for your company. I've got to thank the crew from out of the blue diving deep for marine and related news and they had their tips on a sustainable Christmas for Christmas shopping and Christmas meals on this week. And I also said how

They want to get out into the night, we should get out into nature, or I did that yesterday. I went on, when t, on the by Bush walk, which was quite awesome up in Sherbrooke Forest. No, I didn't run into Robin Hood or Little John. Now, that's another sure Forest. So thanks to the crew from out of the blue. And of course, coming up at 1:00 on the environmentalist front. I've been informed by the love League peeps, from freedom of species that their show. Today, it'll be a with a live show today with

Project Fresh Start a not-for-profit organization that provides plant-based meals made from rescued fruit and vegetables. So tune into that until one. And prior to the messages, we had two tracks. We had the second track from Jules Evans album, EP gestation and it was social cues and we had Midnight Oil, Brave faces, which is where I lead into where I raised content notes for mention of intensity queer phobia and fascism. So if

If listeners, there is something triggering in that, you know, sort of listen when you are ready. Take no activates defense mechanisms or support mechanisms or whatever, but I think we can't avoid the news of the week. And I try very hard on this show to only put in use. That is, let's say more, you know, sort of community-based and tries to look at things in an uplifting way, but we can't avoid some things because there was an issue during the week.

If you have not heard a drag event for young people at the pride Center ended up having to be postponed due to threats from fascist. Now before I go any further, let's just be fair. This is an issue that can raise passions and emotions, which is why I gave the

intensity warning and there are fair arguments, you know, on all angles is to canceling or to postponing to be precise and not postponing. And I

Very much except that it's all or nothing and all those sorts of things. So come at that, come at this. Discussing this issue from that perspective. First of all, trying to give will say I'll split this into two parts. First of all, trying to look at both sides of the coin, then giving my own personal opinions. The argument for postponing the event was that the safety of young people was at risk and that is at least a fair argument. We may have to make sure we protect you.

You have a duty of care to young people. Those sorts of things, that's a fair call is certainly the case. There could have been damaged, various sorts had things got out of control. The other side of the coin is that if you cave in to these sorts of people words, I use give people like that a millimeter. They'll take an Earth's circumference and what about the principle of the thing? And so there are definitely

They are arguments on both sides. And as I say, it's not an easy one, I'd also say there. I wasn't obviously on the inside of the decision-making process. There may well be things. I don't know about this. That perhaps haven't been released for public consumption for whatever reason. People didn't think to, maybe people didn't want to startle people, I don't know. But I can only go on the information we have. So news broke early in the week.

Extremists were going to, you know, pose some sort of negativity, my words to this event at the pride Center put on by city of Stonington youth involving a drag performer and storytelling. And when the threat seemed to escalate on around Wednesday night, Thursday, the decision was made about early Thursday afternoon to postpone. And a number of people still went down to the pride Center

Just in case people were turning up thinking it was going to be on to make sure people were safe and well done to all those people who were able to get down there at relatively short. Notice, there's some good sort of Clips on Twitter and you can see them on my Facebook page, not under today's post. I've kept apart from them. In today's post, I've decided to keep all the stuff about this in one thread, to minimize triggering, but quiz and

Orders Channing, you're always safe at Melbourne and then chanting something off. Something else afterwards to the sort of extremists across the road and well done to that. So there's sort of what happened and as I say there are genuine argument Fair reasonable arguments on on each on each viewpoint. But I got to thinking about this event. This is where I move more into my own opinions. I went back

Back to when I was in Russia, just over seven years ago I was approached to be a Dura on the, for the out as it's called in Russia, LGBT Film, Festival Baka Baka meaning sideby-side in English and where Julie went over there and someone who'd grown up, you know, didn't come out till 1995. When things were somewhat safer physically in Melbourne had never really perhaps experienced mask with

Bit, queer phobia in that in that way. One incident struck me, the create, the equivalent of the queer film festival in some pet is, but unlike Melbourne's queer Film Festival. Where most of the events can do take place at one venue, being Acme in Federation, Square for safety reasons, the Russian Film Festival has to move its venue around and even though there are printed copies of the program, they do that for safety reasons and they're very careful about that.

