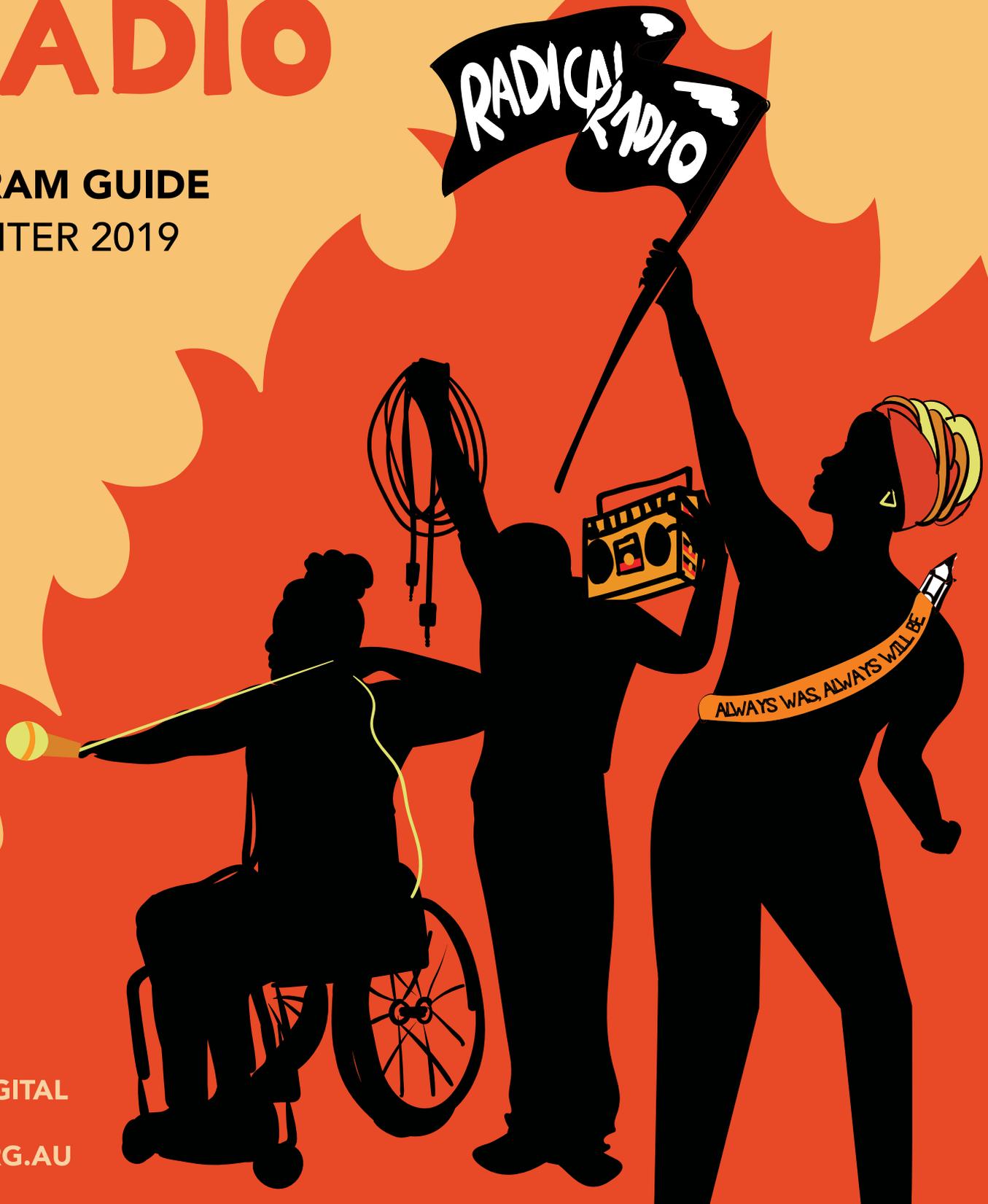


POWER RADICAL RADIO

3CRAM GUIDE
WINTER 2019



3CR DIGITAL
855AM
3CR.ORG.AU



The CRAM Guide is made with the generous efforts of volunteer writers, photographers and 3CR programmers.

Thank for your contributions!

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3CR is proud to acknowledge the Wurundjeri people of the Kulin nation, traditional owners of the land from which we transmit people powered radio.

WARNING: Aboriginal and Torres Strait Islander readers are warned that the following pages contain names and images of people who have passed.



STATION REPORT

Pilar Aguilera, Chairperson and Rachel Kirby, Station Manager

POWER RADICAL RADIO

Inside the pages of this CRAM you will find a small slice of the everyday at 3CR, our busy and dynamic radio station, powered by the effort and talents of our community of volunteers.

Our programming is diverse in content, languages and people and it's in this often challenging space where the heart of 3CR is found. A robust, transformative place where we are given an opportunity to listen; to have our ideas, language and values challenged; and hopefully, despite the discomfort, we take that opportunity to grow. Four decades in the making, four decades of growth, this is where 3CR is now, powered by people making radical radio.

Across the week you can hear our Indigenous broadcasters' live coverage of the community-led fight to save the Djap Wurrung country sacred trees. You can be inspired by The Defence of Government Schools program, *DOGS*, talking about the seeds of social transformation through the equality of education. You can tune in and be on a picket line with *Stick Together* as workers take direct action or, be out on country listening to communities fight to save water, land and culture. You can hear thirteen community languages bringing you news from Greece, Armenia, Eritrea or West Papua. Tuning into 3CR any day of the week brings you closer to the struggles taking place around us, in our workplaces, homes and on the streets.

In 2019 it is still considered radical to be talking about Indigenous sovereignty, to be talking about social and environmental justice, inclusion and representation. And after more than forty years of 3CR programming dedicated to these radical ideas, we are still here, talking about these same struggles.

To borrow a phrase from the late activist and academic Ranginui Walker, we are still here, not because of a paucity of ideas but because of the glacial pace of systemic social change.

Pushing at the boundaries of social change is the best of our programming, it is redefining not only our ideas of what radical change looks like but also expanding our everyday language to become more inclusive, reflecting the diversity of our communities.

But this is not our only goal, there is little changed if we are only speaking to ourselves. It is you, our community of listeners and supporters that give our station life. Your continued support and belief in the importance of an independent, community-led 3CR is the real power behind our radical radio.

So no matter how you're listening, streaming, or podcasting, whether it's analogue or digital, on your phone, computer, in the car or on the tram, tune into 3CR and turn up the radio.

Welcome to our new chairperson

Welcome to our newly elected Chairperson, Pilar Aguilera. Pilar has volunteered at 3CR since she was 17 years old, reading the English news for the El Salvadorean FMLN program in the late 1980s. She then returned as a volunteer in the late 1990s, programming on *Thursday Breakfast* and *Mujeres Latinoamericanas*. Pilar was the Ethnic Resource worker in 2000 and has since been a trainer and volunteer. Pilar programs and presents on *Completa Bailable*, and has been a member of the Committee of Management since 2018.

Finally a big thank you to Pat Khor who stepped down from the Committee of Management after serving as a director, vice chairperson and chairperson for the past eight years.

Above: L-R Chairperson Pilar Aguilera and station manager Rachel Kirby.



3CR GOES TO PALESTINE!

By Nicky Stott, volunteer

Anaa Min Hunaak had its first birthday in April this year. Yousef Alreemawi and his co-presenters, Dareen Fahmi and Tarek Ouda, are Palestinian refugees living in Australia who present *Anaa Min Hunaak* in classical Arabic (Fus-ha).

'*Anaa Min Hunaak*' means 'I'm from there'. 'Palestinian refugees relate to the title because when we say "there" we mean our homeland—it doesn't matter whether you are here in Australia, in America, in Europe, or closer to Palestine in refugee camps like in Lebanon, Syria or Jordan,' says Yousef.

The impetus for *Anaa Min Hunaak* came about when Yousef noticed that there is limited representation of diaspora news in the Palestinian and Arabic media.

'Every day, Israel violates our rights in many ways, and this keeps our media very busy. From direct military occupation, settlements and the separation wall in West Bank, to the siege of Gaza, the judaisation of Jerusalem and the marginalisation

of Israeli Palestinians ... it doesn't leave much room for the Palestinians in exile. We want to provide coverage where there is a crisis, like in Syria, or if there is something positive, for example pro-Palestine events here in Australia. This is why we started the show.

We also speak to Palestinian achievers, and do knowledge-based segments on history or current issues. We are proud to be the only radio program that is totally dedicated to the Palestinian diaspora,' says Yousef.

Yousef is also the director of Melbourne-based refugee support group ASPIRE (Australian Society for the Palestinian-Iraqi Refugees) that has been providing legal and language support to Palestinians fleeing conflict zones since 2008. This gave *Anaa Min Hunaak* invaluable connections to the refugee network.

Above: L-R *Anaa Min Hunaak* presenters Dareen Fahmi, Yousef Alreemawi and Tarek Ouda.

For example, during the Syrian crisis, Palestinian camps in Syria were targeted. In particular, *Anaa Min Hunaak* ran a story on the Yarmouk district in Damascus, which has been a warzone under a government-imposed siege since 2013, with almost its entire population now killed or suffering further displacement.

'When journalists do a program, it's not like when activists do a program. We don't rely on external sources very often when it comes to the plights of refugees fleeing wars because we have direct access to thousands of them. As much as it's painful, we're proud to be the only ones who covered the destruction of Yarmouk last year through people we know who live there and others who fled there. They agreed to share their WhatsApp voice messages from their family members who remained to the last day of Yarmouk.

We played these voice messages unedited—to simply broadcast "this is what refugees say as their homes are demolished". I'm proud to have been able to give them a platform.

Currently, we are trying to push for a policy change in regards to the treatment of ex-Yarmouk refugees by Palestinian and international bodies. The stories of the refugees who fled, or remained to the end, would have gone unnoticed, but we are increasing awareness so that they can get some support. It's slow, but it's happening.'

In September 2018, Palestine's second biggest radio station, Raya FM, picked up *Anaa Min Hunaak*. They now broadcast the show right across historic Palestine.

'This is an unprecedented event in the Palestinian media because most of the Palestinian diaspora stations take shows from Palestine. This may be the first time that a Palestinian station has taken a program produced by Palestinians from a foreign station', says Yousef.

“It's also unifying, because one thing the occupation tries to do is to fragment Palestinian society”

Not to mention that the diaspora itself is geographically divided. So this is a unifying platform. Palestinians in our homeland can now listen to stories of fellow Palestinians from Syria, Australia, Greece, or anywhere else around the world.'



Anaa Min Hunaak
Monday 10-11pm

TWEET

SHARE

FOLLOW

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Join our community online to have your say, share event details, catch up on what's happening and connect to the 3CR community.

Sign up for the 3CR eNewsletter, subscribe to a weekly podcast and listen to live streaming from anywhere in the world.

Donate online to keep the station going.

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GENDERS AT THE INTERSECTIONS

Sally Goldner, *Out of the Pan* presenter

.....

31 March is Trans Day of Visibility (TDoV). The eleventh anniversary of the event saw *Out of the Pan* team up with Transgender Victoria to present a live broadcast from Melbourne’s home of queer discussion and culture, Hares & Hyenas.

The theme of the show was Trans People of Colour and Mama Alto stepped in to moderate the panel discussion while yours truly, Sally Goldner, looked after the radio side of things. The three fabulous panellists—Jack Palit, Jinghua Qian and Amao Leota Lu—spoke with vulnerability and authenticity from their lived experience.

Panellist Jack Palit spoke of the similarities in his lived experience of being ‘racially ambiguous’—of mixed race descent and appearance—to being of ‘ambiguous gendered presentation’ and transgender or gender non-conforming, and how this influenced his journey through self-discovery.

In my role I observed that all parts of each person must be recognised equally, as individuals—after all this is the real nature of diversity—while panellist Amao Leota Lu called for real inclusion and diversity beyond superficial marketing or branding exercises.

She called for a combination of small, daily, on-the-ground actions of inclusion and large, structural, organisation-wide changes to create culturally competent, welcoming and diverse spaces.

“Panellist Jinghua Qian advocated that dismantling oppression and discrimination needs to take into account different cultural needs and conceptions of gender and identity beyond Western frameworks, noting that their experiences working in the media in China revealed to them a nuanced network of identity, gender and sexuality”

At the panel discussion’s conclusion, facilitator Mama Alto identified and summarised the key takeaway

Above: L-R Panel discussion with Jinghua Qian, Mama Alto, Jack Palit (front), Amao Leota Lu, and Sally Goldner. Photo by Margot Fink, Transgender Victoria.



messages expressed by panellists Jinghua Qian, Jack Palit and Amao Leota Lu. They included a call for trans and gender diverse people and our allies to stop making assumptions about who people are, what their identity is, what their gender is, what their pronouns are, what their ethnicities and cultural backgrounds are. We each need to know our histories and recognise the trans people of colour who lead the way, and follow their blueprint of role modelling and leadership.

“Another key message was that to be an ally means to be an ally at all times, not only when it is convenient, fashionable or profitable, and to stop policing bodies and their appearance—your own body and the bodies of others”

Additionally we need to understand there are cultural differences in gender perceptions, conceptions and appearances, and to understand there are overlapping social issues that combine in complex and intersecting ways

Without this understanding, attempts at inclusion or diversity may lapse into tokenism.