Understandably. And you know, there are of course since to that since 2013 in Russia, there have been these so-called anti-propaganda laws about LGBT and young people which I will add and this is relevant. Come to why in a second was strengthened or worsened I should say in the last week in that it's now all ages which is quite a frightening situation. But the incident that came out for me, when I was there was one night. We went to what had been seen. Befriend Lee placed

Largely was the place, was a co-working space for an Arts cooperative and the tenants were naturally very happy to have us there. However, when the landlord's had found out that we who we were, they played nasty, and turned the power off on the fourth floor or the fifth floor where we were. And so there, we all were sort of standing in the dark and it just did same a bit scary at the time and I hadn't really experienced anything.

Anything like that. I'd have face very difficult things here personally, and, I mean really difficult things, and I'm not going to over trigger and go into detail of those difficult

things. And it was upsetting, however, the Innovative nature of the organizers. They were prepared for these sorts of things. And dare I say just to add a little bit of humor into the situation in true, roadrunner and coyote style, they found a huge power.

Extension lead, ran it down to the fourth floor where the power was still on. So there are able to plug in the projector and laptop which had the film on and we just had a discussion. Interestingly, and again relevant about toxic masculinity, which we're going to have afterwards, we just had that before with dare, I say it again. A little bit of humor in true. Australian crawl style. We held our phone lights up, the boys light up and the girls and the non-binary people. And then once the film was set up, we watched

Film.

And I got to thinking during the week, if they can deal with that in Saint Petersburg, what could it that time? Why couldn't our event? Go ahead and I therefore in my heart soul and conscience think that it was not the right call to postpone the event and there's a few factors here. We, you know, this was an event on private premises. Now there's been reports of these of drag events in public parks being

We'll say negatively impacted to some degree by these sorts of protesters. But this is private space, yet an event in private space. Couldn't go ahead. Now, I'm have Jewish background. If this had been some sort of threat by extreme right-wingers to a Jewish event. Would the results have been the same. I must go ahead. So I can't help wondering whether there's a double standard here. We have to ask that our police who we asked to march with it who are allowed

Odd to march with us in uniform at Pride March, because they're part of the community and they're showing their support, couldn't they protect our pride Center. You know, is that really the way to go about it? What happened to the old adage our police or run into a burning building to save you? Well, you know, yet, they what they're going to be yelled at by some fascists not a good look and also there's an analogy that's come up during the week. We arrest a protester who

Blocked one lane of traffic and put that person in jail for months, but we can't protect an innocent. Little Eagle event on private property. Something's not right here. It's not

sitting right at all with me. And now that this hinged and I also have to ask where are the politicians and allies? Who are very quick to come and March in Pride? Much have they not condemned this. I did notice that the previous events that was

As I say negatively impacted in a public park, full credit to our Minister for Quality here in Victoria Harriet. Shing who's a great? Who's a member of our communities and condemn that. But why has there been silenced this week? Where our allies who are quick to go on about allyship? Where would they this week? And it does remind me of the famous early 20th century saying by Martin niemoller, the Lutheran, Pastor who, you know, and I'll adapt his saying

To say, and I'll put it in the third person. First they came for the drag queens, but no one, defended the drag queens. Then they came for the trans people who defended the trans, and when the gay and lesbians were come for, who was defending them. And I just think that this has not been a good president. I've noticed this over many years. You give people who do extreme, toxic masculinity and mm, they'll take an Earth's circumference and I think we've

Got to get whatever we've given back very, very quickly. I wish I could have been down there and I'll go further. I wish I could have been down there and drag but I don't know how to do drag makeup. So if someone wants to teach me or we can do it, some sort of quid pro quo for a drag drag makeover. When this event does go ahead, I will be back down there KFAB to use a wrestling, Jack name. Go look that up Ka y. Fa b e will be there and weld.

On to the people who went down there and I do want to say that this is now put that the relevant drag performer, sort of, you know, they're not being paid now. So I'll put a crowdfunding link into under the comments for today's posts and into the podcast link here, but I do have to bring in something else. I just wonder whether we've taken what I call managerialism in our communities too far. You know,

No managerialism is a combination combination of corporatization Bureau, bureaucratize ation and politicization. But was this a decision of principle. They'll be a line on that in the next song from Shane Howard. I I think this started with how the marriage equality campaign happened, we were doing good Community work. I remember in 2013, we had a whole range of input into the federal anti-discrimination law or the amendments to the sex discrimination.

Which gave us National Protection and we got a pretty high standard overall. So what changed suddenly in 2016 our lobbying and advocacy became corporatized and not connected into Grassroots of community and missed. A lot of viewpoints and perspectives, diversity its well noted that diversity of viewpoints gives a good range of outcomes but that's not just diversity in terms of CIS and trans or trans men and trans women, non-binary or gay. Lesbian, bi hat.