A podcast of the panel discussion is available on the *Out of the Pan* webpage (see below) for listening anytime, anywhere. Overall, this was a great partnership in community, intersectionality and diversity and fitted 3CR's values to a T – T for trans.

This event was supported by a grant from Victorian Pride Events and Festivals.



Out of the Pan
Sunday 12-1pm



Podcast available at
3cr.org.au/outofthepan

Above: Panellist Jinghua Qian live at Hare & Hyenas for the Trans Day of Visibility event. Photo by Margot Fink, Transgender Victoria.

KEEP INDEPENDENT, PROGRESSIVE RADIO

ON AIR

SUBSCRIBE TO 3CR NOW



SUBSCRIPTION COST

- \$35 Concession
- \$70 Waged
- \$130 Solidarity / band / organisation

HOW TO SUBSCRIBE

- Online** Through the 3CR website 3cr.org.au
- Call** 03 9419 8377
(credit card payments only)
- Visit** 21 Smith Street, Fitzroy,
during business hours
(cash, credit or cheque)
- Post** Cheque/money order to
PO Box 1277, Collingwood, 3066



Shiralee Hood on air each Monday with *Second Thoughts*.

SECOND THOUGHTS

Nicky Stott, volunteer

.....

Shiralee Hood is back on the airwaves with a new program called *Second Thoughts*.

Second Thoughts is a radio program that creates a space to review, and contemplate, subjects you may not have thought about enough. It's a chance to sit back for an hour in the week to indulge in a topic, and reflect on your thoughts.

Second Thoughts will present entertainment and music around a different theme each week to inspire our collective conscience.

'There are so many topics and subjects out there that we have not discussed in full,' Hood says.

“ What are your thoughts on homelessness, equal rights, employment, fast food, Botox, education and technology? ”

These are a few subjects that will be unleashed in *Second Thoughts*.

'Our time is taken up by our first thought priorities. This program offers people the chance to look at universal, environmental and community issues that are always at the back of our mind.'

Shiralee first got involved with 3CR in 2006 with her program *Good Job*, an exploration of Aboriginal people in the workforce.

She has worked as a co-presenter for twelve years on the annual NAIDOC week live broadcast special, *Beyond the Bars*, and has also conducted radio training courses at 3CR.

Shiralee is a comedian, director and broadcaster descended from the Nyoongar, Kurnai and Gunditjmara people.



Second Thoughts
Monday 1-2pm



Beyond the Bars
3cr.org.au/beyondthebars



Billabong Beats with a live Disability Day show on 3 December 2018.

THE POWER OF RADICAL REPRESENTATION

Naomi Chainey, Disability Day 2018 broadcast coordinator

.....

Last year, I was offered the opportunity to coordinate Disability Day, an annual 12-hour broadcast held on 3 December, International Day of People with a Disability or IDPwD. 3CR's regular programmers take the day off to make way for radical, rights-based, disability-led content, and everyone who works on the day is invited to celebrate with an impressive spread organised by the amazing staff, while listening to each other's work.

While the day certainly felt like a bit of a party, I should acknowledge that IDPwD can be controversial amongst disabled people. Many embrace the opportunity to engage in much needed discussions about rights, access, systemic abuse and the need for change. Others enjoy expressing their disability pride, celebrating a sense of community and the achievements of disabled people.

Alternatively, some criticise the day, viewing it as a celebration of charity and pity rather than empowerment—a chance for service providers and governments to promote their good works, and for non-disabled people to feel like saviours and be glad that they are not the ones in need (at least

not yet—disability does not discriminate). There is concern that devoting a day to disability is an exercise in lip service.

Then, there is a cohort who doesn't much feel like celebrating, associating disability with hardship or loss, who may prefer to let the day slide. We exist in an ableist society where many are made to feel shame around their disability, or are encouraged not to identify as 'disabled' at all. It's not unusual to find disabled people who have waited years to reach out for peer support, after having been advised by friends, family or medical professionals that they risk 'adopting a disabled lifestyle' by engaging with others in the same boat (whatever a 'disabled lifestyle' may be, it's apparently undesirable).

It's a neat little trick that keeps disabled people isolated from collectivising, because if disabled people actually compare notes on our challenges, our mistreatment, our rights and the systemic denial of our humanity, not only do we become a powerful force, we become a mirror, uncomfortably reflecting society's cruelty and neglect in an area of life where most would like to think we are kind and benevolent.

Continued on next page...



United, we are dangerous.

The Disability Day broadcast at 3CR is all about uniting disabled people across a broad spectrum of disability experience; lifelong or acquired, invisible or visible, active or bedridden, neurodiverse, sensory, physical, intellectual, mental, and, of course, across a range of intersectional identities that impact how disability is experienced, including race, class, age, gender, sexual orientation and physiological sex characteristics.

“ Disabled people represent 18% of Australians, the figure jumping to 36% amongst Aboriginal and Torres Strait Islander peoples ”

Step one was to invite the station’s wonderfully diverse regular programmers already producing content on disability to produce specials for the day.

Liz Wright from *Are You Looking at Me?* put together a documentary on the first wave of disability rights activism in Australia, exploring protests, legislation and the establishment of organisations led by disabled people in the ‘60s,

while her regular co-hosts Rosie Jenes and Stella Barton joined newcomer Claudia Forsberg to talk access for wheelchair users from a youth perspective. Phin Meere from *The Boldness* took the lead on our Breakfast show with artist Larissa MacFarlane, discussing social security, the NDIS, violence against disabled people and the Royal Commission. Raphael Kaleb, also from *The Boldness*, focussed on representation in the arts. Marijo Pozega from *Chronically Chilled* conducted a confronting interview with Ricky Buchanan, an independent activist, technology innovator and artist, on access (or lack thereof) to medical care for homebound/bedridden persons, including Ricky who participated via phone.

It is, perhaps, a damning indictment of the current state of disability inclusion and representation in the media that being a broadcaster with a disability, but not focusing on ‘being disabled’ might be considered a radical act, in and of itself. Marisa Sposaro from *Doin’ Time* and Gavin Moore from *Billabong Beats*, both of whom identify as people with disability, focus on other interests in their usual 3CR programming throughout the year (they’re both amazing, check out the podcasts). They brought their broadcasting expertise and personal insights to IDPwD, with programs on the lived experiences of blindness and NDIS services for Indigenous clients (respectively).

Also of note, are the programmers we borrowed from other community radio stations: Ruby Mountford, who hosts *Triple Bi-Pass* on Joy FM

#3CR

#IDPWD2018



dropped by to lead a discussion on Autism and the LGBTI spectrum; and Nicole Smith, who developed her media skills on Channel 31, delved into the world of parenting with a disability.

We also involved a number of disability advocacy groups, including regular content providers AMIDA (Action for More Independence and Dignity in Accommodation) and Wellways Australia who focus on mental health. VALiD (Victorian Advocacy League for Victorians with a Disability) supported people with intellectual disabilities to tell short stories, and DARU (Disability Advocacy Resource Unit) contributed their Great Debate on disability pride and identity (spoiler: the opposing teams engaged in an amusing level of agreement on the value of these).

Speaking of pride, I am particularly proud to be working with a broadcaster where 12 hours of content on the subject of disability is entirely disability led. Every programmer and every presenter involved in the day identifies as disabled, and this is how it should be. This is how we disrupt the stigma, the infantilisation, the othering of disabled people.

To the disabled folks who like to celebrate IDPwD and use it for constructive discussion, I hope we acted in service of our community. To those uncomfortable with the corporatisation of the day, I hope we did our part to reclaim it.

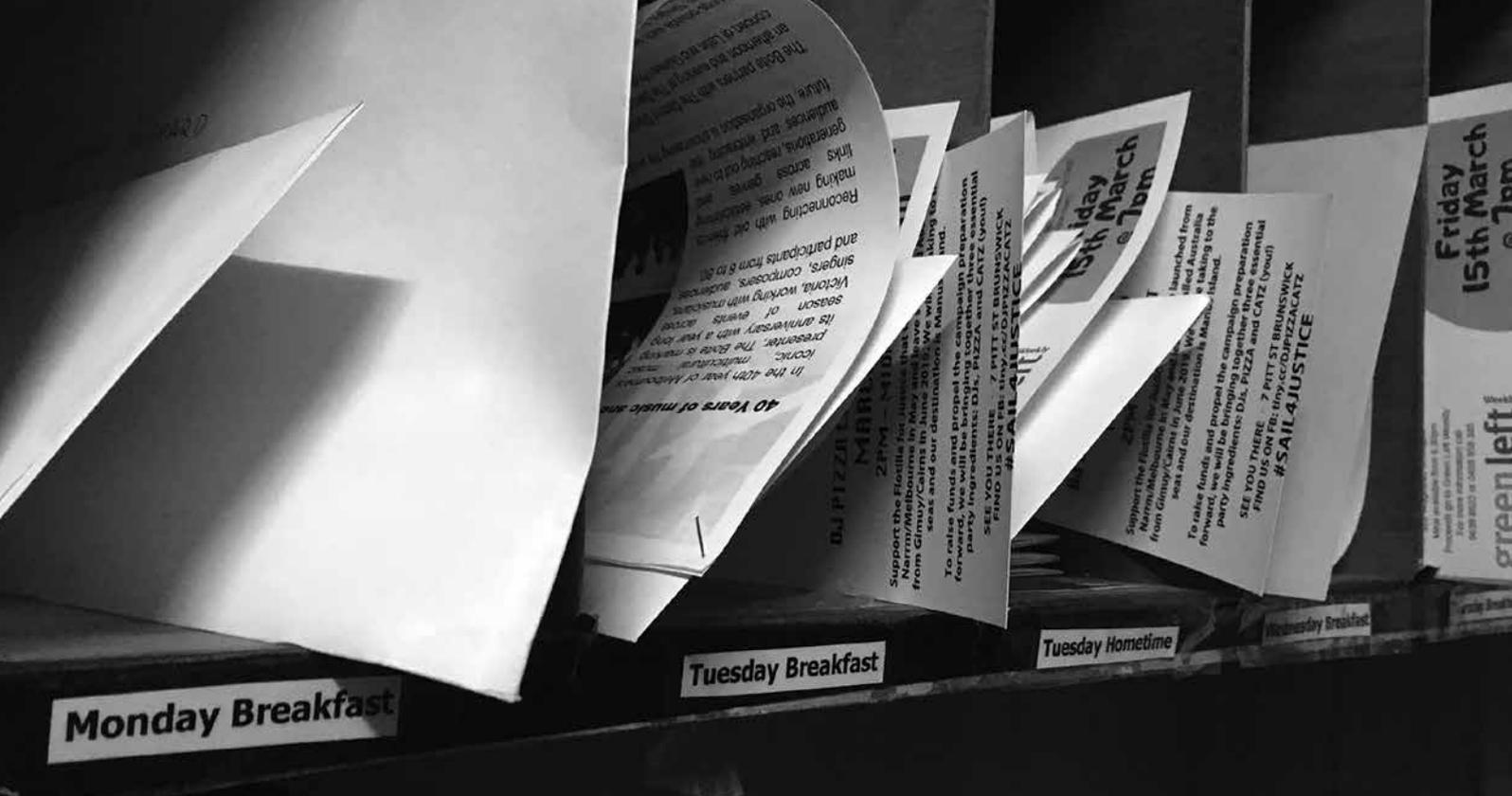
To those struggling with internalised ableism, shame or identity, I hope we've created a space where you feel valued. You are valued. To the non-disabled

people who may have tuned in, I hope we offered you some new perspectives.

3CR's Disability Day programming 2018-2020 is proudly supported by a grant from the City of Yarra.



3cr.org.au/disabilityday2018



BREAKFAST RADIO

#getNup with the Breakfast teams

.....

'Experience the silence of Smith Street at 6am in the morning. The street is empty, except for the occasional car and the sound of the tram in Gertrude Street. The sky is just lighting up, a few clouds tinged with pink, the remains of sunrise. It's autumn. It's going to be darker soon but the stillness will remain. The calm before the breakfast storm. I love that moment, just before I ring the bell and enter the studio' - Judith

THE DAY BEGINS ...

Turn the lights on. Put the kettle on. Crosscheck details and deal with any breaking news. Print out running sheets. Is there enough time to make a decent coffee? Take a moment to practice the correct pronunciation of names. It's time. Mics on. The show begins with an Acknowledgement of Country.

It's not unusual for a show to feature a conversation about the state of public housing, followed by the latest survey on the extent of discrimination experienced by minoritised queer communities, a live cross to an action protesting the building of youth prisons, then back to the studio for a chat about a coding workshop for women and gender diverse youth, ending with the latest track from our favourite First Nations artist.

Focusing on underrepresented voices, our presenters and guests come from a wide demographic. Each show contributes diverse opinions and commentary, draws together the different threads between struggles and unpacks structural ideologies and viewpoints.

“ Breakfast embodies solidarity, consciousness raising, critical thinking and creative ways for transforming justice ”

The comradery amongst the shows here at 3CR is amazing. People are so generous with their time and skills.

If you want to speak with someone about an issue, chances are they are already a part of the station community in some way. The struggles are so often connected. People get that connection here. The solidarity that comes from this knowledge is what powers 3CR Radical Radio.