Your sexual. It's about listening to a range of progressive, viewpoints walk and cautious ones and balancing them up. And I just wonder if we're doing that in this managerialism, that started during the yes campaign seems to have gone on and on I know for a fact that there was a conscious decision to throw people under the bus by the yes, campaign. It's been said to my face, I have from two sources that there was a decision to abandon trans people. Again during this year's Federal

Election. It seemed anything to do with gender is being left out and I'm sorry, I just think this is a problem. So there's my thoughts tear me to shreds if you want. No, seriously, let's have constructive discussion. If you think there's something I've logically missed, let me know if you have a, if you agree, let me know and we'll come back with your comments, you know. So I think that, you know, we need to discuss this and look at where our

She is. And I just want to say last week, I was part of an event down at the pride Center called for 50th anniversary of gay live and I this was on the panel with people who were part of the early HIV and game movements. And there was just that sense of community, it's not feeling like it's there as much in the last few years. I think we've got to get it back, there's my thoughts. Let's have a listen to a track called Shane from Shane, Howard from his second solo, album River. Listen to align at the end of the first verse of the

This song Heart Of My Country 3, CR 855 am 3 CR Digital 3, CR dot org dot a. You 3 CR on demand out of the pan with Sally.

Listen to hillbilly fever every Saturday night from 11 p.m. to 2 a.m. for classic country, artists, like, Hank Williams, Moon Malik, and Lefty Frizzell Hanks. Now, and many more remember hillbilly fever, every Saturday night from 11 p.m. only on 3 CR.

This time he boogies by the drive UI. Sorry to cut Shane Howard. I'm short, but I'm running out of time on the show today and once again, freedom of species coming up at 1:00 with project Fresh Start a not-for-profit organization that provides plant-based meals for from rescued fruit and vegetables. Have had a comment in from

Awesome listener. Kayleen says, quote. I agree the Sally. The event should have gone ahead and the police should have done their job by protecting us. There are so many precedents that show in action is what allows evil to flourish unchecked. Yeah, totally. I'm pretty much with you on that. And yep. You know what was the pride Center worried about a two millimeter scratch on the window or something? Is that the sort of managerialism we're talking about and it was

About risk management as a site. What about Principle as per Shane? Howard song, Heart Of My Country kalin's also considering sending a message to local state impy and is given what the okay to read this out. The success of far-right violent extremism in shutting down a youth pride of entered our pride Center. This is I'm putting Kalin. He was Gravely disturbing not only to myself but many others in the community given the powerful presence is at things like anti-mining protest. Why could not adequate protection. Be provided for this event given the brilliant stance of the

Andrews government on Igbtqa+ matters for so many years. This is quite jarring. Although I note it may be consistent with bias, shown by a number of mostly mid-level. Police have been, may have been making operational decisions on this matter, running very short, on time Kayleen, but I think you've touched, no, I'm right on the bullseye there. And number of points, here is a peaceful event on private premises. The police couldn't protect us when I worried about being yelled at or something. Yeah, not so good. Anyway, just got to wrap up the show very quickly.

Only some nice things happen during the week. I picked up my three spits of 3 CR calendar. You can to know there's a sustainable gift that supports the community. At this

time of year, get yours arm and get them quickly before to allow for postage, before Silly Season, or see if you can arrange to come and pick them up here, perhaps you can get them on our 3, CR Shopify site and also lovely event. During the week, the 3 CR volunteer Awards night, great to see.

See, so many 3 CR Peeps and Friends, they're people, I hadn't seen in ages and well done to 3 CR Legend, Robbie Thorpe for picking up two Awards. So yes, a busy day yesterday, a trance family committee meeting a bush walk, as I mentioned for an hour and a half and then I decided to get off my little buns and go down to the union hotel, and listen, to some country music. It was the new album release for Rich. Web only on vinyl at this stage that you know, those big vinyl CDs. So I picked up riches CD from 2018 called La Ron, vert and Rich Wenb, not to be confused with the nasty cousin, dark web. Boom, boom. Anyway, here's some country music and thanks to Joe for pointing me towards the rich web launch. It was really, really good. Joe from 3 CR one of the meet the team behind the scenes, who is our music, programming coordinator and Fields all the music requests and does great stuff. So take it out today with this track stray. Horse canyon. Thanks for tuning in to out of the pan. I'm Sally Goldner. Catch you next week