THE NITTY GRITTY

The life of a volunteer current affairs broadcaster is hectic: spending time throughout the week tracking down contacts, going down the deep rabbit holes of political theory, researching community actions, dealing with soul destroying injustices and relishing the creative resistance. Presenters are planning and preparing the days content on the run between work and other commitments.

'We do it because we believe in the stories and the importance of getting them out there. It's such a privilege to be able to connect with, and learn from, so many activists, writers and all-round incredible people, every single week'.

There are of course challenges operating a volunteer-powered engine in this way. Often family, work and life compete with the demands of community broadcasting, so as teams we need to make sure we're communicating and supporting one another along the journey.

There is sometimes a kind of pre-show dread. You go to bed the night before your show, dreading getting up so early and questioning why you do this to yourself every week. The show begins, then comes the transformation: 'I love doing this! Radio is amazing. There's so much we need to cover on next week's show'. Like giving birth they say?

'Everyone has a story and 3CR is about telling the stories that normally don't get heard' - Rebecca

There are some weeks where no amount of planning and preparation will save you. Like the moment you begin introducing a long-anticipated guest on the phone: 'Now we cross to our next guest ...' only to hear the 'beep ... beep ... beep ...' of the dreaded disconnect signal—the phone line's dropped out. Every radio host's worst nightmare.

SPEAKING BACK TO POWER

Commercial and mainstream media create a lot of divisive rhetoric between rich and poor, different genders, cultures and ethnicities. This rhetoric emboldens intolerance and nationalistic zeal, while shutting off progress, change and self-reflection. The teams actively challenge the spread of misinformation and are committed to addressing the impacts of colonisation.

Centring those with lived experiences and recognising the fact that people are the best authorities on their own lives.

'We aim to elevate the voices of the many strong, passionate and intelligent women and non-binary people who are challenging power structures and creating change. Seeing feminism as a broad movement that can only be effective if all women

and non-binary folks are centred'. - Tuesday Breakfast

The teams also work in collaboration with other programs and communities here at the station, exploring different ways to shift paradigms. Some of our favourite examples of late have been special broadcasts and panels including: The Path To Totalitarianism, Enough is Enough #BeyondAfricanGangs, International Women's Day, Men's Violence Roundtable, International Overdose Awareness Day, Trans Day Of Remembrance, and #MeToo in Real Australia (and winning almost all the awards at the 3CR Awards Night).

“Our aim is to actively contribute towards building a Left that can challenge the power of the 1% and replace our unjust capitalist system with a system based on human need and genuine democracy”

Friday Breakfast - Green Left Radio

3CR Breakfast has been built on the collective effort and commitment of so many volunteers over the years. The current teams are: Judith Peppard, Dean Shingange and Alice Golds (Monday), Ayaan Shirwa, Anya Saravanan, George Maxwell and Zoya Gill (Tuesday), William Dharmawan Mathews, Eiddwen Jeffery and Rob Snelling (Wednesday), Scheherazade Bloul, Em Castle, Grace Bigby and Carly Baque (Thursday), Jacob Andrewartha, Meghan Street and Zane Alcorn (Friday - Green Left Weekly Collective), Annie McLoughlin and Rebecca Langley (Saturday). Supported by MV and Gab Reade.

'I need to be informed and connected to my community. The mainstream press cannot give me that' - Eiddwen



Weekday Mornings 7-8:30am
Saturdays from 7:30am



Broadcaster and trainer Kelly Whitworth in Little Victoria Street at the 3CR mural.

EXHILARATING AND HUMBLING

Leanne McLean, Volunteers and Training Coordinator

KELLY WHITWORTH - TRAINER

How and when did you get involved in 3CR?

I started coming to 3CR in 2013. I was at university at the time and someone I was studying with asked me if I'd like to get involved with *Roominations*, 3CR's peer homeless issues program. I didn't think I had anything to contribute initially but over time I came to understand that I had actually experienced homelessness as a young woman, I just hadn't realised it. Such is the diverse nature of the homeless experience, beyond the stereotypes.

Tell us a bit about the culture of 3CR?

3CR is an amazing organisation to be a part of as a woman. Because of the station's long-standing culture and policies, staff are always providing opportunities for women to get involved in radio production and giving us agency behind the scenes to gain new skills in production, sound and training. It's a total privilege to be involved with 3CR—it's changed my life. It's the kind of culture you would like to see more of in workplaces across this country. That'd be a dream.

When and how did you become a 3CR trainer?

I've been involved in training at the station for the past 18 months. A fellow female broadcaster and all-round fantastic trainer suggested I get involved. That's how it works here at 3CR—we have an attitude that recognises that everyone is capable. Volunteers are encouraged to take on a whole range

of roles that are integral to making the station run—from on-air to behind the scenes. I'd never been a part of such an organisation before and it's done amazing things for my self-esteem. I've seen it work its magic in this way for other people, too.

What are some of your most memorable training moments?

Just this past weekend I was given the opportunity to deepen my training skills here at the station by delivering my first Train the Trainer workshop, alongside another fantastic 3CR trainer. It was a great day and really exciting to see a new bunch of broadcasters coming through as trainers—they are going to be great! Another recent memorable training moment was when I took St Vincent's outpatients and staff to the Fitzroy Gardens with our portable recorders. It was amazing to see their faces light up and the complete joy they experienced going around the gardens collecting different sounds and interviewing those passing by. It reminded me of the power of media and how empowering it is when we can make our own. That's the beauty of 3CR. It changes people's lives.

What three words would you use to sum up your experiences of training at 3CR?

Challenging. Exhilarating. Humbling.



Roominations
Thursday 12-1pm



Chronically Chilled broadcaster Marijo Pozega in the 3CR kitchen.

POWER TO THE PEOPLE!

Hope Mathumbu, *Women on the Line* producer/presenter

MARIJO POZEGA - VOLUNTEER

How did you get involved in community radio?

A few years ago I got really unwell and had to stop working. I wanted to maintain connection with the community and knew about 3CR, so I decided to find out how I could get involved. I never thought I'd be a programmer.

I just thought I'd be helping out around the station, but Leanne (Volunteer and Training Coordinator) is very good at getting people involved! I've been part of a show called *Chronically Chilled*. It's a show about chronic illness, mental health and other forms of disability.

I met my co-host, Maryse, at volunteer training and we quickly bonded over various things including the fact that we both live with a chronic illness.

How are you finding being a programmer?

I don't think it comes naturally and I am still learning. It's challenging because the show is once a month, the first Wednesday of every month.

The most enjoyable part is that I'm always learning and I get to meet and talk with great people.

What do you think is the most powerful thing about community radio?

For me, it's two things. Firstly, it gives people the opportunity to be heard either as a broadcaster or a guest.

Community radio, especially 3CR, is a good way of reaching people who are part of the margins.

Secondly, 3CR in particular covers topics which other people are not talking about. Our content increases visibility and discussion on issues that aren't part of the mainstream.

What are your favourite 3CR shows?

When I have a chance to tune in, I really love the breakfast programs. I'm able to regularly listen to Tuesday, Wednesday and Thursday Breakfast shows in particular.

I've also been trying to do some behind-the-scenes contributions to the current affairs breakfast programs. I also like *Accent of Women*, *Done by Law*, *In Ya Face* and I am really enjoying the new transformative justice show, *Satellite Skies*.

What else do you do when you are not listening to 3CR?

I work as a community worker and counsellor with young people and their families as well as some teaching at TAFE. All those things keep me busy and connected to community.



Chronically Chilled
First Wednesday of
every month 6-6:30pm



DEAR COMRADES... REFLECTING ON 39 YEARS OF COMMUNITY LEGAL RADIO

Katia Lallo, volunteer broadcaster

.....

When I was set the task of writing a profile on the Federation of Community Legal Centres' membership at 3CR, I was yet to understand the challenge of fitting decades of community legal history into one short article. Sitting down to the *Done by Law* program paper file in the station's meeting room I was amazed to find documents dating back to 1980, printed on yellowed facsimile paper with bold futuristic logos, containing salutations such as 'Dear Comrades'—courtesy of prison-rights lawyer and activist Amanda George, of course!

The legal services program started in 1978, two years before the relationship between Fitzroy Legal Service and 3CR formalised in 1980. Nine years in later, in 1989, Fitzroy handed over the reins of affiliate membership to the Federation of Community Legal Centres.

Over the past four decades on air, *Done by Law* has weathered the storm of political gagging and funding restrictions that affected both the community legal sector and community radio organisations. Let's give a huge middle finger to the systems that oppress our clients and big salute to 'Powering Radical Radio!'

It came as a complete surprise to me that Fitzroy's original membership application form was signed off by then Fitzroy worker, and now Victorian Magistrate, Brian Wright.

In response to the question 'What access does your organisation have to the radio/media at present?' The applicant wrote, 'We aid Channel 10 in the preparation of educational law programs—usually screened as part of the news.'

In a world saturated by 'fake news', bigoted shock jocks, and sycophantic crime-loving media moguls, the Federation and the *Done by Law* community lawyers are still delivering radical, relevant and considered community legal news, even when other media outlets have changed focus.

Sitting on the couch at Federation HQ with Leeanne Torpey, their Senior Policy Adviser, we chatted about what has changed, what has stayed the same and why having a space on the airwaves is so important for community lawyers and 3CR's listener base.

'We support the *Done by Law* show because we think it's really important to have a space for the legal community to create a movement and for different members of the community legal sector to work together.'

'It's a part of the broader activism space in Melbourne and we see 3CR as a thriving community that we want to contribute to, beyond just our own program.'

In recent years the Federation has undergone significant changes, and Leeanne describes the move away from the traditional service delivery

model to an organisation incorporating campaign work and systemic advocacy.

'We have started the Free Our Sisters, Free Our Kids campaign, which aims to prevent 10,000 women and children from being placed in Victoria's prisons. We have convened an advisory council behind the campaign, recognising that in the last five years we have seen a 400% increase in the amount of Aboriginal women being placed in prison and a huge increase in the number of women generally being placed in prison.'

Leeanne also describes the building of the new Cherry Creek prison against young people as a leading motivation behind the campaign. She argues, 'It's really concerning that we have got to a place where our government thinks it's appropriate to build another child facility, rather than investing in programs that would see people being supported in the community.'

Other issues on the Federation's agenda include a campaign to protect public housing, and the preparation of a new racial justice report exploring the ways hate speech works to criminalise people accessing community legal centres.

'At the end of the day we are all trying to support people facing extreme poverty and extreme disadvantage,' Leeanne says.

Reflecting on the radio program, its history and the campaign work undertaken by the sector, leads me to acknowledge the brilliant community lawyers who are at the coal face of legal social injustice. These hard-working people race into the studio from work every Tuesday evening to continue the project of dismantling inequality out of the courtroom and on to the airwaves, thereby bringing 3CR listeners important stories from every corner of the community legal sector.

Special thanks to Leeanne Torpey at the Federation of Community Legal Centres and to *Done by Law's* amazing programmers: Daniel Bavcevic, Greg Buchhorn, Gemma Cafarella, Sam Drummond, Hannah Fesseha, Ingrid Giles, Marissa Johnpillai, Alexandria Jones, Ashika Kanhai, Beth King, Gemma Leigh-Dodds, Nadia Morales, Sarouche Razi, Bonnie Renou, Su Robertson, Hui Zhou and the countless others that have contributed to the show over the years.



Done by Law
Tuesday 6-6:30pm

KEEPING A ROOF OVER OUR HEAD

Loretta O'Brien, Office and Finance Coordinator

Fortunately, 3CR had some visionaries at the helm in our early years. A team of dedicated and passionate members raised capital from the community in the late 1970s so that we could own our studios at 21 Smith Street, Fitzroy. In the 1990s, we were able to buy our transmitter site at Werribee.

This has put us in a strong, asset-rich position, cementing our presence in the local neighbourhood of Fitzroy. The flipside, of course, is that our building and equipment need considerable maintenance.

Presently, funding to maintain the station's infrastructure mainly comes from generous bequests provided in the wills of our supporters. The Committee of Management has earmarked these bequest funds for capital works.

Last year we were also successful in attaining matched funding from the State Government through their Community Infrastructure and Cultural Precincts grants as well as the Infrastructure Program from Department of Premier and Cabinet to replace the roof at our Smith Street studios.

We were able to match this funding with bequest funds that literally put a roof over our heads. The roof was completed by the end of 2018, and we now have a shiny new roof, so no more leaks!

Last year we received \$10,000 from Sandra Charles, an avid *Gardening Show* supporter, and \$5000 from George Hall. George was a long term supporter who not only made regular financial contributions to the station, but even got involved digging fence post holes at our transmitter site!

Both of these supporters understood the value of a media space owned by the community, and made a commitment through their bequests to continue to support grassroots community radio into the future.

It's with grants and bequests like these, that we'll be able to maintain and improve our infrastructure for many years to come. For information on how you could arrange to leave a gift to 3CR in your will please contact our Station Manager. 03 9419 8377 or email stationmanager@3cr.org.au



SUNDAY ARVO SOUNDS

Kelly Whitworth, *Roominations* broadcaster

Come four o'clock on Sunday afternoons and the 3CR airwaves slide over from an afternoon of issues and talk into a multi-hour medley of eclectic musical sounds curated by three of the station's diverse female broadcasters.

Kicking things off is *Hip Sista Hop*. DJ Abyss guides listeners on an immersive journey into the world of female and Indigenous hip hop, with sounds and voices from near and far. Reflecting on the hip hop genre, DJ Abyss says, 'Hip Hop is radical. Hip Hop is black. It is what spoke to me, encouraged me to speak back'. Thinking of 3CR as a whole, DJ Abyss says, 'I love the determination and respect for independent, non-commercial voices we have as an organisation. The flexibility of speech and the agency of structure. The encouragement of research and exploration.'

Next up, things take a surprising musical turn when listeners are taken on a journey of a different kind, into a world of disjointed, eclectic songs, where you can expect the unexpected. The show is *Rebellious Jukebox*, a title lovingly borrowed from one of her favourite bands, and the presenter is Tansy McNally. Tansy says, 'I'm obsessed with music. There's really not a day that goes by that I don't listen to it. My family's very musical.

My mum and dad used to play music all the time. I take every opportunity I can.' Tansy finds

opportunities to find and listen to new music everywhere, from reading books to watching TV: 'I pick music for my show from all kinds of different cultural interests I have outside music. That's one of the threads running through the show.'

Tansy loves the performative aspect of radio and rises to the challenge of live broadcasting: 'You go into a studio, you've got the microphone, and straight away it doesn't matter how you're feeling, if you're sick, you're tired, you're grumpy, you've had a stressful week. You have to switch on and you have to deliver. I like that. You've got to be inventive and keep the energy going.' On this note, Tansy says that it's really important that her show is an interesting hour of radio for her listeners. She likes to entertain her audience with not only music but with skits, funny songs she finds in her research and excerpts from home-made radio plays.

Tansy often asks herself, 'Am I informing my audience enough? Are they enjoying the show? Am I giving my audience something that they can take away and say "That was interesting" or "I didn't know that"?' That's what she hopes she achieves with her show. Ultimately, Tansy is passionate about radio as a medium: 'You can be really creative with it. There are ways you can play with the medium and play with the genre.'



Thinking about the way you structure your show, maybe even subverting the way people usually produce a radio show—I like radio that’s playful and engaging’.

Rounding out this musical trio is Holly Alexander with *Shindig*, a title taken from a popular 60s term for a knees-up. Holly says that it used to be a really popular title for TV shows—something she just loves—because if there’s one thing you should know about Holly it’s that she’s all about 60s music. She’s become quite the expert on it through the research she does for the show and is ready for the quiz shows.

As you would expect, Holly says, ‘You have to like the 1960s to enjoy *Shindig*, I’d say. I’m quite the 60s nerd now and research new music every week. I’m a fan of finding hidden gems. You’ll definitely hear music you haven’t heard before, along with your typical 60s pop stuff. I think they’re great songs as well.’ Holly says that 60s music has lots to offer, from low-fi garage bands, up to blues and soul, jazz, typical pop music, early punk, and a bit of folk. ‘It’s all over the place. A bit of everything,’ she adds. She also likes to make space for music that’s inspired by the 60s: ‘You’ll find bands now that try and keep that 60s sound going. In Melbourne there’s some great bands that sound really good.’

Holly reflects on what it was about the 60s that created such an explosion of new sounds: ‘It was a weird time. In so many ways. Man walked on the moon, all the political stuff going on. It was revolution after revolution in all aspects of human existence really. It was just crazy what happened.

I guess you can say it’s reflected in the music. I heard it was the most “musicality based” time in history, to this day. People were doing different things with music. More so than at any other time.’

So what does this year’s 3CR Radiothon theme ‘Power Radical Radio’ mean to this musical trio? DJ Abyss says: ‘The people who create the music that I play on *Hip Sista Hop* are powerful. The variety is powerful. The stories are powerful. The energy is powerful. Witnessing, sharing and relating to the journeys of these artists is so necessary.’

Tansy says that giving female composers a spotlight has been an important part of her show, while Holly says, ‘3CR is unique. The power of varied voices and programs on the station is pretty special. I especially like the *Beyond the Bars* prison broadcasts. I don’t know of any other station that does broadcasts like that.’

Despite their different interests, one thing that unites these three Sunday broadcasters is a light issue. The subdued light in Studio 1. They all love it.



Hip Sista Hop
Sunday 4-5pm



Rebellious Jukebox
Sunday 5-6pm



Shindig
Sunday 6-7pm

Above: L-R *Rebellious Jukebox* presenter Tansy McNally, and *Shindig* presenter Holly Alexander live in Studio 1.



Berdj Tchakerian live in Studio 1 for *Armenian News* on a Thursday evening.

ARMENIA ON THE MAP

Pilar Aguilera, *Completada Bailable* presenter/producer

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Berdj Tchakerian arrived in Australia from Ethiopia in 1976 as a 13-year-old, his family was part of the Armenian diaspora that were living there at the time. The Armenian community began to arrive into Australia in the 1960s, followed by a bigger wave of migrants in the 1970's. It is a community that is made up of disparate groups and they don't all speak the same language.

The Armenian program first aired on 3CR in 1976. For the last 26 years it has been run as an affiliate program by a cultural organisation called the Armenian General Benevolent Union (AGBU), a worldwide cultural, non-political organisation. In 1993, a group from the Armenian community, including Berdj Tchakerian, took over the program at 3CR from those who had set it up in the late 1970s.

The language of the program is Western Armenian but Berdj broadcasts in English once a month. There are four groups that each take turns to program a show once a month. Berdj started programming 26 years ago with his grandmother. Without the internet as a tool, she would read newspapers and write summaries for the program by hand. Berdj helped out on the program by reading community announcements.

When the program first aired in 1976, it was most likely the first program in Australia produced by, and for, the Armenian community.

In the early years, the community was very reliant on the program for assistance and information. It was initially aimed at informing the community of new migrants as well as connecting the community.



These days, the program features news from overseas, some Armenian music, local community announcements as well as interviews.

The community continues to listen to the program, as it still plays an important part in keeping them connected to what is going on. Berdj is committed to his culture and sees the valuable contribution that the show makes in celebrating Armenian heritage. It is an important presence for the community. He is passionate about his language and his music, and broadcasts in English so as to involve non-Armenian speakers in the community as well. This strength of passion for his country and culture goes beyond his radio program, as when I ask him why he carries around a little map of Armenia in his wallet, he replies, "for all those people who continually ask me, "Where is Armenia?"".



Armenian News
Thursday 8-9pm



Sweet Dreams presenters Romy, Bren and Dan by Bren.

NEW SOUNDS, GREAT CHEMISTRY

Emma Hart, *Women on the Line* presenter/producer

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Sunday's feast of music programming by women and gender non-conforming people continues late into the evening with *Sweet Dreams*. Presenters Brennan Olver, Daniel Ward and Romy Fox serve up local and international music by queer, female and gender non-conforming people between 11pm and midnight.

'For me, the heart of the show is our connection with each other,' says Bren. 'Trying to make each other laugh on air is just as important to me as sharing music.' 'And all of the bedroom musicians we play,' says Dan. 'It's really special to have a space to share a whole bunch of mostly queer bedroom tinkering noisy freaky lo-fi electronic stuff found in quiet little corners of the internet. It's also special that a lot of this music happens to come from our own Melbourne and broader Australian communities, giving that a platform is really important.'

All of *Sweet Dreams'* presenters are musicians in their own right, which influences the programming of the show. Dan explains, 'Working in a collaborative way with two other presenters means we're all constantly exposed to new sounds and ideas. I love being challenged or surprised by music that Bren and Romy bring along, and I also enjoy digging for things they may not have heard before.' Bren agrees, 'Speaking with other musicians and spruiking their new releases is a great networking tool.'

For Romy, 'The biggest challenge is the fear that what I'm playing or saying isn't going to connect

with the listener. It's not like performing or gigging where you can see and directly interact with your audience. You're just talking into this fluffy, cylindrical microphone portal and hoping there is someone on the other side.' 'Not swearing is the hardest!' says Bren. 'Also not mentioning commercial products in consideration of the station's values has been a good challenge.'

'I was a bit petrified about doing the show at first,' says Romy. 'Live radio had this really daunting if-you-screw-up-you're-dead reputation. Now, as cheesy as it sounds, it's second nature. Just flick some switches, shoot the breeze, play some songs, keep an eye on the needle. It's kinda therapeutic these days, I really look forward to it.'

'I am overwhelmed in the most wonderful way by the programming at 3CR,' says Dan. 'The diversity of voices, sounds and topics that get covered in just a week is pretty admirable.'

When asked if they have any advice for other trans women or gender non-conforming people who are thinking about dipping a toe into the airwaves, Bren responds 'No, they'll kill it.' 'Just do it,' says Romy.

“ Be loud, weird, funny, nerdy, yourself. Take up lots and lots of space and never apologise for who you are ”



Sweet Dreams
Sunday 11pm-midnight

POWER RADICAL RADIO

There's a wealth of information and attitude across the 3CR program grid, with new shows on political alternatives, sex work and psytrance supplementing an existing smorgasbord of rousing radio.

Community power streams through all our programming—reflective of the community-control that drives and determines our on-air content.

Increasingly our programs are available anytime and anywhere—all shows are accessible via audio on demand on the 3CR website, while over 50 weekly podcasts are distributed via a range of podcast apps, and our streaming service is available internationally. Tuning in couldn't be easier, and great music, community language shows and politics are all on offer. Enjoy!

SPECIAL BROADCASTS

We have a wide range of special broadcasts that you can listen to online at anytime.

Beyond the Bars

Proudly celebrating nearly two decades on the airwaves – *Beyond the Bars* is Australia's only live prison radio broadcast giving a voice to Aboriginal and Torres Strait Islander inmates.

LIVE: 3cr.org.au/beyondthebars

International Day of People with a Disability

A 12-hour broadcast with a lineup of advocates, artists and radical disabled activists fighting for the choices and rights of disabled people.

LISTEN: 3cr.org.au/disabilityday

Summer programming

A feast of radical summer radio featuring shorts, documentaries, rebel girls and wicked women, environmental blockades - there is something for everyone.

LISTEN: 3cr.org.au/summerspecials

International Women's Day

Women and gender queer broadcasters take to the airwaves with 24 hours of dedicated programming to the ongoing struggle for gender equality. LISTEN: 3cr.org.au/iwd

Invasion Day

Our First Nations broadcast team bring you the ongoing struggle for land justice and sovereignty. Including live national coverage of the rallies across the country.

LISTEN: 3cr.org.au/survivalday

May Day

We dedicate 12 hours on 1 May to talking about the history of worker's rights. Get your dose of current industrial disputes, the struggle for fair workplaces and wages, union support for First Nation's

sovereignty campaigns, alongside music from the movement.

LISTEN: 3cr.org.au/mayday

NEW PROGRAMS

Welcome to the newest programs to join the 3CR grid.

Behind Closed Doors Thursday 6-6.30pm

Providing a safe space to explore sex work from a workers perspective.

LISTEN: 3cr.org.au/behindcloseddoors

Dialogues Wednesday midnight-1am Thursday

Discussing the big questions in life, making sense of the mysteries and discovering truths about each other and the world.

LISTEN: 3cr.org.au/dialogues

Dinosaur Prize Surprise Thursday 3.30-4pm

Talk the talk about walking the walk, exploring consciousness around developing minds and the imagination of kids and carers.

LISTEN: 3cr.org.au/dinosaur

Herds and Curds Friday 7-7.30am

(first Sunday of each month)

Conversations with farmhouse cheese makers and small dairy producers.

LISTEN: 3cr.org.au/herdsandcurds

Midnight Mass Monday midnight-2am Tuesday

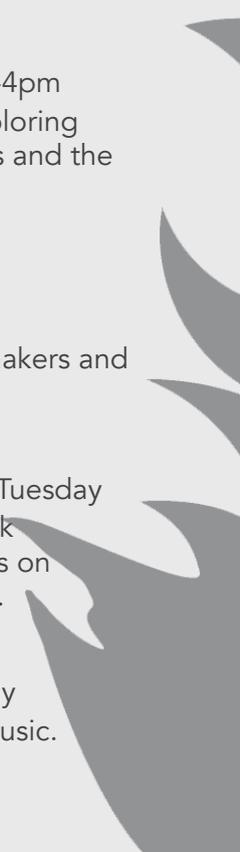
Psytrance, with a focus on the forest/dark psy sub-genre. Music reviews and events on the topic of electronic music production.

LISTEN: 3cr.org.au/midnightmass

Rock Box Sunday midnight-2am Monday

Pure rock, showcasing 70% Australian music.

LISTEN: 3cr.org.au/rockbox



Think Again Friday 10-10.30am

Presented by one of our newest affiliate members, Borderland Cooperative, *Think Again* features conversations that move beyond the public and 'social' media, inviting alternative possibilities to guide our thinking, living and organising.

LISTEN: 3cr.org.au/thinkagain





RADICAL RADIO CELEBRATING 40 YEARS OF 3CR

3CR's *Radical Radio* celebrates 40 years of 3CR. The book includes hundreds of images with over 50 features on the people, programs and ideas that make up this dynamic station.

Get a piece of your own history and get your copy at the station or online through the 3CR shop.

ON SALE NOW



3CR SHOP WWW.3CR.ORG.AU/SHOP

T-shirts, books, hoodies, Kufiyahs, CD's, tote bags and more.

Visit the 3CR web shop, all funds go towards keeping 3CR Radical Radio on air!

